

FORUM

Volume 11 - Issue 09 - September 2023



President's Message:

Nearing the end of summer



Summer is quickly going by but that does not mean any of our club's activities and social functions are being reduced. The Activities committee has many activities planned for September: Bocce ball, Kahoot trivia, fall planter building.

The Social Committee have all the plans set for the annual Dinner Dance in September.

Our membership fees can be paid starting September 1.

Many of our members are on another travel adventure in September.

Our next meeting on September 20 is our AGM where the annual financial statement will be presented and voted on. As well, the new slate of management candidates will be presented. If there are no further nominations they will be acclaimed. A quorum of 25% of the membership is required for voting. I encourage all members to attend this meeting.

The year end review of each member of the Management Team will also be presented.

I would like to thank everyone on the Management team and all the Chairs and their teams for making my year as President a very memorable experience. Without a doubt this is a very active and vibrant club and I know the next Management Team will continue this tradition.

Thank you.

— Russ Cousins

Celebrating our 10th Anniversary

by Maggie Boothe, Vice President

The Lunch Bunch will celebrate the Escarpment PROBUS Club's 10th Anniversary on **Wednesday, October 18th**. All members are invited to stay for lunch after the meeting at the Connect Centre. Lunch is complimentary **but we ask you to sign up through Wild Apricot so we know how many members will attend**. Please let Joy Castello or Maggie Booth know of any dietary needs so we can accommodate you. More details at the September meeting. See announcement on next page.

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Visit Our Website: www.escarpmentprobus.com



YOU ARE INVITED TO OUR 10TH ANNIVERSARY CELEBRATION!

Celebrate, come on celebrate, we're going to have a good time!

Come out and help us celebrate our 10TH ANNIVERSARY. Yes, it has been 10 years since Escarpment PROBUS was founded!

We would like to celebrate by hosting a light lunch on **Wednesday, October 18, 2023 after the General meeting** at the Connect Centre. The light lunch will be provided **FREE OF CHARGE to MEMBERS ONLY!**

We will not be able to accommodate any guests during this meeting.

We hope you will join us for a fun time but, you **MUST REGISTER** for the lunch via Wild Apricot in order for us to provide the appropriate amount of food for everyone.

Wear the PROBUS yellow and blue colours to get in the spirit.

Please let Maggie Boothe know if you have any food allergies, or special dietary requirements for this event.

Let's all celebrate and have a good time!

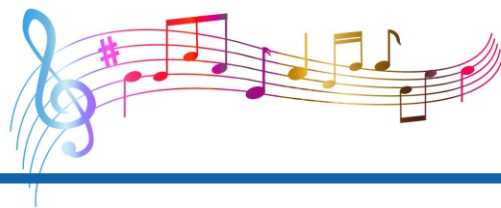


Photo of the Month

This month's photo is by *Dawn Ross*. She says: "I took it at my Piece Makers PROBUS group this month. We were in Carol Ann's backyard and it was a warm day and this Robin came to the pond to bathe".

Send your photos to peterlasota@gmail.com and I will select one for inclusion each month.



ACTIVITIES

Ch-ch-ch-ch-Changes

by Ruth Gagnon, Activities Chair

This will be my last FORUM contribution as your Activities Chair. It has been great to introduce a variety of new and different activities along with bringing back some of the old favorites! It's been a lot of work, but along the way there have been many laughs and good times! I have appreciated all the support, encouragement and positive comments from so many of you. Keep on participating and getting involved! I won't be far away ...

Activities Committee

Members:

Ruth Gagnon

Kelly Ground

Ron Millichamp

Jenny O'Brien

September ACTIVITIES:

Crawfords Garden Centre Fall Planter – Tuesday, September 19th at 10 am

Convenor: Ruth Gagnon

Yes, we are talking about Fall planters consisting of a 10" mix of a variety of different annuals such as mums, a grass, cabbage and kale, ornamental peppers, etc.



It's always a fun and creative time together so don't miss out! The cost for this event is \$31/member and is limited to 20 members. You also have the option of doing a second planter. You can register for the second one on Wild Apricot but it will be payable at Crawfords.

Bocce Ball Tournament on Thursday, September 21st – 2:30 pm

Convenor: Ruth Gagnon

Are you ready to test your bocce ball skills? How competitive are you? You will be in teams of four and will play against each other until we end up with the champion team. Tom and Tina will be leading us through the rules of the game – for those of us that don't know – and guide us as we compete!



The cost is \$12.50. Let's get your arms moving and meet at the Italian Cultural Centre located at 104 Tremaine Road, Milton,

This is another event that *Skip the Dishes* will be joining us for dinner at Ned Devine's at 5 pm.

Kahoot Trivia on Wednesday, September 27th at 5 pm.

Convenor: Kelly Ground

We're back! You've had a little bit of a break, but it's time to get out and try some Kahoot Trivia! Get your competitive game on (okay, some of you don't need the encouragement!). Play on your own or join someone. Try it out! Have some good food, fun and conversation!



We are back at Ned Devine's at 5 pm. Register and pre-select your meal using Wild Apricot.

The cost is \$2 per player for this event payable the door (see Ruth).

October ACTIVITIES:

Harmony Meadows Alpaca Farm – October 3rd at 11 am

Convenor: Ruth Gagnon

The alpacas will be waiting for us in Belwood which is about 40 minutes from Milton. The cost is \$18 and will allow you to feed the Alpacas, shop and maybe finish off with – and I quote: an “Udderly Ridiculous Goat Ice Cream or Jewels Under the Kilt roasted nuts”.



Aside from that, I did visit the farm with my son and his girlfriend and we met the “girls” and “boys”. Alpacas have their own little personalities and are known to spit – fortunately not at me! – but don’t like to be touched. I was also able to sample some ice cream such as Wine and Dark Chocolate, Peachy Mango Tango and Vanilla Bean Lavender.

We will start with dessert and then heading over to The Goofie Newfie Pub & Grill for lunch in Fergus which is about 15 minutes away. A reservation has been made for 12:15 pm.

Evita at the Hamilton Family Theatre – Sunday, October 29th at 2 pm

Convenor: Jenny O’Brien

Evita is based on the historical story of María Eva Duarte de Perón, a poor Argentinian girl who grows up to be the wife of the president of Argentina.



Featuring some of the best loved songs in *musical theatre* including “Don’t Cry For Me Argentina”, “Buenos Aires”, “Another Suitcase in Another Hall”, and “High Flying, Adored”.

The Hamilton Family Theatre is located at 46 Grande Avenue South in Cambridge.

Following the show, we’ll head back to Milton where we’ll enjoy dinner at Boveda Lounge located at 500 Steeles Avenue East, Unit #2.

When registering, please indicate if you will be attending the show and dinner or show only. The cost for this event is \$51/member.

November ACTIVITIES:

Me OR You? – Tuesday, November 7th at 5 pm

Convenors: Kelly Ground & Ruth Gagnon

The Not-So-Newly-Wed-Or-Even-Wed-At-All Game we’re calling ME OR YOU! Married, Single or Besties who knows who best, come find out!

In true Escarpment PROBUS fashion we’re trying something NEW – a tournament style event! Partner up with your spouse, your friend, whoever and we will have “couples” play against each other until there is just ONE who triumphs as the overall winner. Of course there will be prizes! All you have to do is provide the same answer to score points!



Join us at Ned Devine’s for a revealing evening and a lot of laughter! Register via Wild Apricot indicating if you are going to participate in the game with your spouse/friend. If you just want to join in the fun as a spectator, send Kelly or Ruth an email to confirm and make your meal selection.



And They're Off ... PROBUS Goes to the Races – Friday, November 17, 2023 at 6 pm

Convenor: Jenny O'Brien

Join us on Friday, November 17th at Woodbine Mohawk Park, as PROBUS hits the track inside the Mohawk Harvest Kitchen. The evening starts at 6 pm in a section reserved for our group.

A fixed price menu, including tax and gratuities, is included in this evening, along with a complimentary race program. Beverages will be charged separately on the night of the event. (See Menu Below.)

Come out and wager on your favourite ponies, with \$2 bets to Win, Place or Show. Do a little homework and you'll be ready to bet an exacta, trifecta, or superfecta. Go really big and wager on a Daily Double. Or, just sit back, relax, and enjoy a lovely meal while watching the great sport of horse racing unfold before your eyes.

It promises to be an exciting evening from the first call to post to the final stretch!

Mohawk Harvest Kitchen Set Menu #1

Choice of Soup or Salad:

Fully Loaded Baked Potato Soup

Potato, cheddar cheese, bacon, garlic, onions in a creamy broth

Harvest Salad

Spring mix, strawberries, pecans, goat cheese, cucumber, tossed in a poppy seed dressing

Choice of Starter:

Bruschetta

Vine-ripened tomato, fresh basil, feta, aged balsamic, garlic, served with grilled baguette

Three Cheese Garlic Pull-Apart Bread

Cheddar, jack, and mozzarella cheeses brushed with garlic butter

Choice of Main:

Harvest Burger

Ground sirloin, white cheddar, bacon, arugula, spicy tomato jam, grain mustard aioli, butter pickles on a brioche bun

Fish & Chips

Mill Street Organic beer battered, Stayner, Ontario cabbage slaw, crispy fries, fresh lemon, tartar sauce, chimichurri mayo

Deconstructed Lasagna Pasta

Creamy ricotta cheese, house-made Bolognese sauce, lasagna noodles, shaved pecorino, basil

Continued >>>>>

Beyond Beef Burger

Beyond beef burger, truffle cheese, lettuce, tomato, spicy mayo, butter pickles on a brioche bun

Choice of Dessert:

Crème Brûlée

Seasonal flavour

Ice Cream & Sorbet

Seasonal flavours from Central Smith Creamery

December ACTIVITIES:

Musical Bingo – Tuesday, December 12th at 5 pm

Convenors: Kelly Ground & Ruth Gagnon

An old game with a new twist. Come on out and try musical bingo! Join us at Ned Devine's for some Musical Bingo and good food! Instead of numbers on the card there will be some of the most recognizable and iconic songs you have heard throughout your life. With only seconds of play you, your musical knowledge will be tested. We will have the "music" cards and the bingo chips. Guaranteed laughter, fun and being together!



The cost for this event is \$5 plus your dinner/drinks. Please pre-select your meal using Wild Apricot.

Registration will start on Wednesday, September 20th.

Who thinks of these?

Contributed by Ron Millichamp

I once dated a guy who broke up with me because I only have 9 toes.

Yes, he was lack toes intolerant.

Did you know ants never get sick? It's because they have anty bodies.

You can't blame anyone else if you fall in your driveway...it's your own asphalt.

I've started telling everyone about the benefits of eating dried grapes. It's all about raisin awareness.

I've started investing in stocks: beef, vegetable, chicken. One day I hope to be a bouillianaire.

If you boil a funny bone, it becomes a laughing stock. Now that's humerus.

I accidentally rubbed ketchup in my eyes. Now I have Heinzsight.

Did you know muffins spelled backwards is what you

do when you take them out of the oven?

Scientifically, a raven has 17 primary wing feathers, the big ones at the end of the wing. They are called pinion feathers. A crow has 16. So, the difference between a raven and a crow is only a matter of a pinion.

I was walking in the jungle and saw a lizard on his hind legs telling jokes. I turned to a local tribal leader and said, "That lizard is really funny!" The leader replied, "That's not a lizard. He's a stand-up chameleon.

I tried to come up with a carpentry pun that woodwork. I thought I nailed it but nobody saw it.

Just spoke with Bill Withers and told him "Ain't No Sunshine" is bad grammar. He said, "I know, I know, I know, I know, I know, I know, I know, I know, I know, I know, I know, I know, I know, I know."

Singing in the shower is fine until you get soap in your mouth. Then it's a soap opera.



10th Anniversary
Friday 29 September 2023
Dinner & Dance Menu

Appetizers

Insalata Cesare and
Minestrone Soup
Selection of Fresh Buns

Entree

Choice of one of the following:

POLLO PIZZAIOLA

Grilled chicken, chopped tomatoes, capers, fresh herbs

SCHNITZEL ALLA GERMANESE

Breaded pork loin cutlet, button mushroom,
demi-glace, cream

FILETTO DI SALMONE

Grilled Atlantic salmon fillet, garlic, parsley, oregano

PASTA PRIMAVERA

Vegetarian

All of the above are accompanied by
Seasonal Fresh Vegetables and Oven Roasted Potatoes

Dessert

Chocolate Tartufo Ice Cream

One bottle each of White and Red wines per table
Coffee, Tea, Espresso

Juice and Soft Drinks are Complimentary



SEPTEMBER CALENDAR

EVENT	DATE	TIME	LOCATION	CONVENOR
Activities				
Executive Meeting	September 13	7:00 PM	Zoom	Russ Cousins
Crawfords Garden Centre Fall Planter	September 19	10:00 AM	Crawfords	Ruth Gagnon
Escarpment PROBUS monthly meeting	September 20	9:30 AM	Connect Centre	Russ Cousins
The Lunch Bunch	September 20	12:00 PM	Kelsey's Roadhouse	Joy Castello
Bocce Ball Tournament	September 21	2:30 PM	Italian Cultural Centre	Ruth Gagnon
Kahoot Trivia	September 27	5:00 PM	Ned Devine's	Kelly Ground
Clubs				
Probus Info Exchange - PIE	Online only			Cliff Read
Tastings - Wine - Grapenuts	September 4	7:00 PM	TBD	Martin Capper
Trail Walkers	September 5	1:30 PM	On Hold	Looking for new convenor
Crafts - Quilting - <i>Piece Makers</i>	September 5	1:00 PM	Nelson Home	Diane Comstock
Pin Seekers	September 5	11:00 AM	Oakville Executive	Roy MacKay
Crafts - <i>Craftoholics</i>	September 6	1:00 PM	Grace Church Hall	Dana Weatherell
Tastings - Whisky - <i>D'Stillers</i>	September 6	7:00 PM	Capper Home	Chris Strachan
Tastings - Wine - Grapenuts	September 7	7:00 PM	TBD	Martin Capper
Cards - Bridge	September 7	1:15 PM	Grace Church Hall	Chris Lloyd
Classical Music - <i>Mozart and Friends</i>	September 7	2:00 PM	Zoom	Michael Hooker
Nosh & Natter	September 8	5:30 PM	Murphy Home	Jenny O'Brien
Cards - Cribbage - <i>Card Sharps</i>	September 11	7:00 PM	Capper Home *	Martin Capper
Books – Trilogy	September 11	10:00 AM	TBD	Dawn Ross
Books – First Edition	September 11	1:00 PM	Grace Church Hall	Paul Crawford
Games - High Rollers (Yahtzee)	September 12	1:00 PM	Zoom	Diane Comstock
Movies - Oscar Nights	September 12	7:00 PM	Milton Cineplex	Petra Halk
Trail Walkers	September 12	1:30 PM	On Hold	Looking for new convenor
Cards - Cribbage - <i>Card Sharps</i>	September 12	2:00 PM	Capper Home *	Martin Capper
Tastings - Wine - Grapenuts	September 13	7:00 PM	TBD	Martin Capper
Books – Sequel	September 13	1:15 PM	Parr Home	Carolyn Rumley
Games - Bee-Gees	September 13	1:00 PM	Grace Church Hall	Diane Comstock
Games - Jokers	September 14	1:30 PM	Grace Church Hall	Auriel Halliday
Line Dacing with Tammy	September 15	12:30 PM	Grace Church Bsmnt	Ruth Gagnon
Cards - Euchre	September 18	1:15 PM	Grace Church Hall	Lorrette Shermet
Trail Walkers	September 19	1:30 PM	On Hold	Looking for new convenor
Cards - Bid Euchre	September 21	1:15 PM	Grace Church Hall	Lorrette Shermet
Dining - <i>Skip the Dishes</i>	September 21	6:00 PM	Ned Devine's	Lorrette Shermet
Classical Music - <i>Mozart and Friends</i>	September 21	2:00 PM	Zoom	Michael Hooker
Nosh @ Nite	September 22	5:30 PM	Capper Home	Paul Crawford
Dining - Appy Hour	September 23	6:30 PM	TBD	Mary Cousins
Cards -Canasta	September 25	1:15 PM	Grace Church Hall	Lorrette Shermet
Games - High Rollers (Farkle)	September 26	1:00 PM	Zoom	Diane Comstock
Trail Walkers	September 26	1:30 PM	On Hold	Looking for new convenor
Friendship Club	September 27	10:00 AM	Seasons Retirement	Judy Krauss
Games - Jokers	September 27	1:30 PM	Grace Church Hall	Auriel Halliday
Pin Seekers	September 27	11:00 AM	Oakville Executive	Roy MacKay
Tastings - Beer - <i>Suds and Buds</i>	September 28	7:00 PM	On Hold	Looking for new convenor
Dining - Saturday Night Lives	September	5:00 PM	Resumes in Oct.	Ruth Gagnon

Temporary change

MEETING: SEPTEMBER



Daniel Aonso, 'Icons of Canadian Music'

Daniel Aonso studied piano from an early age. He then went on to complete a Bachelor's and later Master's degree in music from York University with Classical Piano as primary instrument. His main areas of interest are in Popular Music and Film Music. He currently teaches piano, guitar, percussion and music theory at PAVAS music school in Mississauga.

RECENT EVENTS

August General Meeting

Our general meeting was held on Wednesday August 16th. Our speaker was **Thanh Campbell** talking to us about "**Orphan 32, The Last Flight out of Saigon**".

The meeting was not recorded.



Our Speaker, Thanh Campbell



\$136 50/50 winner Judy Krauss



Greeters Marylin Cox & Penny McIlwaine



Joanne Millichamp revealing our next travel destinations



Nancy Lee won a copy of our speaker's book



New members (right): Sandra and Art Smith

August Speaker - Thanh Campbell - "Orphan 32, the Last Flight from Saigon"

by Roy MacKay, Program Chair

Our Speaker this month was Thanh Campbell who spoke on "Orphan 32, the Last Flight from Saigon".

Thanh gave an inspirational and touching presentation outlining his personal experiences and the lives of others, who were evacuated from Viet Nam in 1975 and sent to Canada.

Thanh was able to add humour as he recounted his personal journey.

By the end of his presentation there were a lot of tears on the part of Members so deeply were we affected by Thanh. What a Speaker and what a Story!



Church Ladies with their typewriters: Church Bulletins!

Contributed by Fred Ground

Thank goodness for the church ladies with typewriters. These sentences actually appeared in church bulletins or were announced at church services:

The Fasting & Prayer Conference includes meals.

Scouts are saving aluminum cans, bottles and other items to be recycled. Proceeds will be used to cripple children.

The sermon this morning: 'Jesus Walks on the Water.'
The sermon tonight: 'Searching for Jesus.'

Ladies don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Don't let worry kill you off – let the Church help.

Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.

Next Thursday there will be try-outs for the choir. They need all the help they can get.

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

A bean supper will be held on Tuesday evening in the church hall. Music will follow.

At the evening service tonight, the sermon topic will

be 'What Is Hell?'. Come early and listen to our choir practice.

Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones.

Please place your donation in the envelope along with the deceased person you want remembered.

The church will host an evening of fine dining, super entertainment and gracious hospitality.

Pot-luck supper Sunday at 5:00 PM - prayer and medication to follow.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

The pastor would appreciate it if the ladies of the Congregation would lend him their electric girdles for the pancake breakfast next Sunday.

Low Self Esteem Support Group will meet Thursday at 7 PM. Please use the back door.

The eighth-graders will be presenting Shakespeare's Hamlet in the Church basement Friday at 7 PM. The congregation is invited to attend this tragedy.

Weight Watchers will meet at 7 PM at the First Presbyterian Church. Please use large double door at the side entrance.

And this one just about sums them all up The Associate Minister unveiled the church's new campaign slogan last Sunday:

'I Upped My Pledge - Up Yours.'

SOCIAL CLUBS

Club	Date/Time	Convenor	Telephone	Email
Book Club - First Edition	2nd Mon. - 1 pm	Paul Crawford	289-878-4968	paulellencrawford@gmail.com
Book Club - Happy Bookers	4th Thurs. - 12:30 pm	Looking for new convenor		
Book Club - Ravenous Readers Recycling	3rd Wed. - Probus meeting	Lynda & Ron Johnston	905-875-4486	johnstonlynda50@me.com
Book Club - Sequel	2nd Wed. - 1:15 pm	Carolyn Rumley	905-302-0442	carolynrumley@sympatico.ca
Book Club - Trilogy	2nd Mon. - 10 am	Dawn Ross	905-636-9838	sdawnross55@gmail.com
Cards - Bid Euchre	3rd Thurs. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Bridge	1st Thu. - 1:15 pm	Chris Lloyd	416-402-7464	Cldmi95@gmail.com
Cards - Canasta	4th Mon. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Cribbage - Card Sharps	2nd Mon. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Cribbage - Card Sharps	Tues. after the 2nd Mon. - 2:00 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Euchre	3rd Mon. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Classical Music - Mozart and Friends	1st & 3rd Thu. 2:00pm. ZOOM	Michael Hooker	905-878-8953	mhooker10@bell.net
Club Français	2nd Wed. - 10 am / 11 am	Anne-Françoise Gibbard	905-854-3781	anne@gibbard.net
Crafts - Craftaholics	1st Wed - 1 pm	Dana Weatherell	905-875-9064	dweatherell@yahoo.com
Crafts - Knitting - Chicks with Sticks	3rd Thurs. - 10:30 am	Christine Willekes	905-820-0269	chriswillekes@gmail.com
Crafts - Quilting - Piece Makers	1st Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Dining - Appy Hour	Last Sat. - 6:30 pm	Mary Cousins	416-628-6275	mlecousins@outlook.com
Dining - Lunch Bunch	3rd Wed. - noon	Joy Castello	416-844-9404	alegriav@cogeco.ca
Dining - Nosh & Natter	2nd Fri. - 5:30 pm	Jenny O'Brien	289-851-8477	jenny0103@rogers.com
Dining - Nosh@Nite	4th Fri. - 5:30 pm	Paul & Ellen Crawford	289-878-4968	paulellencrawford@gmail.com
Dining - Saturday Night Lives	1st Sat. - various times	Ruth Gagnon	905-462-4740	gagnonruth@gmail.com
Dining - Skip the Dishes	3rd Thurs. - 6 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Dining - Supper/Dinner Club	Scheduled by convenor	Auriel Halliday	905-336-2430	aurielh@gmail.com
Friendship Club	4th Wed. - 10 am	Judy Krauss	289-878-8194	judyckrauss@gmail.com
Games - Bee Gees	2nd Wed. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - High Rollers (Farkle)	4th Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - High Rollers (Yahtzee)	2nd Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - Jokers	2nd Thurs. - 1:30 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Games - Jokers	4th Wed. - 1 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Line Dancing with Tammy	Various Fridays - 12:30:00 PM	Ruth Gagnon	905-462-4740	gagnonruth@gmail.com
Movie Club - Oscar Nights	2nd Tues. - 7 pm	Petra Halk	647-913-6041	petra.halk@gmail.com
Probus Info Exchange - PIE	Online only - no meetings	Cliff Read	905-864-1565	cliff.read@cogeco.ca
Sports - Bowling - 10 Pin	Shut Down	Looking for new convenor		
Sports - Golf - Pin Seekers	TBA	Roy MacKay	416-953-0633	roy@roymackay.ca
Sports - Sport Club	Special sports events	Garry Flemming	905-878-6738	danagarryflemming@gmail.com
Tastings - Beer - Suds and Buds	4th Thurs. - 7 pm	Looking for new convenor		
Tastings - Whisky - D'Stillers	1st Wed. - 7 pm	Chris Strachan	905-878-0812	strachan.chris1944@yahoo.ca
Tastings - Wine - Grapenuts	1st Mon. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Tastings - Wine - Grapenuts	1st Thurs. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Tastings - Wine - Grapenuts	2nd Wed. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Travel - Annual Trip	Scheduled by convenor	Joanne Millichamp	289-878-2969	jmillichamp@hotmail.com
Travel - Wanderlust	2nd Thurs. - 7 pm (bi-monthly)	Gloria Pennycook	905-659-7789	gpennycook@icloud.com
Walkers - Trail Walkers	Every Tues. - 1:30 pm	Looking for new convenor		

Convenors and anyone else intending to use the Escarpment PROBUS Zoom account for an event: The account allows the operation of one event at a time with up to 100 participants. To avoid scheduling conflicts, please contact our Zoom coordinator Lorrette Shermett (lorrette@sympatico.ca) before planning your event.

If you need help with the Zoom program, check out our Zoom page at <https://www.escarpmentprobus.com/zoom>. All the information you need to use Zoom is there.

Remember: Under the Escarpment PROBUS Bylaws Article 2 – Membership – Members must not use other member's email addresses for their own personal use such as fundraising.

Clubs: Food and Drink

Hot August nights never disappoint

by Jenny O'Brien, Convenor



It was a glorious night to gather around the big pool, sipping cool ones and enjoying a delectable assortment of yummy apps and calorie-free desserts!

Hosted in the sparkling backyard of Bob Stringer, guests enjoyed a lovely evening of perfect temperatures, while feasting on cabbage rolls, ham & pickle rolls, stuffed mushroom caps, chicken wings, chicken skewers, nachos with beef dip, a scrumptious broccoli and apple salad, cheesy crostinis, devilled eggs and veggies & dip.

Dessert followed with a variety of squares, butter tarts, cookies, loaves and a healthy fruit tray! But don't ask Bob for coffee, because it turns out all the coffee pots are pooched :)

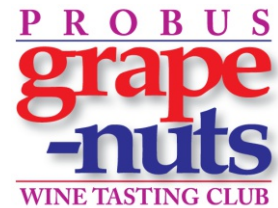
It was the first Nosh in a while, where the dusky evening caught up with us, a sure sign that fall isn't too far behind. Be sure to join us next month on September 8th, when we travel to the lovely hamlet of Freelton at the home of Marlene and Brian Murphy.



A tasting with Marg and Frank

by Frank Dawe, Correspondent

On Monday August 7th, 2023 Marg and I hosted a PROBUS grape-nuts wine tasting event. The wines for the evening's libations were selected solely for their appearance in the summer issue of LCBO Food and Drink as well as their availability at the Bronte Street South LCBO store.



The white wines consisted of a selection of offerings from Italy and California. The group was tied for the best overall selection between the Italian 2022 Pratto Mare Pecorino Terre di Chieti at \$12.95 and California's 2021 Sebastiani Vineyard's Chardonnay at \$16.60. Both wines had light fruity aromas with delicate acidity. These two vinos were followed closely by the third selection a 2022 Villa Puccini Grillo priced at \$14.90. Overall, all three wines were rated very good in taste and value scoring between 66.5% and 73.0%

As for the red wines the selections were slightly more varied with samplings from Chile, Italy and Canada. The group's overall choice was the 2021 Fresco di Masi Rosso which at \$19.00 was the most expensive wine sampled, as well as the best tasting wine for the evening. In addition to being an "organic" wine it was a medium-bodied vine with fruity and lively acidity followed by a crisp finish.

In second place was the Chilian 2021 Cigar Box pinot noir at \$15.35 per bottle with its bouquet of coffee, licorice and hints of smoke and nuts. Third place was claimed by the Canadian offering of 2019 Chateau des Charmes Cuvee Michele a pinot noir from the Niagara area at a cost of \$16.95. It is a medium ruby with floral aromas of red plum, black-berries, smoke and chocolate; extra dry medium-bodied palate has balanced acid and tannins and flavours of plum, blackberry, and smoke on a medium-length finish.

The wines scored at 79.0%, 71.0% and 67.0% respectively.

As with all wine tasting events, the evening was a lot of fun with lively conversation.

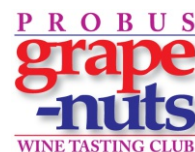


Wine Tasting with the Millichamps

by Ron Millichamp, Correspondent

Flavours...that was the theme for the wine tasting at the Millichamp's, Wednesday August the 9th. To better explain, the tasting was to explore the difference in wines from Mild/Light flavour to Medium flavour to Full/Heavy flavour. We had the usual three white and three red wines but to make it more interesting they were from six different countries. So, obviously we set up a little contest to identify the wine and the country. It created a lot of fun also interesting interpretations..

The winning white was a light flavour Robertson Winery Chenin Blanc from South Africa. It was a very reasonable \$12.40. The medium flavour white was a Winzer Krems Gruner Veltliner from Austria at \$18.95 and the full body was a Gerard Bertrand Viognier from France at \$16.95 The winning red was a full body 2020 Wakefield Estate Shiraz from Australia. A vintage wine that cost \$21.95. Interestingly it was crowned the best wine in the world at a prestigious international contest. The medium flavoured red was Illuminati



Continued >>>>

Riparosso Mont D'Abruzzo DOC from Italy at \$17.00 and the light flavoured red was Vicente Faria Animus Douro DO from Portugal at a cost of \$14.95.

Aurel Halliday and Pete Shermet came up with the most correct answers. It was great fun with some funny comments and observations.



Bocce & then Ned Devine's

by Lorrette Shermet, Convenor

After a two month hiatus of skip the dishes, we will join the activity group in September.

The activity group will be playing bocce in the afternoon and then head out to Ned Devine at 5 p.m. for dinner.

If you are playing bocce one does not have to sign up for dinner.

If you are not playing bocce and would like to come out to dinner you will have to sign up on Wild Apricot. An invitation will go out the first week of September.

Our choices of meal are Appetizer: None, Chicken Wings, Fish Tacos, Beet Salad, Ned's Ultimate Nachos (single serving), Stuffed Yorkies

Entrees: None, Fish & Chips, Ned's Signature Burger & Fries, Classic French Dip & Fries, Guinness Steak & Mushroom, Steak Dinner, Grilled Salmon

Hoping you can join us one way or another.



At PROBUS we want to keep in touch, we are all friends. If you know of anyone who is ill, moving away, lost a loved one, etc., or someone with a new grandchild, great grandchild or special anniversary, please let Lorrette Shermet know and she will gladly send a greeting card from PROBUS (contact lorrette@sympatico.ca or 905-878-1293).

Bunches of Lunches

by Joy Castello, Convenor

After the August Probus meeting, 25 PROBUS members and our guest speaker, Thanh Campbell went to **Thai House Cuisine** for lunch. The restaurant was busy but the staff efficiently managed our large group. The menu is extensive and the food was excellent.



September

On September 20th, the Lunch Bunch will be going to **Kelseys Original Roadhouse**, 45 Chisholm Drive. It is next to the Connect Centre. The restaurant's upstairs dining room has been reserved for us. You can check out the menu at kelseys.ca.

October - Celebrating our 10th Anniversary

The Lunch Bunch will celebrate the Escarpment PROBUS Club's 10th Anniversary on **Wednesday, October 18th**. All members are invited to stay for lunch after the meeting at the Connect Centre. Lunch is complimentary but **we ask you to sign up through Wild Apricot so we know how many members will attend**. Please let Joy Castello or Maggie Booth know of any dietary needs so we can accommodate you. More details at the September meeting. See announcement on page 2.

An Orphan tasting

by Chris Strachan, Convenor

Hello Probians, The Aug 2nd meeting of the D'Stillers took place at the home of Russ and Mary Cousins where Frank, Bill, Martin and Chris supplied the orphans. Orphans are leftover whisky from previous tastings.



It was a beautiful evening so the DD's (Designated Drivers) sat outside enjoying the garden while the D'Stillers sat inside and enjoyed their whiskies. It was not planned but the whiskies selected this month seem to have pitted the Irish against the Scots, as you can see by the results, the Irish prevailed.

The winning whisky of the evening was '**Powers Gold**' a blended Irish Whiskey with a score of 77.5% at a cost of \$38.00 with an ABV (Alcohol by Volume) of 43%.

Second was '**Teeling**' a Single Malt Irish Whiskey with a score of 77.3% at a cost of \$69.50 and an ABV of 46%.

Third was '**Mackillop's Choice**' a Single Malt Scotch with a score of 76.4% at a cost of \$200.00 and an ABV of 43%. Not available in the LCBO.

Fourth of the evening was '**Bushmills Black Bush**' a blended Irish Whiskey with a score of 73.8% at a cost of \$40.00 with an ABV of 40%.

Continued >>>>

Fifth was *'Balblair 17 yr old'* Single Malt Scotch with a score of 72.1% at a cost of \$149.50 and an ABV of 46%. This is a Travel edition not available in the LCBO.

My thanks to Mary for hosting the DD's and the beautiful cake she made to serve after the tasting when we all got together. Pete, our resident photographer, was on vacation, sorry, there are no pictures.

Thanks as always to the DD's for the safe drive home.

The September 6th meeting will be held at the home of Martin and Norma Capper where the 'Orphans' will be supplied by Pete, Ted, Wayne and Russ

The October meeting will be hosted by Ted and Barb Chliszczyk where the orphans will be supplied by Frank, Ron, Bill and Martin.

Nosh at Night

by Joanne Millichamp, Correspondent

The August get-together was held at the home of Ron and Joanne Millichamp. We enjoyed a wonderful evening of food, friendship, conversation and laughter. As usual, we had a wonderful variety of appetizers and desserts.



Clubs: Books and Crafts

The Island of Missing Trees

by correspondent *Margaret Anne Fehr*

Trilogy Book Club met on August 14th to discuss our selection *The Island of Missing Trees* by Elif Shafak. Thanks to Dawn Ross for her hospitality including serving a home-made Greek baklava inspired by the novel's setting.

The story revolves around Ada, a young girl in England, who grapples with the recent loss of her mother and a strained relationship with her father. The narrative takes an unexpected turn when Ada experiences a public meltdown at school, a moment that is captured on video and spreads like wildfire on social media.

At the core of the novel lies the story of forbidden love between Defne and Kostas, during the Cypriot civil war in the 70s, who navigate their feelings amidst societal pressures and familial expectations. Their refuge in a local establishment, run by a clandestine gay couple, adds layers of complexity to the narrative.

One of the most intriguing aspects of the book is its use of a fig tree in Cyprus as the omniscient narrator. While this required a suspension of disbelief, it lent a unique perspective to the unfolding events. The fig tree becomes a symbol of both protection from harsh elements and an homage to the characters' homeland. This poignant image set against the backdrop of a civil war pitting Greeks against Turkish occupants divided by religion and a physical wall, sparked discussions about historical divides and their recurring patterns throughout history.

The fig tree's representation of sentient beings without a human-like voice fostered conversations about our connection to the natural world and its intricate communication systems. The author also described the life cycles and behaviours of insects, birds, and bats and how they maintain an exquisite balance within the ecosystem.

The practice of burying the fig tree each winter and witnessing its rebirth in spring resonated as a metaphor for grief and renewal, prompting comparisons to the symbolic significance of trees in various cultures and mythologies.

The book prompted reflections on recent real-world events, such as the impact of the recent wildfires in Maui and the damage done to the centuries old Banyan tree at the centre of a city.

The narrative also delved into superstitions through the character of a fortune teller or exorcist, adding an element of mystique and cultural exploration. Ada's struggle with a "jinn" that triggered her screaming episode invited contemplation on psychological distress and its expression.

The book left a lasting impression on our members, garnering an impressive collective rating of 8 to 9 out of 10 and a definite thumbs-up recommendation.

August downtime

by *Dana Weatherell*

With many members away, we did not meet in August. Our next meeting Wednesday September 6th will see some of us continuing with our Diamond painting. Grab whatever project you are working on and come sit a spell and chat with us. We love to see all the different things people are working on.



New, Old, and Everything in Between

by Diane Comstock, Convenor



On Tuesday, August 1, the PieceMakers gathered together at Louise's home for their monthly quilting meeting. At the beginning of the meeting, Dawn, Sandi, and Carol Ann talked about the July shop hop and the stores they visited. They all agreed that the Hamilton finishing kit was uninspiring, and the interpretations presented by the St. Mary's and the Kindred Spirits shops were appealing and enticing.

For show and tell, Judy N brought the beginnings of her spiral log cabin using a variety of blue and cream materials. Dawn had completed her pumpkin table runner using fabric she bought at the shop in Shakespeare. Judi J. brought her completed turquoise and grey table runner that she plans to give to a cruising friend. She also showed us an embroidered label. Carol Ann told us that she had gifted some of her previous shop hop quilts to two nieces and a cousin. She then showed us the progress she had made on the Bicycle appliqué quilt kit she purchased during our trip to Mount Forest last year. She asked for recommendations on quilting patterns and of course, we all had suggestions – trapunto, background quilting, echoing, and more – lots to think about! Carole brought a lumbar pillow that she plans to finish with French seams and an envelope backing. Louise had a special treat – a quilt made by her grandmother. Sandi had her finished Sisterhood quilt that was long-armed by Jane. She also brought the aqua & grey chevron quilt she is making for one of her daughters. Diane is working on some old UFOs - two more batik blocks and seven Canada 150 slab blocks.

Quilting Terms of the Month:

Background quilting: Stitching in open interior spaces, such as in setting squares. Squares, diamonds, clamshells, or other small regular shapes are commonly used as background quilting. The closely spaced lines tend to flatten the area being quilted, creating a low-relief, textured appearance. Also called filler quilting.

French seam: A method for making a double seam that is used to hide the rough edges of fabric. French seaming is most often used when making articles of clothing, but it also works well on a variety of other sewing projects. It is a technique that makes the seams of your handmade garment strong, neat, and professional looking, even replacing the need for a serger in some cases.

Judy N will host our next meeting on September 5. Anyone interested in quilting whether it is large bed-size quilts or small table runners, consider joining the group.



Continued >>>>



Clubs: Classical Music

Mozart and Friends in August – From Russians to Animals!

by Michael Hooker, Convenor

Asoka Yapa started our month off with “Brilliant Russians”, a broad tour across Russian classical music. Sixteen short pieces by eight different Russian composers; some well known, like Tchaikovsky; a few most of us had never heard of, like Ippalotiv-Ivanov. But all wrote great music, a delight to hear! A really varied and entertaining program.

Here’s a 3-minute YouTube video treat – Rachmaninov’s “Variations on a Theme of Paganini”, variation 18. Pianist: Daniil Trifonov, The Philadelphia Orchestra, conducted by Yannick Nezet-Seguin. One of the great romantic melodies. [Click here for YouTube video.](#)

Two weeks later I zoomed a program about Animals in Music, a mix of light classics and popular songs and melodies. A very diverse collection of animals – big, small, living, long-gone, mythological, even including Homo Sapiens (in one piece). CATS seemed to figure prominently. Our final selection was a video of the musical story “Peter and the Wolf”, by the London Mozart Players, recorded in Covid isolation in June 2020, using their gardens, children, toys, animals to act out the story – even a rubber duckie, quacking away as it drank a Martini! Our audience was blown away by this piece! As it’s about 25 minutes, it’s too long to include as a musical tit-bit, but you could easily find it in YouTube if interested.

However, here’s a YouTube Cat Treat, “The Cat Came Back”, performed by Garrison Keillor and Frederika von Stade. Written by Harry S Miller in 1893. It’s about a cat with a VERY firm grip on life! Four minutes. Enjoy. [Click here for YouTube video.](#)



The importance of grammar

Contributed by Fred Ground

- Punctuation is powerful

A woman, without her man, is nothing. A woman:
without her, man is nothing.

- Punctuation saves lives!

Let's eat Grandma. Let's eat, Grandma

- Commas, people, commas!

We are going to learn how to cut and paste kids.

- Use commas, don't be a psycho!

I like cooking my family and my pets.

-Learn grammar. Insult properly.

Irony is when someone writes "Your an idiot".

-I want to go see funny too.

Every time someone types "To funny", I immediately picture them, fist in the air, going on a quest, to find funny.

Clubs: Games & Cards

Euchre

by Barb Campbell, Correspondent

On a hot sunny Monday afternoon, 16 players turned out to play in our August Euchre event at Grace Anglican Church. We played six games and the winner, Michelle Tschirart scoring 47 points, moved up the ladder scoring low score last month and high score this month. Michelle was followed closely by Sharon White and Jim Tschirart with 42 points each. Five players, Judi Jones, Avril O'Reilly, Bob Stringer, Reg Zanatta and Michelle Tschirart shared in the lone hand derby with 2 successful each.



Michelle being the top scorer for the day was not eligible for the \$2 payment as she was the \$6 recipient for top score. The prize for low score went to Andrea Pincombe. Sorry we forgot to take photos! A fun day was had by all. Like to join us to learn how to play Euchre, contact Lorrette Shermet, Euchre Convenor, for more information.

Bid Euchre

by Lorrette Shermet, Convenor

We had five tables – 20 players. The largest group of Bid euchre, to date.

We invited two members from the Milton PROBUS Anne Marie and Tom Jones. The big winner with the highest score of 187 was our guest Tom, he also had five call 2.

In second place was Corrine with 140 and the most honest player was Diane c.

We continue to play Bid Euchre the third Thursday of the month at Grace Church. If anyone would like to learn the game just be in touch with Lorrette, she is willing to teach.



Jokers

by Anna Strachan, Correspondent

The August 10th Joker held at Grace Anglican Church was hosted by Chris and me. Our thanks to our friends who helped set up the tables and chairs, not to mention bringing the Joker boards. Usually, we have an overall winner for the afternoon however, this was not the case this time, as all many of us managed was three wins and one loss. Better luck next time. Sorry, I forgot to take pictures, again....



Canasta

by Lorraine Shermet, Convenor



Nineteen people played Canasta this afternoon. Four tables of four and one table of three. When playing four at a table one plays with a partner. Usually it takes an hour and a half to complete a game to 5,000.

The three players Beth, Harrold and Lorraine played single handily which is a little more challenging as one does not have a partner. You play with 13 cards instead of 11 and pick two at a time. Lorraine was able to win the first three hands but Harrold took over and left them way behind. He reached 5,000 and Beth and Lorraine did not even make it to 3,000. Harrold has four – two of hearts – 800 points. Another good game was played by Diane, Sharon, Barb F and Bob. It was their second game. Diane and Barb were partners and way behind, it was the luck of the draw that in one game they had four canasta and three were straights – 500 points each. Sharon and Bob could not even make a meld. A good afternoon was enjoyed by all.

Two players did not show up and did not cancel out of Wild Apricot. Please if you have signed up on Wild Apricot and are not able to make it, DO NOT CALL someone, DO NOT ASK someone to fill in for you. Please, cancel out of Wild Apricot, if you do not know how, call Jenny or Diane and they will walk you through it. We restrict each of our games to X amount of players (depending what we are playing) and players go on a wait-list by cancelling the people on the wait-list automatically are placed to play.

If you would like to learn how to play canasta email Lorraine – lorrette@sympatico.ca



The joys of getting old

Contributed by Fred Ground

1. When one door closes and another door opens, you are probably in prison.
2. To me, "drink responsibly" means don't spill it.
3. Age 60 might be the new 40, but 9:00 pm is the new midnight.
4. It's the start of a brand new day, and I'm off like a herd of turtles.
5. The older I get, the earlier it gets late.
6. When I say, "The other day," I could be referring to any time between yesterday and 15 years ago.
7. I remember being able to get up without making sound effects.
8. I had my patience tested. I'm negative.

The Heart of Africa

by Diane Comstock, Convenor

Set in the vast wilderness of Africa at the height of its exploration by intrepid explorers, missionaries and adventurers, Ticket to Ride Map Collection: Volume 3 - The Heart of Africa, a single-sided expansion map for Ticket to Ride or Ticket to Ride: Europe, focuses on the central and southern "heart" of the continent displayed in a vertical format.



This expansion introduces 45 new terrain cards, divided into three different terrain types. Each type is associated with different route colours: Desert/Savanna cards for yellow, orange and red routes; Jungle/Forest cards for green, blue and purple routes; and Mountain/Cliff cards for black, white and grey routes. Players can draw terrain cards just like train cards and they may use these to double the value of the routes they claim, under certain conditions.

After some trial and error, we caught on to the strategy required to use the "Terrain" cards. In the end, Danielle had the longest train, the most destinations, and won the game with 142 points - well done. I took advantage of the terrain cards several times to double my route score, but alas, could not get the last leg of my longest journey and thus lost mega points.



Our numbers have been small during the summer months, but hopefully more will come out to play in the upcoming months. We have some new games scheduled for the rest of the year: September - Buzzword, October - Cover Your Assets, November - Pente, and December - well that one is yet to be determined. Anyone interested in playing games, let me know and I will add you to the group.

More "Who thinks of these?"

Contributed by Ron Millichamp

The Black-Eyed Peas can sing us a song but the chick peas can only hummus one.

Then there was the time Fruit of the Loom took Hanes to court... it was a brief case.

How much does a chimney cost? Nothing, it's on the house.

My friend said she wouldn't eat a cow's tongue because it came out of a cow's mouth. I gave her an egg.

Once upon a time there was a King who was only 12 inches tall. He was a terrible King but he made a great ruler.

Ran out of toilet paper and now using lettuce leaves. Today was just the tip of the iceberg, and tomorrow romaines to be seen.

My friend Jack says he can communicate with vegetables. That's right...Jack and the beans talk.

I want to tell you about a girl who only eats plants. You probably have not heard of herbivore.

I was struggling to understand how lightning works and then it struck me.

Six cows were smoking joints and playing poker. That's right. The steaks were pretty high.

I went to the paint store to get thinner. It didn't work.

Clubs: Sports

New Convenor needed

by Peter Lasota, FORUM Editor

Many thanks to Cliff Read for convening the Trail Walkers for so many years. The group is on hold now until a new convenor volunteers. The photo below is from the last outing.



Pin Seekers Golf - Final games in September

by Roy MacKay, Convenor

Twelve Pin Seekers got together for Golf on August 2nd on thankfully a moderate temperature day.

There have been many amazing shots over the Season but nothing compares to the spectacular trick shot by Marg Jones on the 5th hole. Marg hit a wood to the middle of the pond which took 5 skips and landed just short of the green.

On a more sombre note a couple of golfers including yours truly seem to find the rough a lot and keep losing their ball.

Hopefully Jenny will buy some Golf balls for Harold for Christmas and Ann same for me.

The final two games of the Season are scheduled for **September 5th and 27th.**

Fore!



More of The joys of getting old

Contributed by Fred Ground

9. Remember, if you lose a sock in the dryer, it comes back as a Tupperware lid that doesn't fit any of your containers.

10. If you're sitting in public and a stranger takes the seat next to you, just stare straight ahead and say, "Did you bring the money?"

11. When you ask me what I am doing today, and I say "nothing," it does not mean I am free. It means I am *doing* nothing.

12. I finally got eight hours of sleep. It took me three days, but whatever.

13. I run like the winded.

14. I hate when a couple argues in public, and I missed the beginning and don't know whose side I'm on.

TRAVEL

Portuguese Transatlantic Voyage

by Joanne Millichamp, Convenor

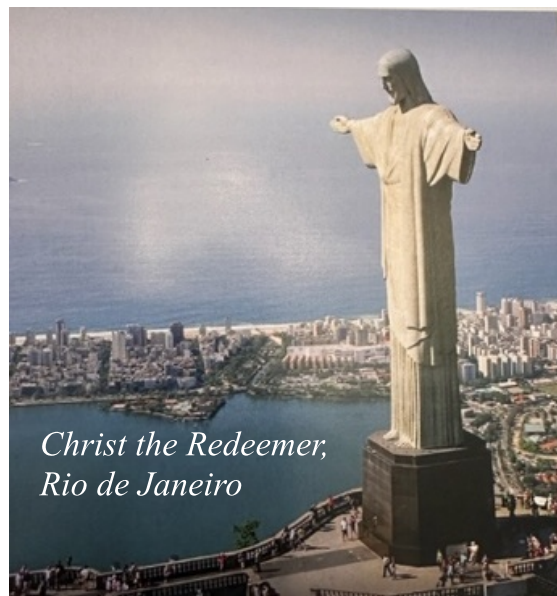
As our PROBUS Club is celebrating our 10th anniversary this October, I decided to offer two trips for next year. For the first time, we are offering an ocean cruise aboard the Norwegian Star, which was completely renovated in 2021. The cruise is called Portuguese Transatlantic Voyage and the dates are April 8th to 27th, 2024.

We fly into Rio de Janeiro and have arranged for a 2-night hotel stay, guided city tours plus two lunches and transfers. The itinerary includes 4 stops in Brazil, 2 stops in the Cape Verde Islands, 2 stops in the Canary Islands and a stop in Madeira.

Pricing is complex with ocean cruises as there are a variety of cabin types at different price ranges. At the present time we are holding oceanview cabins with a picture window and balcony cabins, however inside cabins and other categories are also available.

As this is a mid size cruise ship, there is plenty of room for family and friends to join you on this voyage.

Brochures are available with all the details you need to know. Please call me — Joanne Millichamp at 289-878-2969 or email jmillichamp@hotmail.com for detailed pricing information.



*Christ the Redeemer,
Rio de Janeiro*

The Flavours of Southern Italy

by Joanne Millichamp, Convenor

Our second trip is called "The Flavours of Southern Italy", and is a much slower, more relaxed type of holiday than some of our previous trips. The main focus of the trip will be the food and wine of the two areas we are visiting, Puglia and Abruzzo. Dates of the trip are September 14th to 30th, 2024.

Our first stop is in the Puglia region, located in the southeastern part of the country, part of the "boot" on the Adriatic Sea. We spend 4 nights in the town of Conversano. The town is a hidden gem with beautiful architecture, including a medieval castle. We will visit an olive farm on our first day there. Lecce, known as the "Florence of the South" for its distinctive Baroque architecture. We visit the 25,000-seat amphitheatre dating from the 1st century BC. One of the highlights of our trip will be a visit to Alberobello where we will see the Trulli houses, traditional dry-stone houses with cone-shaped roofs, made from local limestone. Some houses date to the 1500's. We will enhance our cooking skills and prepare a specialty lunch here.

From our base in Bari, we visit the coastal village of Polignano A Mare. Next is a private culinary journey through the town of Matera, visiting local restaurants and food shops for tastings of authentic local foods. In Trani, a charming seaport town, we will enjoy a wonderful lunch accompanied by Moscato di Trani wine and figs. After lunch we visit a cheese farm and learn about the making of various cheeses from this region.



Continued >>>>>

Then we move on to the Abruzzo area, known for its natural landscape, beautiful forests and gently rolling hills. In Vasto we have our second cooking class, "Chitarra pasta, polpette and tarallucci."

On the Trabocchi Coast, we will see the 'trabocco' the region's symbol and visit these fishing platforms as well as enjoy a seafood lunch. Our next stop is Sulmona, known for its age-old confetti production. Confetti is the name they give to sugared almonds and we will taste many of these varieties. Next is a day in the countryside visiting Scanno Lake, Sagittarius Gorge and the pretty village of Bugnara, dating to the middle ages.

The next visit is to Cantina Mazzarosa, the most historic winery in the region, dating from 1863. We will tour their historic cellar and also have an olive oil tasting. Next, a delightful picnic lunch set among the olive grove's trees, a perfect blend of relaxation, culinary delights, nature, and of course wine.

We then travel to Rome where we will enjoy a farewell dinner before flying home the next day. Price for this trip is \$6,590 per person and the single supplement is \$1,250. There is also a 3-day optional add on in Rome at a cost of \$1,150 per person.

This trip is restricted to 34 people only and everyone must be a member of our club. Please ensure you have insurance for trip interruption, cancellation and health.

For further information, please contact Joanne Millichamp - 289-878-2969 or email jmillichamp@hotmail.com.

Our Norway & Sweden trip departs soon

by Joanne Millichamp, Convenor

Our group of intrepid travellers will soon be leaving for our Norway & Sweden trip. Follow along on Wild Apricot (after September 9th) to join in our adventures.

NEWS AND VIEWS

Membership Report for September 2023

By Dawn Ross, Membership Chair

Membership renewal emails have gone out, and are due by September 30, 2023, but sooner is better.

We welcomed 2 new members in August, Sandra and Art Smith.

Hopefully we will be able to add a few more new members, from our wait-list of 36, this next month. Remember, the red dot on a name tag means they are new, so be sure and welcome them to our club.

If you are not planning to renew your membership please email Dawn Ross, Membership Chair, at sdawnross55@gmail.com of your intentions.

Passing the Editor's Baton

by Peter Lasota, FORUM Editor

My term as FORUM Editor has come to an end and I am passing the baton to *Patricia Belvedere*. I wish her the best and hope that she enjoys the position as much as I did.

I would like to thank all those members who contributed to the FORUM. The FORUM would be nothing without them. All I do is take their work, throw it into a box called the FORUM and tie a pretty bow around it.

Continued >>>>

To give Patricia time to get up to speed, I will be producing the **October** FORUM. So, please continue to send your contributions to me. Everyone will be notified when it's time to send contributions to Patricia.

Recruitment 2023/2024

by Management of the Escarpment PROBUS Club of Milton

The following tentative slate of names was approved by the Management Committee and presented at our August general meeting to fill the vacant positions, for Year 11 – 2023 to 2024.

- *Vice-President: Roy Harrold*
- *Treasurer: Cindy Penfold*
- *Membership: Bonnie Walsh*
- *Forum Editor: Patricia Belvedere*
- *Activities Co-Chairs: Paul & Ellen Crawford*

Any further nominations (with prior consent to stand) shall be conveyed, in writing or by email, to the Nominating Chair: Diane Comstock and copied to the President: Russ Cousins **at least 14 days prior to the September Annual Meeting (Tuesday Sept. 5 11:59pm)**

otherwise the tentative nominee will be acclaimed (photos below).



*for Vice-President:
Roy Harrold*



*for Treasurer:
Cindy Penfold*



*for Membership:
Bonnie Walsh*



*for FORUM
Editor: Patricia
Belvedere*



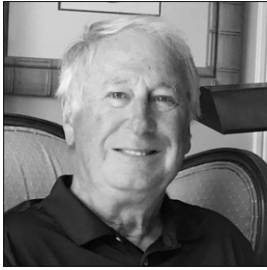
*for Activities Co-Chairs:
Paul & Ellen Crawford*

50/50 Opening

by Jenny O'Brien

Looking for an easy way to get involved with our Probus Club? After several years of manning the 50/50 desk, Harold O'Brien is ready to pass the Black Hat to the next lucky co-ordinator. If this sounds like something you'd like to do - either alone, with a friend or partner - please contact the Social Convenor, Jenny O'Brien (jenny0103@rogers.com) to advise of your interest. Training will be provided.

MANAGEMENT TEAM



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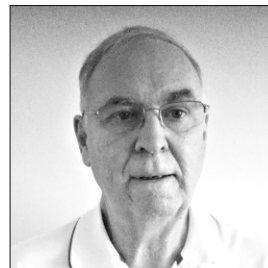
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FORUM Deadline

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