

# FORUM



Volume 10 - Issue 12 - December 2022

## *President's Message:*

## Wishing everyone Happy Holidays



Our membership drive was again successful with our Club having a full compliment of 250 members plus a number of potential members on the wait list. I know all members will have a fun filled 10th year for 2023.

With November being veterans month we had an exceptional speaker at our November meeting. Ted Barris author of many books supplied us with a very informative and enthusiastic talk about the soldiers and support helpers on the Atlantic front. Ted presented us with the stories from veterans and civilians on how they contributed to the successes of the War. We have to be so proud of all those who defended us in

those hard times.

Ruth Gagnon had 6 activities arranged for November and all were very successful and well attended. There are 2 activities for December as well as our PROBUS Christmas lunch at Granite Ridge G.C.

Our October speaker Dr. Sharon Cohen was so impactful that Ruth has arranged to have her team administer their Alzheimer's Disease test to many PROBUS Members.

The executive and the management team of Escarpment PROBUS of Milton wish all members, their families and friends a very Merry Christmas and a healthy and happy New Year

Reminder: the usual PROBUS monthly meeting will not be held in December. For this month our usual meeting will be replaced by our Christmas lunch.

— Russ Cousins

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Visit Our Website: [www.escarpmentprobus.com](http://www.escarpmentprobus.com)

## Photo of the Month

This month's photo, "*This beautiful (I think juvenile red tail) hawk was watching pickleball games at Rotary Park*", was contributed by Ellen Crawford.

Send your photos to [peterlasota@gmail.com](mailto:peterlasota@gmail.com) and I will select one for inclusion each month.



# ACTIVITIES

## December – How can it be that 2022 is almost gone?

by Ruth Gagnon, Activities Chair

How can we be at the end of 2022? Time is just flying by and the activities keep on coming! We are well into 2023 planning for activities – some new and some we've done before, but with a twist and some old things that are simply worthy of repeating!

We ended up with eight activities this month so December will be much quieter with only two "activities". I know a lot of you will be busy with family and friends and I hope you enjoy yourself and I wish you a great Christmas!

We have one new event that was announced on November 23rd. Check out Ron James coming to the FirstOntario Arts Centre on March 22nd with tickets only available until December 15th. We have one 'Save the Date' for you: Thursday, March 9th we will be doing A Minute to Win It! A new spin on our Play Day! Details and registration will be shared at our January General Meeting.

Please have a read of the different activities we did in November. A special shout out to Fred Ground for writing about Phantom of the Open...much appreciated! It was a wonderful film! Also need to give a shout out to Patricia Belvedere for writing about our Murder Mystery. Patricia was really into the "mystery" although no one (maybe Theresa Spano?) knew who the murderer was – and it was not one of our own!! Lots of great comments about the evening and I'm so happy everyone enjoyed themselves and their meal!

Saturday Night LiveS will now be announced as a Social Club. An invite will be going out in the next day or two to join us on January 7th at 5 pm at The Ivy Arms. Please note that The Ivy does not take reservation which is why we have an early time. If you don't get the invite, just reach out to Jenny or myself to get added to the invite list.

## DECEMBER ACTIVITIES:

Saturday Night Live(S) at Lone Star Texas Grill – Saturday, December 3rd at 6 pm

Convenor: Ruth Gagnon

Hey you, SNL Probians, it's time for us to get out and socialize. This time we are headed to Lone Star Texas Grill. Check out their menu at [www.lonestartexasgrill.com](http://www.lonestartexasgrill.com). We are still looking for a Social Club convenor to take this on!

*From their website:*

*Lone Star Texas Grill is Ontario's original Texas-inspired restaurant, serving Canada's award-winning fajitas for over 35 years! Enjoy sizzling wood fire grilled fajitas, steaks, ribs, burgers, Tex-Mex and more. We serve them with only the freshest ingredients, including our house-made signature sauces, and freshly baked tortillas to complete our authentic recipes. Experience the big & bold tastes of Texas, right here at home.*

Activities Committee  
Members:  
Ruth Gagnon  
Kelly Ground  
Ron Millichamp  
Jenny O'Brien





## A Christmas Scavenger Hunt – Tuesday, December 6th at 2 pm

Convenors: Kelly Ground & Ruth Gagnon

Tis the season to get out there with a heart of giving and fun and experience a truly unique scavenger hunt that can happen only once a year. Has your interest been piqued? This event is limited to 24 members. Step into the Christmas season with us and meet us at Grace Anglican Church to have a sleigh full of fun! There will be prizes!

Please note the following:

- the cost of this event is \$15/member and is non-refundable. Plus your dinner and drinks at Casa Americo.
- you will need to be in a team of four – no more no less. Please indicate whether you have your own team or need to be put into one.
- you will need a car.



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## JANUARY ACTIVITIES:

### **NEW!** Kahoot's Trivia Live – Wednesday, January 17th at 5 pm

Convenor: Kelly Ground

We just can't get enough Trivia! Join in on the fun for more Trivia! Make up your own team or we will put you into a team!

Join us a Ned Devine's for a couple of rounds of Kahoot Trivia and dinner!!

***Cellphones or iPads are needed!***

***The cost is \$2 per player for this event payable the door (see Ruth).*** We will be having a preset menu so please make your selection using Wild Apricot. Drinks & Dinner at your own expense. For menu pricing, please check out Ned Devine's menu at <https://www.neddevines.ca/menu.html>



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### Ali Hassan: Does this Smell Funny? – Thursday, January 19th at 8 pm

Convenor: Ruth Gagnon

Are you ready for a laugh? Join us at the MinMaxx Theatre at FirstOntario Arts Centre Milton located at 1010 Main Street East, Milton. ***Tickets are only available until October 20th and the cost is \$52/member.***

From the website: *Deconstructing a chef's journey from food to comedy Ali Hassan's career plans started off as simply as anyone's: become a chef, get a food show on television, get a second food show on television, be the face of the network and have oven mitts with his face on them. This show is a hilarious exposition of Ali's journey in and out of the culinary world in which he spent 12 years. Think Eat, Pray, Love. Minus the Prayer.*

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### ClearEstates – Estate Planning & Settlement - Tuesday, January 24th, 2023 at 10 am

Convenor: Ruth Gagnon

When was the last time you looked at your Will and POA? What is Probate anyway? Has someone named you as an Executor?

Who did you name as your Executor? Does it need to be updated? Maybe your favourite, you are named an Executor!! So what is your role? Did you know it typically takes 16 - 24 months to resolve an Estate? Get some expert guidance on Estate Planning and Settlement.



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Join us on Tuesday, January 24th, 2023 at 10 am at Grace Anglican Church as ClearEstates gives us a refresher on these topics and covers many more from foreign assets to assets / liabilities and their distribution, taxes and their clearances.

ClearEstates is going to help us to demystify the responsibilities of an estate executor and explain the process as painlessly and efficiently as possible. Settling a loved one's estate can be emotionally draining, time-consuming, and even expensive if you're not careful.

Heavy reliance on lawyers and accountants can add up quickly and eat away at a sizeable part of a loved one's estate. We will be given some guidance to empower you to settle a loved one's estate efficiently and confidently.

This is not a sales pitch, but for our awareness, ClearEstates will share how they can help to support grieving families by completely removing estate settlement from their concerns. ClearEstates will empower estate executors and pre-planners and serve as a helping hand through the all estate processes.

The cost for this event is \$5/member. We will head out for lunch at Ned Devine's after this session so please register and make your meal selection using Wild Apricot.

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## FEBRUARY ACTIVITIES:

An Evening with Jann Arden – Friday, February 3, 2023 at 8 pm

Convenor: Ruth Gagnon

Join us for a wonderful evening with Jann Arden at the FirstOntario Arts Centre in Milton. Here is what you can expect from their website:

Jann Arden is a multi-platinum, award-winning singer, songwriter, actor and author. Arden has released 15 albums with 19 top ten singles. Her most recent project, *Descendant* was released in January 2022 and features a 15-song collection representing the last 18 months of Arden's life and headspace. A bold, beautiful, and empowering sound of Jann Arden, *Descendant* signifies a return to form for the multifaceted artist, reflecting on where she came from and where she is headed.



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VIP Bowling in partnership with Skip the Dishes! - Thursday, February 16th at 4:15 pm

Convenors: Ruth Gagnon (with the help of Cindy Penfold!) and Lorette Shermet (Skip the Dishes)

BOWLING (INCLUDING SHOES) IS \$10.50!

It is going to be a great afternoon/evening and what better way than combining a "VIP Bowling Activity" with "Skip the Dishes". Here is what your afternoon/evening will look like:



4:15 pm Head to Champs to get a drink and your bowling shoes on.

4:30 pm Be in the VIP Champs private bowling room.

6:00 pm Whether you have just finished bowling or are joining Skip the Dishes, head to Champs Sports Grill to enjoy preset dinner options

Champs is located at 300 Bronte Street in Milton. Please note that Champs doors only open at 4 pm.

We have 36 VIP Bowling spaces available. You will be randomly placed into a lane of six members. Prizes for those who make it to the podium!

You will be able to sign up for Skip the Dishes only when the announcement goes out.

A Progressive Dinner Party Escarpment PROBUS Way! – Tuesday, February 28th at 5 pm

Convenors: Kelly Ground & Ruth Gagnon

It's time to try something different! A new way to enjoy a dining experience at some of Milton's finest restaurants. Our progressive dinner party will start at 5 pm at Casa Americo for an appetizer. From there we will head over to La Toscana for 6 pm to enjoy an entrée. Wrapping up our evening we will head over to another restaurant for 8 pm for dessert and coffee. Maybe more! Of course drinks can be enjoyed throughout your dining experience.



Meal and drinks are at your cost and please make your meal selections using Wild Apricot. This event is limited to 30 members.

## MARCH ACTIVITIES:

**NEW!** Ron James – Back Where I Belong - Wednesday, March 22nd at 7:30 pm

Convenor: Ruth Gagnon

It's time to laugh with Ron James a Shantero Production coming to you at the FirstOntario Arts Centre. **Tickets for this event are only available until December 15th**, but please use the waitlist as I can always try and get more. The cost is \$68.50/member and tickets are non-refundable as they will be purchased well in advance of the show.

From the FirstOntario Arts Centre Website:

*Canada's stand-out amongst 'stand-ups', award-winning comedian RON JAMES has been selling out theatres for over 20 years with his marathon, side-splitting performances. Marshalling a comedian's eye for satire and a writer's ear for language, Ron takes his audience on a breath-taking, non-stop roller coaster ride, cutting a wide swath through contemporary culture with a razor-sharp wit, uncompromising standard and unique, poetically honed delivery.*

*Along with five seasons starring in his own series, "The Ron James Show", his record breaking nine critically acclaimed one-hour comedy specials fast became a New Year's Eve viewing tradition for millions of Canadians. Not to be sidelined by the pandemic, he capitalized on lockdown after lockdown and wrote his first book, 'All Over the Map: Rambles and Ruminations from the Canadian Road', released by publishing giant Penguin-Random House, September 28th. With the light looking brighter every day at the end of the tunnel, Canada's #1 road warrior is back where he belongs: live onstage delivering laughs face to face to audiences sitting shoulder to shoulder, coast to coast clear cross the Big Wide Open!*

[Click here to check out some of his video clips.](#)



**NEW!** Drury Lane Music Hall – Sunday, March 26th at 2 pm

Convenor: Ron Millichamp

Join us for the FINAL show of the 42nd Annual Drury Lane Music Hall 2022. We will head back to Milton for dinner. Please let us know if you will join us for dinner. Details will follow at a later date.

*From their brochure:*

*Venture out with the most entertaining, comedic and wildly outstanding annual variety comedy musical this side of the pond. Boogie and cheering are positively encouraged! Medleys, feature songs, skits and a variety of*



**Continued >>>>>**

specialty numbers are the hallmark of this variety show that both harkens back to the days of British and American Music Halls and Vaudeville, but also wows the audience with a modern twist including current music, dance, and comedy from a wide variety of styles.

Parking is available on site. We will do our best to accommodate requests for carpooling.

# DECEMBER CALENDAR

EVENT	DATE		TIME	LOCATION	CONVENOR
<b>Activities</b>					
Saturday Night LiveS	December	3	6:00 PM	Lone Star Texas Grill	Ruth Gagnon
Christmas Scavenger Hunt	December	6	2:00 PM	Grace Anglican Church	K Ground & R Gagnon
Executive Meeting	December	14	7:00 PM	Zoom	Russ Cousins
<b>Christmas Luncheon</b>	December	14	11:00 AM	Granite Ridge Golf	Jenny O'Brien
<b>Clubs</b>					
Probus Info Exchange - PIE	Online only				Cliff Read
Classical Music - <i>Mozart and Friends</i>	December	1	2:00 PM	Zoom	Michael Hooker
Trail Walkers	December	6	1:30 PM	Various	Cliff Read
Crafts - Quilting - <i>Piece Makers</i>	December	6	9:00 AM	Comstock Home	Diane Comstock
Crafts - <i>Craftoholics</i>	December	7	1:00 PM	Grace Church Hall	Dana Weatherell
Tastings - Whisky - <i>D'Stillers</i>	December	7	7:00 PM	TBD	Chris Strachan
Games - Jokers	December	8	1:30 PM	Grace Church Hall	Auriel Halliday
Nosh & Natter	December	9	5:30 PM	TBD	Jenny O'Brien
Books – First Edition	December	12	1:00 PM	Grace Church Hall	Paul Crawford
Cards - Cribbage - <i>Card Sharps</i>	December	12	7:00 PM	Capper Home	Martin Capper
Books – Trilogy	December	12	10:00 AM	TBD	Dawn Ross
Games - High Rollers (Yahtzee)	December	13	1:00 PM	Zoom	Diane Comstock
Movies - Oscar Nights	December	13	7:00 PM	Milton Cineplex	Petra Halk
Trail Walkers	December	13	1:30 PM	Various	Cliff Read
Cards - Cribbage - <i>Card Sharps</i>	December	13	2:00 PM	Capper Home	Martin Capper
Games - Bee-Gees	December	14	1:00 PM	CANCELLED for Dec	Diane Comstock
Cards - Bid Euchre	December	15	1:15 PM	Grace Church Hall	Lorette Shermet
Crafts - Knitting - <i>Chicks with Sticks</i>	December	15	10:30 AM	CANCELLED for Dec	Christine Willekes
Dining - <i>Skip the Dishes</i>	December	15	5:30 PM	TBD	Lorette Shermet
Classical Music - <i>Mozart and Friends</i>	December	15	2:00 PM	Zoom	Michael Hooker
Books – Sequel	December	16	12:00 PM	Millichamp Home	Carolyn Rumley
Cards - Euchre	December	19	1:15 PM	Grace Church Hall	Lorette Shermet
Trail Walkers	December	20	1:30 PM	Various	Cliff Read
Tastings - Beer - <i>Suds and Buds</i>	December	22	7:00 PM	CANCELLED	Looking for new convenor
Nosh @ Nite	December	23	5:30 PM	CANCELLED for Dec	Paul Crawford
Dining - Appy Hour	December	24	6:30 PM	TBD	Mary Cousins
Cards -Canasta	December	26	1:15 PM	Grace Church Hall	Lorette Shermet
Games - High Rollers (Farkle)	December	27	1:00 PM	Zoom	Diane Comstock
Trail Walkers	December	27	1:30 PM	Various	Cliff Read
Friendship Club	December	28	10:00 AM	Seasons Retirement	Judy Krauss
Games - Jokers	December	28	1:00 PM	CANCELLED for Dec	Auriel Halliday



# MEETING: DECEMBER

## December General Meeting

There will *not* be a General meeting in December - instead you are invited to register for the Christmas Luncheon. [Click here to register for the Christmas Luncheon.](#)

## Christmas Luncheon Update

*When: Wed, December 14, 2022 11:00 AM, EST*



We're delighted to welcome Carole Bertuzzi-Luciani, our guest speaker and humorist. *Carole will be on stage as of 11:30 AM until approximately 12:15 PM.*

Young, hip and edgy with lots to say ... well, three out of four's not bad. But Carole's got the wisdom, life experience and infectious humour to make up for it.

Carole has spoken to hundreds of thousands of North Americans during her 35 + year career as a professional speaker. Although her topic range is varied, her style remains consistent. She delivers important and usable life lessons in an entertaining manner through the creative use of props, sharing anecdotes and high energy. Regardless of the message, Carole sprinkles each with a taste of her humorous perspective.

As a speaker, she has been described as motivational, inspirational, entertaining and fun thus describing herself as 'Moodivational.' You can't help but 'get the message' while you are enjoying yourself ... the learning is painless. Her goal is for you to leave her session feeling better than you did when you walked in ... invigorated, enthused and excited to glean the upbeat and uplifting elements of life.

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### More things to ponder

Contributed by Fred Ground

What if my dog only brings the ball back because he thinks I like throwing it?

If the poison expiration date is past, does that mean it's less or more poisonous?

Which letter in "Scent" is silent-is it the S or the C?

Do twins ever think that one of them is unplanned?

Why is W pronounced double U-shouldn't it be double V?

What if oxygen is killing you, and it takes 75 to 100 years to work?

Every time you clean, you make something else dirty.

100 years ago, everyone had a horse, only the rich had a car. Today everyone has cars, only the rich have horses.

If you replace the "W" with a "T" in "What, Where and When", you would have the answer to each one.

If you rip a hole in a net, you have less holes than you started with.

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### More linguistics

If thieves wear sneakers, and artists wear sketchers, Then linguists must wear converse.

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### The charm of Irish pub hospitality

This actually happened to me when I was in Bray, in Southern Ireland!

Two Irishmen into a pub in Dublin and asked for two pints of Guinness.

The barman, cleaning the tables, said "Sorry, we don't open for another hour."

One of the men said "Mind if we wait?"

"No" said the barman "Would you like a pint while you're waiting?"

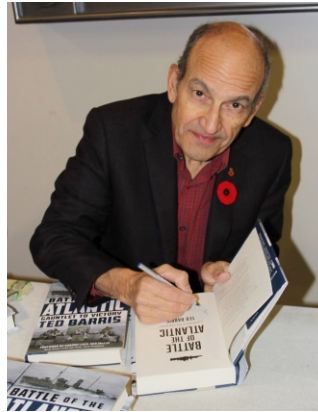
# RECENT EVENTS

## November Meeting

Our November general meeting was held Wednesday November 16th. Our speaker was **Ted Barris** (photo near right) who talked about the Canadian participation in the liberation of Holland in the 2nd World War.

[Click here for a link to the recording of our meeting.](#)

Our 50/50 winner, **Marlene Murphy** (photo far right), won \$118.



*New members Colin and Sharon Fraser – sponsored by the Tschirharts*

### Demonym

Contributed by Fred Ground

Demonym (DEM-uh-nim) noun.

The name used for the people who live in a particular country, state, city or other locality:

Birmingham: Brummie

Costa Rica: Tico, Tica

Glasgow: Glaswegian

Halifax: Haligonian

Liverpool: Liverpudlian

Los Angeles: Los Angeleno

Memphis: Memphian

Moose Jaw: Moose Javian

Moscow: Muscovite

Naples: Neapolitan

Nova Scotia: Bluenose

Rio de Janeiro: Carioca

Sydney: Sydneysider

**REMINDER: Please wear your PROBUS badge at events. This will let members know that you are part of our group and will make it easier for us to introduce ourselves to each other.**



# More Photos from our Anniversary Dance

by Marg Jones, Correspondent

OOPS...I completely forgot to post the outcome of the Anniversary Dinner Dance at The Grand Chalet on September 30th and I wanted to let everyone know that it was awesome! Great food, great service, really great music and a dance floor that was crowded all evening!

Thanks again to my awesome Social Committee and to Lorrette, Pete and Ruth for the pictures.

And I'm outta here....



Continued >>>>





## Newcomers' Meeting November 9, 2022

by Dawn Ross, Membership Chair

We had 11 new members attend our Newcomers meeting at Grace Church.

Dawn Ross and Ruth Gagnon hosted the meeting.

The new members were presented their name badges and we had some time for socializing with refreshments.

We then had a very informative Slide Presentation introducing them to all the clubs and activities Escarpment PROBUS has to offer.

Lots of interest was shown, with more discussions later and many signed up for clubs then.

Thank you to Lorrette for arranging the venue. Thanks to Ruth and Diane Comstock for refreshing the presentation. Thanks also to Jim Tschirhart for a great sales pitch for the Wine Tasting club and Kelly for telling of her experiences in the club.



Left to right: Pat McIntyre, Rick Pearen, Pam Grundie, Karen Latremouille, Simone Serra, Theresa Caristena, Judy Griffin, Maureen Therriault, Ian Therriault, Dana Flemming, Garry Flemming, Dawn Ross

### Irish humour

Contributed by Fred ground

Murphy was standing at the bar in his local pub when this small Chinese man came in, stood next to him and started drinking a beer.

Murphy asked him "Do you know any of those

martial arts things, like Kung-Fu, Karate, or Ju-Jitsu?".

The man said "Why you ask me that? Is it because I am Chinese?".

"No", Murphy said "It's because you're drinking my beer".



## Saturday Night LiveS at La Toscana - November 5th

by Ruth Gagnon, Convenor



How do you turn the volume down? Feed the people! There was a lot of great chatter which went quiet as 28 of us enjoyed a wonderful four course meal at La Toscana. A wide range of topics were held at the three tables filled with Probianas enjoying the company of each other. Don't miss these evenings. It's a great opportunity to get out, socialize and have good old fun!

Next month we are heading to Lone Star Texas Grill at 1100 Steeles Avenue in Milton.



## Paint & Cocktails – November 8th

by Ruth Gagnon, Convenor

We voted and the snowman picture won! We had a lot of laughs through the evening as Gary led us “kids” step by step in our painting. Some of us displayed our artistic strengths beautifully. Each one of our paintings were unique. Check out our artwork (and be kind)!

We rewarded ourselves with a drink and we all thoroughly enjoyed our meal at Shoeless Joe's.





## Menopause the Musical – November 10th

by Ruth Gagnon, Convenor

For some of us the musical was new and others had seen it before, but eleven Probians joined together to laugh and laugh and laugh as Menopause the Musical did their final show for this tour. The show came alive as different meaning was brought to songs such as Change, Change, Change and Stayin' Awake/Night Sweatin' and Drippin' and Droppin', Puff, My God, I'm Draggin', My Thighs and so many more great songs! We also need to give a shout out to the men who joined us. I heard you laughing!!



Those who went to dinner before the show enjoyed another great meal at Shoeless Joe's.

## Phantom of the Open - November 16th

by Fred Ground, Correspondent

Six Probians ventured out on a cold night to the First Ontario Arts Centre to enjoy the true story of Maurice Filcroft who managed to get into the British Open Golf Championship, despite never having played a game in his life.

Maurice was a crane lift operator in Northern England, who on the verge of being made redundant, decided to pursue golf as an alternative employment source.

Funny, heartwarming, and ultimately a story of perseverance in achieving a life ambition. The ultimate message was one of family and friendships.



Well worth a viewing: this movie had been initially shown at the London Film Festival in England, 2021.

## Hints, Hacks & How To's – November 22nd

by Kelly Ground, Convenor

The sun was shining, the air was brisk as twenty Probians filed into Grace Anglican to explore their piece of technology. There was many oo's and ah's as we learned just exactly what we held in our hands. The session lasted for two hours as we delved into things. Some people thought their heads would explode, some were anxious to go home to start "playing" with their devices. The overall feeling was one of wonder, how a little box could do so much for you, from being a tape measure, to a secretary and a GPS! All faces were smiley until Ruth mentioned an exam, then the exits looked really far away!





# Murders Tastefully Executed – November 17th

by Patricia Belvedere, Correspondent



Forty three members had a delicious dinner and a great evening at Ned Devine's on November 17th while attempting to solve a murder. We were observing a meeting of birdwatchers discussing a potential development of timeshares in a bird sanctuary. Just as the meeting started Dr. Birdie Poppy choked and suddenly died. An inspector with a Hungarian accent soon arrived and proceeded to interrogate the meeting attendees. Suspects included: the developer Dr. Chris Cartel; Percival Popinjay who claimed to have identified a new bird before Birdie; and Goldie, the author of the book Fowl Language that Birdie refused to endorse. There were many clues on 'shits' of paper, 'nuts' and 'piss's of paper. At the end of the evening we were all asked to identify the murderer, but nobody solved the murder!



What a great picture of a lovely couple!



The four musketeers?



Is this Bob's long lost brother?



The lucky wine winners of the draw!



Photos by Lorrette Shermet

# Toronto Memory Program – Swab Testing – November 28th

by Ruth Gagnon, Convenor



Well it was a bit of a roller coaster ride for this last minute “activity” that allowed 50 of us to have a swab test to see if we have the “marker” for Alzheimer’s disease added with a bit of confusion with it’s cancelled, it’s on again!

The good news is for those of you that were on the waiting list, you will have an opportunity to have the swab test some time in the new year. The Memory Program will let me know when they get in another shipment and we will set something up. It will be announced on Wild Apricot and open to others who have not yet had the swab test.

Recently in the news and also on Good Morning America (GMA), November 17th, actor Chris Hemsworth was interviewed about what he learned about his risk for Alzheimer’s. He spoke with Dr. Peter Attia, a Longevity Physician, learning his makeup included two copies of the gene APOE4 – one from his mom and one from his dad - increasing his risk of getting Alzheimer’s by eight to ten times higher than the general population. Check out his show – Limitless – where he confronts what this means for him and his future. It’s on Disney Plus.

For those that were tested, you will get an email or phone call – likely next week – with your results which are completely confidential and yours to share or not. GMA reminded viewers that healthy choices can help in reducing the risk of Alzheimer’s whether it is by our diet and exercise, strong social connections and new intellectual challenges.

As a side note, Dr. Cohen was presenting at a conference in San Francisco on November 29th with “the full results of a worldwide human trial of the drug”. Hopefully we will hear more about the results and maybe even get an update from Dr. Cohen!

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As language evolves, new words are born as others die out.

Contributed by Fred Ground

Here are some of the delightful ones that time forgot:

Bedward: heading towards bed.

To brabble: to argue loudly

To constellate: to cluster together

To degust: to taste carefully

To delciate: to delight oneself

Elflock: tangled hair as matted by elves

To gorgonize: to have a paralysing effect on someone

To hugger-mugger: to act in a secretive manner

Illecelebrous: attractive

To jargogle: to confuse

To kench: to laugh loudly

Malagrugrous: dismal

Monsterful: wonderful

Osculable: that can be kissed

Overmorrow: the day after tomorrow

Schoolman: a teacher

To twattle: to gossip

Twitter-light: twilight

Widdendream: state of mental confusion or excitement.



# SOCIAL CLUBS

Club	Date/Time	Convenor	Telephone	Email
Book Club - First Edition	2nd Mon. - 1 pm	Paul Crawford	289-878-4968	pauallengcrawford@gmail.com
Book Club - Happy Bookers	4th Thurs. - 12:30 pm	Looking for new convenor		
Book Club - Ravenous Readers Recycling	3rd Wed. - Probus meeting	Ellen Crawford	289-878-4968	pauallengcrawford@gmail.com
Book Club - Sequel	2nd Wed. - 1:15 pm	Carolyn Rumley	905-302-0442	carolynrumley@sympatico.ca
Book Club - Trilogy	2nd Mon. - 10 am	Dawn Ross	905-636-9838	sdawnross55@gmail.com
Cards - Bid Euchre	3rd Thurs. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Bridge	1st Tues. - 1 pm	Looking for new convenor		
Cards - Canasta	4th Mon. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Cribbage - Card Sharps	2nd Mon. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Cribbage - Card Sharps	Tues. after the 2nd Mon. - 2:00 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Euchre	3rd Mon. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Classical Music - Mozart and Friends	1st & 3rd Thu. 2:00pm. ZOOM	Michael Hooker	905-878-8953	mhooker10@bell.net
Club Français	2nd Wed. - 10 am / 11 am	Anne-Françoise Gibbard	905-854-3781	anne@gibbard.net
Crafts - Craftaholics	1st Wed - 1 pm	Dana Weatherell	905-875-9064	dweatherell@yahoo.com
Crafts - Knitting - Chicks with Sticks	3rd Thurs. - 10:30 am	Christine Willekes	905-820-0269	chriswillekes@gmail.com
Crafts - Quilting - Piece Makers	1st Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Dining - Appy Hour	Last Sat. - 6:30 pm	Mary Cousins	416-628-6275	mlecousins@outlook.com
Dining - Lunch Bunch	3rd Wed. - noon	Joy Castello	416-844-9404	alegriav@cogeco.ca
Dining - Nosh & Natter	2nd Fri. - 5:30 pm	Jenny O'Brien	289-851-8477	jenny0103@rogers.com
Dining - Nosh@Nite	4th Fri. - 5:30 pm	Paul & Ellen Crawford	289-878-4968	pauallengcrawford@gmail.com
Dining - Saturday Night Lives	1st Sat. - various times	Ruth Gagnon	905-462-4740	gagnonruth@gmail.com
Dining - Skip the Dishes	3rd Thurs. - 6 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Dining - Supper/Dinner Club	Scheduled by convenor	Auriel Halliday	905-336-2430	aurielh@gmail.com
Friendship Club	4th Wed. - 10 am	Judy Krauss	289-878-8194	judyckrauss@gmail.com
Games - Bee Gees	2nd Wed. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - High Rollers (Farkle)	4th Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - High Rollers (Yahtzee)	2nd Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - Jokers	2nd Thurs. - 1:30 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Games - Jokers	4th Wed. - 1 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Movie Club - Oscar Nights	2nd Tues. - 7 pm	Petra Halk	647-913-6041	petra.halk@gmail.com
Probus Info Exchange - PIE	Online only - no meetings	Cliff Read	905-864-1565	cliff.read@cogeco.ca
Sports - Bowling - 10 Pin	Shut Down	Looking for new convenor		
Sports - Golf - Pin Seekers	TBA	Roy MacKay	416-953-0633	roy@roymackay.ca
Tastings - Beer - Suds and Buds	4th Thurs. - 7 pm	Looking for new convenor		
Tastings - Whisky - D'Stillers	1st Wed. - 7 pm	Chris Strachan	905-878-0812	strachan.chris1944@yahoo.ca
Tastings - Wine - Grapenuts	1st Mon. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - Grapenuts	1st Thurs. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - Grapenuts	2nd Wed. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Travel - Annual Trip	Scheduled by convenor	Joanne Millichamp	289-878-2969	jmillichamp@hotmail.com
Travel - Wanderlust	2nd Thurs. - 7 pm (bi-monthly)	Gloria Pennycook	905-659-7789	gpennycook@icloud.com
Walkers - Trail Walkers	Every Tues. - 1:30 pm	Ronald Flannagan	905-332-6310	rflannagan@cogeco.ca

Convenors and anyone else intending to use the Escarpment PROBUS Zoom account for an event: The account allows the operation of one event at a time with up to 100 participants. To avoid scheduling conflicts, please contact our Zoom coordinator Lorrette Shermett (lorrette@sympatico.ca) before planning your event.

If you need help with the Zoom program, - check out our Zoom page at <https://www.escarpmentprobus.com/zoom>. All the information you need to use Zoom is there.

Remember: Under the Escarpment PROBUS Bylaws Article 2 – Membership – Members must not use other member's email addresses for their own personal use such as fundraising.



# Clubs: Food and Drink

## Nosh & Natter goes to Freelton

by Jenny O'Brien, Convenor



Our October Nosh & Natter saw us travel to the beautiful hamlet of Freelton and the lovely home of Brian and Marlene Murphy. The fall colours were in their glory, and this correspondent was so taken with the amazing surroundings of this gorgeous location, that she completely forgot to take pictures of the evening. Suffice to say there was a full house of happy Noshers, with folks spreading out into the welcoming family room, kitchen and dining room. The food was excellent (did someone say shrimp ... x3 ?) .. and Marlene's homemade desserts were simply divine with a fantastic upside down apple cake, lemon pudding cakes in individual ramekins, mini cheesecakes and the meltaway shortbread (to die for!).

I'm including a picture of Murphy's home and our gracious hosts. I invite you to pull out your crayons and colour the backdrop in shades of red, orange and gold. Only then will you be able to truly appreciate the spectacular show mother nature put on for us!! It certainly was "worth the drive ... to Freelton"!



## The Lunch Bunch

by Joy Costello, Convenor

After November's general meeting 34 PROBUS members went to East Side Mario's for lunch. Despite a reservation made a month before, the restaurant was under staffed for our large group. The staff who were on shift were pleasant and worked hard to accommodate us. We enjoyed each other's company as we waited for our meals, which took extra time.

The Lunch Bunch will take a break in December. Many PROBUS members will celebrate the festive season with a Christmas lunch at Granite Ridge Golf Course on Wednesday, December 14th.

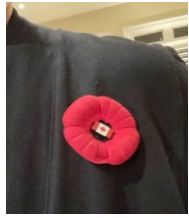
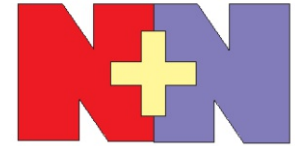
Happy Holidays everyone - see you in January!





# Poppy Day Saw Friends Unite

by Jenny O'Brien, Convenor



It was a rainy, damp November 11th, but that didn't stop a big crowd of Noshers from gathering at Patricia Kotack's home for an evening of laughter and fun. There were three amigos hosting this Nosh, and the talents of Patricia, Lynda Johnson and Megs Shellard worked seamlessly to ensure everyone had a lovely time and plenty to eat!! And what a spread it was, with a selection that included sandwiches, meatballs, cranberry brie cheese bowl, tempura shrimp, macaroni and cheese, lox and bagels, sausages, pasta towers, short ribs, donair tarts and chicken legs! And yet folks still found room for a selection of desserts including apple spice cake (with spiced icing ... yum!), almond tarts, profiteroles, mini eclairs and mini cheesecakes. There were some proud poppies sported throughout the crowd, a timely reminder of the blessings we all enjoy because of those who came before us! And, those blessings continue, because of the amazing people we unite with and are so fortunate to call new .. and old .. friends!

Note: Check out the beautiful rose bush that was in full bloom in Patricia's front garden on November 11th!



At PROBUS we want to keep in touch, we are all friends. If you know of anyone who is ill, moving away, lost a loved one, etc., or someone with a new grandchild, great grandchild or special anniversary, please let Lorrette Shermet know and she will gladly send a greeting card from PROBUS (contact [lorrette@sympatico.ca](mailto:lorrette@sympatico.ca) or 905-878-1293).



## Noshing at the Crawfords

by Ellen & Paul Crawford, Convenors

Another fun evening of lively chatting, and telling of stories while noshing on yummy appetizers and sipping favourite drinks.

As some of our regular members were unable to attend, we extended an invitation to other PROBUS members.



## Appy Hour at the Cappers

by Mary Cousins, Convenor

Our "Appy Hour" last night was great fun. Norma and Martin hosted the party, a lot of work for Norma on her birthday.

The male strippers didn't show up so we asked for volunteers from the participants. Russ took on the job, apparently part of being president, and the picture was captured for posterity.



# Tasting at the Cousins

by Chris Strachan, Convenor

After a few months of spartan meetings the D'stiller had a full compliment for our trip to Georgetown to the home of Russ and Mary Cousins. Russ supplied five whiskies for our tasting pleasure they were rated as follows:



The winning whisky of the evening was **'Jura The Bay' 12 yr old Single Malt Scotch**. The average score was 79.7, with an Alcohol by volume (ABV) of 44% at the cost of \$80 per bottle. This is a travel exclusive not sold at the LCBO.

Second of the evening was **'Jura The Road' a Single Malt Scotch**. The average score was 76.8, with an (ABV) of 43.6% at the cost of \$70 per bottle. This is also a travel exclusive not sold in the LCBO.

Third was **'Jura The Sound; a Single Malt Scotch**. The average score was 76.2, with an Alcohol by volume (ABV) of 42.5% at the cost of \$49 per bottle. This too is a travel exclusive not sold in the LCBO.

Fourth was **'Quiet Man' a blended Irish Whiskey**. The average score was 74.9, with an (ABV) of 40% at a cost of \$53.65 per bottle.

Last but not least was **'Naked Malt' Blended Malt Scotch Whisky**. The average score was 72.4. with an (ABV) of 40% at a cost of \$43 per bottle. Not available at the LCBO.

Thanks to Mary for keeping the DD's entertained with her travel tales. Thanks also for the goodies we had along the way. We had a nice time socializing over coffee, etc. once the guys has finished their tasting. I'd also like to thank the DD's for getting everyone home safe and sound. This was a particularly challenging evening as it was a very foggy drive from Georgetown to Milton, bravo ladies.

The final meeting of 2022, Dec 7th, will be held at the home of Martin and Norma Capper.

Ted Chlisczyk will start the year by hosting the 4th January 2023 meeting.



Contributed by Fred Ground

An Englishman, a Scotsman, and an Irishman are all going for a job as a code breaker with Scotland Yard.

Their first test is to pick the odd one out from three objects-a carrot, a potato and a knife.

The Englishman enters and the interviewer asks him which is the odd one out.

The Englishman replies " The knife, because the other two are vegetables."

He passes the test, and is told to send the second

man in.

The Scotsman enters and after being asked, he also replies "The knife, because the other two are foods."

He passes and is asked to send the Irishman in.

When he is asked to pick the odd one, he replies "The carrot."

The interviewer asks "What, how did you get that answer?"

The Irishman replies "You can make chips with the other two."



## Wining at the Strachan's

by Anna Strachan, Correspondent



On Nov 9th, twelve happy winers got together to sample some wines rated by The Toronto Star's Wine critic Carolyn Evans Hammond with wines that she scored between 92-94. The fact that these wines were low in cost did not deter from the decent score attributed to them.

The winning red wine of the night with a score of 15.58 was **JP Azeitao Red Blend** from Portugal, which cost \$9.45 currently on sale for \$8.45.

The winning white with a score of 12.83 was **Cono Sur Chardonnay** from Chile, which cost \$12.45.

It was nice getting together with some old friends whose company, due to Covid, we have not had the pleasure of for a couple of years.

PROBUS  
grape  
-nuts  
WINE TASTING CLUB



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## Clubs: Books & Crafts

### The Brilliant Life of Eudora Honeysett by Annie Lyons

by Julie Flynn, Correspondent

Our group met on October 17th to discuss the book “The Brilliant Life of Eudora Honeysett” by Annie Lyons. Eudora is an 85 year old woman who lives alone with no family or friends. She is tired of living and has contacted a clinic in Switzerland where she will be able to have a medically assisted death. Enter 10 year old Rose into her life when Rose’s family moves in next door. Rose is an unstoppable force who draws Eudora out and, along with a recently widowed neighbour, Stanley, gives her a new purpose in living. The ending is predictable but this does not take away from the story.

The book was well enjoyed and got five scores of nine out of ten, as well as several 8s and 8.5s. One low score brought the average down but it was still over 8.



### Black Rabbit Hall by Eve Chase

by Ellen Crawford

Thirty years apart two women’s secrets unfold in a ramshackle home in Cornwall, England.

This novel was an easy read and a page turner. As there were only two women’s voices it was easy to transition between each story.

The death of the family’s loving mother was the catalyst for the actions that followed.

It is a compelling story of mystery and twists and an evil stepmother.

Our members rated the book with the score 5.5-8. Three of our members did not finish the book.

# Scarborough by Catherine Hernandez

*By Correspondent Margaret Anne Fehr*



The Trilogy Book Club was hosted by Linda Green as members assembled on Monday, November 12th to discuss our book club pick, Scarborough by Catherine Hernandez. The book was featured during Canada Reads in 2022 and was also adapted into a movie that debuted at TIFF 2021.

The book focuses on the Literacy Centre in the community that has been mandated to encourage reading, crafts, and socialization among children and their parents who might not normally be able to access these resources.

As a work of fiction, Scarborough draws its inspiration from the low-income, culturally diverse neighbourhood east of Toronto, the fourth largest city in North America; like many inner city communities, it suffers under the weight of poverty, drugs, crime, and urban blight.

Scarborough employs a multitude of voices to tell the story of a tight-knit neighbourhood under fire: among them, Victor, a black artist harassed by the police; Winsum, a West Indian restaurant owner struggling to keep it together; and Hina, a Muslim school worker who witnesses first-hand the impact of poverty on education.

And then there are the three kids who work to rise above a system that consistently fails them: Bing, a gay Filipino boy who lives under the shadow of his father's mental illness; Sylvie, Bing's best friend, a Native girl whose family struggles to find a permanent home to live in; and Laura, whose history of neglect by her mother is destined to repeat itself with her father.

The novel also delves into the often violent family events, homelessness, poverty, and hunger issues that each child endures to greater or lesser degrees and also exposes the generational trauma that is passed on from inadequately raised adults to their youngsters.

There are many former teachers in our group and many could empathize with the inadequacies and hurdles experienced by the characters in the book, like Marie, who is trying to get help for her autistic son and is met at every turn by public officials who turn a blind eye and exhibit racism, as well as out-of-touch program administrators whose lack of understanding and clinical decision-making adversely affects the centre's staff and service delivery.

But there are bright moments especially between the children as they make new friends and joyful connections that are spontaneous and offer much needed support to one another.

The book earned ratings from 7 to 9 and while the story is raw and unflinching, it's a book worth reading and gets our recommendation.

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## Gift Tags up next

*by Dana Weatherell*



Unfortunately there was no meeting in November. Our next meeting is 1:00pm Wednesday December 7th at Grace Anglican Church. There was some interest in making gift tags so I will have a few supplies on hand you can use. Alternatively bring your own project to work on and get your chat on or sit quietly and listen! Wishing you all a Happy Holiday and safe winter!

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# The Break by Katherena Vermette

by Barbara Alderson, Correspondent



Vermette's debut novel is set in Winnipeg's North End during the bitter cold of a prairie winter. The Break refers to a narrow strip of hydro land that cuts through this neighbourhood ; and it is there that a terrible crime takes place.

One night, looking out her window, a young Metis mother witnesses a violent attack on someone on this desolate and snowy stretch of land. She calls 911 but it is hours before the police arrive, little evidence remains, and her concerns are largely dismissed. The truth of what has happened is gradually revealed as the narrative progresses through a chorus of voices connected to the victim and the crime. The majority of these voices belong to four generations of one family of Metis women; and the accounts of their own struggles and triumphs are woven into the fabric of the novel.

This is a difficult novel to read, and for many in our group it was quite challenging. The story is often heartbreaking, the violence graphic, and the language brutally realistic. Even the cold is palpable.

Vermette does not flinch in her description of some of the problems of homelessness, addiction, and racism that this community faces, nor does she judge. This is equally a novel about resilience, love, and healing; as the members of this family reach out to support one another in this crisis.

## Contributed by Fred Ground

Q: What do you call 20 millionaires around a TV watching the Stanley Cup playoffs?

A: The Toronto Maple Leafs

Q: How do you keep the Maple Leafs out of your yard?

A: Put up a goalie net.

Q: What do you call a Toronto Maple Leaf with a Stanley Cup ring?

A: Very old or a thief.

Q: What do the Maple Leafs, Argonauts and Blue Jays all have in common besides being based in Toronto?

A: None of them can play hockey.

Q: What do the Leafs and the Titanic have in common?

A: They both look good, until they hit the ice!

Q: What's the difference between the Maple Leafs and a cigarette vending machine?

A: The vending machine has Players.

Q: What do the Maple Leafs and whales have in common?

A: They both get totally confused when surrounded by ice.

Q: How many Maple Leafs does it take to win a Stanley Cup?

A: Nobody knows ... And we may never find out!

And finally ...: The last time the Maple Leafs won the Stanley Cup, most of their fans were in diapers.

Coincidentally, the next time they win it, those same fans likely will be back in diapers, again!

\*\*\*\*

## The Priest

An Irish priest is driving along a country road when a policeman pulls him over. He immediately smells alcohol on the priest's breath and notices an empty wine bottle in the car.

He says: "Have you been drinking?"

"Just water," says the priest.

The cop replies: "Then why do I smell wine?"

The priest looks at the bottle and says: "Good Lord! He's done it again!"

# Road Trip

by Diane Comstock, Convenor



On Tuesday, Nov. 8, five PieceMakers trekked the back roads to Hamilton and St. Catherines to visit three quilt shops: U Quilt It, Kindred Spirits Quilt Co, and Up Yur Quilt. Carol Ann and Judi had a goal to find just the right grey fabric for their next projects. Judi also needed some Turquoise accent fabric. With the help of their fellow PieceMakers and the quilt shop staff, each purchased material – we are looking forward to seeing the finished projects. We stopped for a lovely lunch at Café Amore since it was next door to the Kindred Spirits Quilt Co. in St. Catherines. During our lunch break, Dawn showed us a pillow and placemats that she made for her granddaughter. Diane showed us some interesting leaf-shaped placemats that a friend uses to adorn her fall table.

## *Quilting Terms of the Month:*

**Borders** – *The framing on a quilt that serves to visually hold in the design and give the eye a stopping point.*

**Directional borders** – *Borders that have designs running in a particular sequence or order. You will notice that Dawn (photos below) did this with the back side of the pillow.*

For our next meeting on Dec. 6, Diane will be hosting at her condo! If you have a favourite or unusual piecing block pattern, bring it along for inspiration.

Anyone interested in quilting whether it is large bed-size quilts or small table runners, consider joining the group.





# Clubs: Games & Cards

## Thursday Jokers

by Diane Comstock, Correspondent

On November 10th, 20 members met at Grace Church Hall to play Jokers. We divided into five tables of four and proceeded to play. As two or more tables concluded their games, the winners moved to the next table and the losers changed chairs so people played with different partners. In the end, all but four members were able to play four games each. The results had Patricia winning all three of her games and Stephen winning all four of his games. The best move of the day was achieved by Diane (this however did not help as Chris and Patricia won the game).



### Great Move

1. Diane came out of Start knocking her partner's (Harold) marble.
2. This moved Harold's marble to outside his Home where one of Diane's marbles was sitting.
3. This moved Diane's marble to outside her Home where an opponent's (Chris) marble was sitting.
4. This put Chris's marble back to Start.



## Back to normal with the Cribbage Club

by Martin Capper, Convenor

The second Monday in November showed the first signs of normality return to the Cribbage Club with 16 people gathered in competition. Numbers weren't quite back to the levels pre pandemic but noise levels and competitiveness were! No real breakaway streaks emerged with most players happy to bat 500!

The Tuesday afternoon session was a little different with only 7 players available. The great thing about cribbage is with games of 2, 3 or 4 players possible then almost any number of players can be accommodated. There is a photo somewhere of the only person who failed to secure a win on Tuesday even against their spouse but I am claiming convenor privilege on this one!!!

For December we ask our players to bring an item or so for the food bank. This will be the first time we have been able to do this since the pandemic began and likely a time when need is at its highest since then. I encourage all members of the Crib Club to come out and let's all have a great time and do some good!





# Renaissance Merchants

by Diane Comstock, Convenor

Who were the best merchants? In November, the BeeGees played Splendor, a game of chip-collecting and card development. Beth and Marg had played before, but it was a new challenge for Stephen, Lorraine, and Diane. Beth, Stephen, and Lorraine played at table 1 while Marg and Diane played at table 2. From the picture you can see that I did not do well, despite being visited by two nobles. At table 1, Beth and Stephen tied for prestige points, however, Stephen was declared the winner as he had the fewer development cards.



Our game on January 11th will be Rummicub, suggested by Sharon White. Anyone interested in playing games, come on out.



# Euchre - Photo Gallery

Lorrette Shermet, Convenor

Euchre is played the 3rd Monday of each month at 1:15PM at Grace Church Hall.





# Bid Euchre - Photo Gallery

*Lorrette Shermet, Convenor*

Bid Euchre is played the 3rd Thursday of each month at 1:15PM at Grace Church Hall.



## Clubs: Classical Music

### Mozart and Friends – Two Very Different Zoomers!

*by Michael Hooker, Convenor*

For our first November session, I delved into the heart of the 19th Century musical tradition, to present two pieces by the German composer, Johannes Brahms (1833 to 1897). Although Brahms was not a musical innovator in the way that Beethoven was, in his lifetime he composed music that has stood the test of time, still a vital part of the classical repertoire today.



We listened to two of his great musical works, first being the Piano Trio No. 1, written in 1854, when he was only 21. Brahms became dissatisfied with it, and 35 years later he did a major rewrite; this was the version we heard. Second piece was his Fourth (and final) Symphony, written in 1885. This work was very different from his first three symphonies, and Brahms was concerned that it might be seen as “too difficult” for listeners to appreciate. However, his fears were unfounded; its first performance was greeted with vociferous applause, and it’s now recognized as one of the greatest of all symphonies.

Mary Cousins presented our second Zoomer; what a difference from mine, but certainly at least as enjoyable (maybe even more so); the music of that fabulous musical entertainer, Richard Hayman.

Richard Hayman (1920 to 2014) was an American composer, musical arranger, harmonica player extraordinary, conductor, band leader. In the 1940s, he became an arranger for Metro-Goldwyn-Mayer studios doing arrangements (often uncredited) for such MGM films as *Girl Crazy*, *Meet Me in St. Louis* and *Thousands Cheer*. From 1945 to 1950, he was musical director for the Vaughn Monroe Orchestra. He was the chief music arranger of the Boston Pops Orchestra for over 50 years, and served as a pops conductor for orchestras including the Detroit Symphony Orchestra, the St. Louis Symphony and the Cincinnati Pops.

He toured and recorded as a harmonica player and made dozens of recordings for Mercury Records as "Richard Hayman and His Orchestra." His biggest hit was a single, "Ruby," from the 1952 film *Ruby Gentry*, starring Jennifer Jones and Charlton Heston. Hayman's arrangement featured himself as harmonica soloist. Over a lengthy career, he created musical arrangements for more than 50 artists and entertainers including Barbra Streisand, Bob Hope, Liza Minnelli and Olivia Newton-John.

[Click here for your YouTube treat \(3 minutes\)](#): Richard Hayman conducting the Florida Sunshine Pops at the Eissey Theatre, Palm Beach Gardens, on 14th November 2004 – his own composition “Ruby”.



# CLUB TRAVEL



*Rodne Fjord Cruise, image by VisitBergen*

## Trip to Norway and Sweden

*by Joanne Millichamp, Travel Convenor*

The dates for our next PROBUS trip are September 8th to 21st, 2023, and we will be visiting the countries of Norway and Sweden.

We fly via Iceland Air to Bergen where we have a 3 night stay. A walking tour of the town takes in the colourful waterfront, the home of the composer Edvard Grieg (including a short concert) and a funicular ride up Mt. Floyen.

Norway is most famous for two things, their fjords and the Flam Railway trip and we will enjoy both on Day 4 of our trip. Sognefjord is the longest and deepest fjord and one of the most beautiful. During the 20 km. journey on the Flam Railway we will travel from the fjord up to snow covered mountains, passing by beautiful waterfalls and farms.

The second fjord we visit is called Lysefjord, where we will enjoy a cruise on an electric boat. The famous Preikestolen (Pulpit Rock) is located in this fjord, 604 metres higher than the boat.

A train ride takes us to Oslo, where we stay for 3 nights. The next day a city tour takes us to the many highlights, including Parliament, the Royal Palace, the Opera House and the City Hall. Afternoon visits include the Kon-Tiki museum and the Flam museum.

We visit the small town of Drobak in the countryside with its colourful houses and gardens. A visit to the Oscarborg Fortress is also on the agenda today plus a homemade lunch in a private home.

Next stop is Stockholm and a 4-night stay. We travel by high-speed train and our luggage goes by truck (same on the train ride to Oslo). This evening a Smorgasbord dinner is planned with Aquavit tasting.

Our tour of Stockholm includes a visit to Gamla Stan, the picturesque old town, plus the Royal Palace and the

*Continued >>>>>*



City Hall, where all the Noble prizes, other than the Peace Prize are presented. We also visit the Vasa Museum, home of the Vasa ship built in 1628. The afternoon takes us for a short cruise on Lake Malaren and a visit to Drottningholm Palace, a UNESCO world heritage site.

In the countryside we visit the picturesque town of Sigtuna, founded in the year 980. We see the town hall and have free time to wander around the cobblestone streets, markets, cafes, etc. The afternoon is at leisure back in Stockholm and that evening we will have our farewell dinner at a local restaurant.

The cost for this trip is \$6,980 per person and the single supplement is \$2,100. We are usually able to arrange for a room-mate for any singles so they don't have to pay the supplement.

Exclusions are \$510 departure & fuel surcharges and travel insurance.

Included are round trip flights, accommodation, all meals as per the itinerary, all portage at hotels and all gratuities for local guides, drivers, waiters, etc.

I would be happy to drop off a brochure for anyone unable to make it to the meetings. If you have any questions, please contact me at 289/878-2969 or [jmillichamp@hotmail.com](mailto:jmillichamp@hotmail.com)

## NEWS AND VIEWS

### Membership Report for December

*By Dawn Ross, Membership Chair*

I was happy to welcome in 5 new members last month: Maureen Therriault, Ian Therriault, Judy Griffin, Sharon Fraser and Colin Fraser.

We currently have 24 people on the waitlist.

We had our Newcomers Meeting on Wed Nov 9 at 10am at Grace Church Upper Hall. 11 new members attended. See the Newcomers Meeting Report in this issue for more details.

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#### Contributed by Fred Ground

A man is driving along the road when he realizes he's lost. He stops to ask a passer by.

"Excuse me, could you help me please? I have a meeting at 2pm, I'm running 30 mins late and I have no idea where I am!"

"Of course!" said the stranger. "You are in a car, on the A43 heading north, approximately 7miles and 400 metres from the city centre, 40° longitude and 58° latitude."

"You work for the government, am I right?" Asked the driver.

"Yes! How did you guess?"

"Quite simple: everything you just told me is technically correct, but practically useless. I'm still lost, I'm still going to be late, and I have no idea what to do with your information."

"You are a politician, am I right?" asks the man on the street.

"Yes! How did you guess?" replies the driver proudly.

"Quite simple. You have no idea where you're going, you've made a promise you can't keep and you expect someone else to solve your problem. In fact, you are in exactly the same situation that you were before you stopped to ask me, yet somehow, now it's my fault!"

\*\*\*\*\*

The wee man walked into the chemist and asked the assistant,

"What gets rid of the CoronaVirus?"

She says, " Ammonia cleaner."

He says, "Oh I'm sorry, I thought you worked here."

# MANAGEMENT TEAM



*President*  
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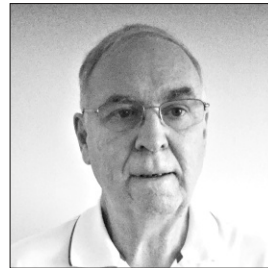
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## FORUM - THE ESCARPMENT PROBUS CLUB OF MILTON NEWSMAGAZINE

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### FORUM Deadline

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