

FORUM



Volume 10 - Issue 10 - October 2022

President's Message:

Introducing a New Year and a New Team for 2022-2023



We are beginning a new and wonderful year. Hopefully, we will have many more in-person meetings and activities.

First, I would like to thank the outgoing management team: Wayne Herder; Marg Jones; Barb Campbell, and Chris Wallhouse for their work and effort during this past year. They have given their best dealing with COVID etc. It has been a challenge.

Your new management team will be myself, Russ Cousins, President; Maggie Boothe, VP; Kelly Ground, Secretary; Jenny O'Brien, Social Chair; Roy MacKay, Program Chair; Diane Comstock, Past President; Peter Lasota, Forum Newsletter; Deb Harrold, Treasurer, and Dawn Ross, Membership.

Our Activity Chair, Ruth Gagnon, and her dedicated team has kept us very busy. What great and imaginative activities they have organized. Thank you!

The Social Club Convenors have given us lots of opportunity to be involved and active each and every week. Thank you!

Joanne Millichamp has also managed to fit in two amazing overseas trips. Thank you Joanne.

The Management Team is here to ensure that members have fun and enjoyable activities throughout the year.

We welcome your suggestions, or ideas to improve your experience with Escarpment Probus.

Contact any member of your team, we will do our best to ensure your continued positive Probud experience.

— Russ Cousins

Contents:

Activities.....	3
October Calendar.....	8
Recent Events.....	9
October Meeting.....	9
Social Clubs.....	13
News and Views.....	21
Management Page.....	22

Visit Our Website: www.escarpmentprobus.com

Photo of the Month

This month's photo, *Hike around Crawford Lake*, was contributed by Joanne Millichamp. Send your photos to peterlasota@gmail.com and I will select one for inclusion each month.



ACTIVITIES

October – The month of crisp, cool air and colour everywhere!

by Ruth Gagnon, Activities Chair

The heat of summer is done, and the chill of winter hasn't yet begun. Isn't that a joyful statement? We are starting another Escarpment Probus year and the activities keep on coming!

Check out Jenny's article on the Weiner Roast at Hilton Falls. She put her heart and soul into singing for us!



Activities Committee Members:
Ruth Gagnon
Anne Gibbard
Kelly Ground
Irene Hiebert
Ron Millichamp
Jenny O'Brien
Michelle Tschirhart

OCTOBER ACTIVITIES:



NEW! SNL (Saturday Night LiveS) at Ivy Arms – Saturday, October 1st at 5:30 pm

Convenor: Ruth Gagnon

'Twas the night after the PROBUS anniversary dinner/dance and no one felt like cooking! There were a number of peeps that wanted to go have a drink and maybe an appy or two! Come for a chat, come for a bite!



Halton Police – Scams Presentation – Thursday, October 6th at 10 am

Convenor: Ruth Gagnon

Join us at Grace Anglican Church as the Halton Police come back to give us an update on what's going on in the world of Cyber Security and Safety. Two of Halton's Regional Police will be sharing what the police are seeing and how to deal with various SCAMS and Cyber Security Tips. Both officers are Older Adult Abuse Investigators and also deal in financial crime and with vulnerable persons. The cost of this event is \$5/member and limited to 50 members.



Here is an excerpt from their website on what we will be hearing about:

The internet and social media have become permanent fixtures in our lives. While no online security system is perfect, the Halton Regional Police Service (HRPS) has developed some simple tips and steps you can take to protect you, and your information, while online.

Criminals are inventive and adapt their methods in order to identify potential victims and access their personal information. Most online criminals are scammers trying to trick people into giving them money or account access.

Many of the current frauds and scams including on-line relationships, banking tips and on-line shopping will be discussed.

Continued >>>>>

There are a number of simple steps that you can take to help protect you and your loved ones from various cybercrimes.

We will be hearing a wide range of tips from Smart Social Media Practices, Wi-Fi Security, Online Safety for Children, Secure Computers and much more!

Line Dancing, Thursday, October 13th at 2:30 pm

Convenor: Ruth Gagnon

Let's get physical! Join us on Thursday, October 13th at 2:30 pm to be active! The cost for this event is \$10.50 and the class is for approximately one hour. This will take place at the Burlington Legion, 828 Legion Road. We will be heading to the Judge & Jury located at 1222 Walkers Line in Burlington for noon. (At your own expense.)



Kahoot! Trivia LIVE! – Thursday, October 26th at 5 pm

Convenor: Kelly Ground

We're keeping this going! We will meet at Ned Devine's for a couple of rounds of Kahoot Trivia and dinner!! **Cellphones or iPads are still needed!** There will be prizes for the top three on the podium. Play by yourself or make a team!



The cost is \$2 per player for this event payable the door (see Ruth). We will be having a preset menu so please make your selection using Wild Apricot. Drinks & Dinner at your own expense.

NOVEMBER ACTIVITIES:

NEW! SNL (Saturday Night LiveS) at La Toscana Ristorante – Saturday, November 5th at 5:30 pm

Convenor: Ruth Gagnon



Ambiance. Great Food. Great Friends. It sounds like La Toscana Ristorante! Come and join us for a social evening of laughter and food! As they say, you eat with your eyes first so come out and enjoy a beautiful four course preset meal that you can select from when registering for this event. Please note that all meals include daily soup and dessert with coffee/tea/espresso ... maybe something else! The cost for this event is \$55/member plus your drinks.



Paint & Cocktails - Tuesday, November 8th at 4 pm

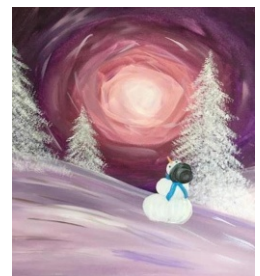
Convenor: Ruth Gagnon

It's the most wonderful time of the year and what better to get your Christmas shopping started by painting a very special picture that you can give to your loved ones or that extra special friend!

We will be heading back to Shoeless Joes to have a Paint & Cocktail session with our instructor, Gary, followed by a wonderfully fun dinner!

Grab a paintbrush, have a drink and enjoy the socializing!

We will be painting from approximately 4 - 6 pm and then enjoying a dinner of your choice.



Continued >>>>>

The cost for the painting portion of this activity is \$41/member and is limited to 12 members. Drinks and dinner are at your cost!

Let's see how artistic you are - or how much you are improving!

Menopause The Musical – Thursday, November 10th at 7:30 pm

Convenor: Ruth Gagnon

The cost for this show is \$77.50. Please note there will be no refunds given for cancellations. If there is a waitlist, I will be happy to share it with you.

From the Website:

Come see what millions of women worldwide, have been laughing, cheering and raving about for years! Set in a department store, four women with nothing in common, realize they have a lot more to share, than they ever thought possible!

The Canadian All -Star Cast makes fun of hot flashes, night sweats, mood swings, wrinkles, not enough sex, too much sex, chocolate binges and much more!

"Menopause" is hysterical & leaves you singing & dancing in the aisles. A brilliant comedy staged to 25 Classic Hits from the '60s, '70s and '80s. See It For The 1st Time or Come Love It Again!

A dinner reservation at Shoeless Joe's is being made for 5:15 pm. Please confirm with Ruth if you plan to go!



Murders Tastefully Executed – Fowl Play – Thursday, November 17th at 5:30 pm

Convenor: Ruth Gagnon

Just as you were looking forward to an evening of genteel dining and sophisticated socializing with Dr. Percival Popinjay, Dr. Goldie Finch, and others of the bird watching society, FOWL – Friends of Ornithologists World League – death enters as an unexpected guest and the cat is amongst the pigeons.



Is it a joke? Is it the food? Or is it FOWL play? Join the inspector as he ruffles feathers and eggs-amins countless clues in relentless pursuit of answers to increasingly ominous questions. Witness the stunning climax and perhaps share in the rewards of another successful investigation, another triumph of justice.

We will be meeting at Ned Devine's and the cost for this interactive murder is \$33.50/member plus dinner and drinks. **The Skip The Dishes group is joining us for this event. Be sure to sign up for the murder!**

NEW! Hints, Hacks & How To's – Tuesday, November 22nd at 2 pm

Convenor: Kelly Ground

It's time for that refresher or to learn something new! Learn how to get the most out of your Apple iPhone. We'll look at how to effectively use SIRI and how to take even better pictures and keep them organized for easy retrieval.

As with most technology, as the saying goes, 'if you don't use it, you'll lose it', so come out (again) and review, practice or just learn some new tricks.

This event is limited to 25 members. The cost for this event is \$2/member at the door. Please have exact amount, change will not be available.

Please note that the tips and tricks work better with iPhone 6 and above. This activity is for Apple products only. If you have any questions or concerns please contact Kelly at kmground@gmail.com.

DECEMBER ACTIVITIES:

A Christmas Scavenger Hunt – Tuesday, December 6th at 2 pm

Convenors: Kelly Ground & Ruth Gagnon

Tis the season to get out there with a heart of giving and fun and experience a truly unique scavenger hunt that can happen only once a year. Has your interest been piqued? This event is limited to 24 members. Step into the Christmas season with us and meet us at Grace Anglican Church to have a sleigh full of fun! There will be prizes!

Please note the following:

- the cost of this event is \$15/member and is non-refundable. Plus your dinner and drinks at Casa Americo.
- you will need to be in a team of four – no more no less. Please indicate whether you have your own team or need to be put into one.
- you will need a car.



JANUARY ACTIVITIES:

NEW! Ali Hassan: Does this Smell Funny? – Thursday, January 19th at 8 pm

Convenor: Ruth Gagnon

Are you ready for a laugh? Join us at the MinMaxx Theatre at FirstOntario Arts Centre Milton located at 1010 Main Street East, Milton. ***Tickets are only available until October 20th and the cost is \$52/member.***

From the website: *Deconstructing a chef's journey from food to comedy Ali Hassan's career plans started off as simply as anyone's: become a chef, get a food show on television, get a second food show on television, be the face of the network and have oven mitts with his face on them. This show is a hilarious exposition of Ali's journey in and out of the culinary world in which he spent 12 years. Think Eat, Pray, Love. Minus the Prayer.*

NEW! Clear Estates – Estate Planning & Settlement - Tuesday, January 24th, 2023 at 10 am

Convenor: Ruth Gagnon

When was the last time you looked at your Will and POA? What is Probate anyway? Has someone named you as an Executor?

Who did you name as your Executor? Does it need to be updated? Maybe your favourite, you are named an Executor!! So what is your role? Did you know it typically takes 16 - 24 months to resolve an Estate? Get some expert guidance on Estate Planning and Settlement.

Join us on Tuesday, January 24th, 2023 at 10 am at Grace Anglican Church as ClearEstates gives us a refresher on these topics and covers many more from foreign assets to assets / liabilities and their distribution, taxes and their clearances.

ClearEstates is going to help us to demystify the responsibilities of an estate executor and explain the process as painlessly and efficiently as possible. Settling a loved one's estate can be emotionally draining, time-consuming, and even expensive if you're not careful.

Heavy reliance on lawyers and accountants can add up quickly and eat away at a sizeable part of a loved one's estate. We will be given some guidance to empower you to settle a loved one's estate efficiently and confidently.



Continued >>>>>

This is not a sales pitch, but for our awareness, ClearEstates will share how they can help to support grieving families by completely removing estate settlement from their concerns. ClearEstates will empower estate executors and pre-planners and serve as a helping hand through the all estate processes.

The cost for this event is \$5/member. We will head out for lunch at Ned Devine's after this session so please register and make your meal selection using Wild Apricot.

FEBRUARY ACTIVITIES:

An Evening with Jann Arden – Friday, February 3, 2023 at 8 pm

Convenor: Ruth Gagnon

Join us for a wonderful evening with Jann Arden at the FirstOntario Arts Centre in Milton. Here is what you can expect from their website:

Jann Arden is a multi-platinum, award-winning singer, songwriter, actor and author. Arden has released 15 albums with 19 top ten singles. Her most recent project, *Descendant* was released in January 2022 and features a 15-song collection representing the last 18 months of Arden's life and headspace. A bold, beautiful, and empowering sound of Jann Arden, *Descendant* signifies a return to form for the multifaceted artist, reflecting on where she came from and where she is headed.



SOCIAL

Calling Santa's Elves

by Jenny O'Brien, Correspondent

Did you know there are only **86 more days 'til the Probus Christmas Luncheon?!** If you would like to be on the organizing committee for the luncheon, please reach out to Jenny O'Brien at:

jenny0103@rogers.com. Remember, many elf hands make light work for all! HO! HO! HO!



Wordplay

Contributed by Peter Lasota

1. What is the longest word in the English language? 'Smiles'. Because there is a mile between its first and last letters.
2. What begins with T, ends with T and has T in it? A teapot.
3. What do you say when you are comforting a grammar nazi? There, Their, They're
4. What five-letter word becomes shorter when you add two letters to it? Short
5. When does a dialect become a language? When its speakers get an army and a navy.
6. Don't you know the Queen's English? Why, yes, I'd heard she was.
7. Let's eat Grandma! Let's eat, Grandma! Punctuation saves lives!
8. What's another name for Santa's elves? Subordinate clauses!
9. Why did the comma break up with the apostrophe? Because it was too possessive.
10. What's the difference between a cat and a comma? A cat has claws at the ends of its paws and a comma is a pause at the end of a clause.

OCTOBER CALENDAR

EVENT	DATE		TIME	LOCATION	CONVENOR
Activities					
Saturday Night LiveS	October	1	5:30 PM	Ivy Arms	Ruth Gagnon
Halton Police - Scams	October	6	10:00 AM	Grace Church Hall	Ruth Gagnon
Executive Meeting	October	12	7:00 PM	Comstock Home	Diane Comstock
Line Dancing	October	13	2:30 PM	Burlington Legion	Ruth Gagnon
Escarpment PROBUS monthly meeting	October	19	9:30 AM	Connect Centre	Diane Comstock
Lunch Bunch	October	19	12:00 PM	Montana's BBQ	Joy Castello
Kahoot Live	October	26	5:00 PM	Ned Devine's	Kelly Ground
Clubs					
Probus Info Exchange - PIE	Online only				Cliff Read
Crafts - Quilting - <i>Piece Makers</i>	October	4	1:00 PM	Nelson Home	Diane Comstock
Trail Walkers	October	4	1:30 PM	Various	Cliff Read
Crafts - <i>Craftoholics</i>	October	5	1:00 PM	Grace Church Hall	Dana Weatherell
Tastings - Whisky - <i>D'Stillers</i>	October	5	7:00 PM	TBD	Chris Strachan
Classical Music - <i>Mozart and Friends</i>	October	6	2:00 PM	Zoom	Michael Hooker
Nosh & Natter	October	8	5:30 PM	Murphy Home	Jenny O'Brien
Cards - Cribbage - <i>Card Sharps</i>	October	10	7:00 PM	TBD	Martin Capper
Games - High Rollers (Yahtzee)	October	11	1:00 PM	Zoom	Pat Vogt
Movies - Oscar Nights	October	11	7:00 PM	Milton Cineplex	Petra Halk
Trail Walkers	October	11	1:30 PM	Various	Cliff Read
Books – Sequel	October	12	1:15 PM	Rea Home	Carolyn Rumley
Games - Bee-Gees	October	12	1:00 PM	Grace Church Hall	Diane Comstock
Games - Jokers	October	13	1:30 PM	Grace Church Hall	Auriel Halliday
Books – First Edition	October	17	1:00 PM	Grace Church Hall	Paul Crawford
Cards - Euchre	October	17	1:15 PM	Grace Church Hall	Lorrette Shermet
Books – Trilogy	October	17	10:00 AM	Ross Home	Dawn Ross
Trail Walkers	October	18	1:30 PM	Various	Cliff Read
Cards - Bid Euchre	October	20	1:15 PM	Grace Church Hall	Lorrette Shermet
Crafts - Knitting - <i>Chicks with Sticks</i>	October	20	10:30 AM	TBD	Christine Willekes
Dining - <i>Skip the Dishes</i>	October	20	5:30 PM	Riposta Bistro	Lorrette Shermet
Classical Music - <i>Mozart and Friends</i>	October	20	2:00 PM	Zoom	Michael Hooker
Dining - Appy Hour	October	22	6:30 PM	Crawford Home	Mary Cousins
Cards -Canasta	October	24	1:15 PM	Grace Church Hall	Lorrette Shermet
Games - High Rollers (Farkle)	October	25	1:00 PM	Zoom	Pat Vogt
Trail Walkers	October	25	1:30 PM	Various	Cliff Read
Friendship Club	October	26	10:00 AM	Seasons Retirement	Judy Krauss
Tastings - Beer - <i>Suds and Buds</i>	October	27	7:00 PM	CANCELLED	Looking for new convenor
Games - Jokers	October	28	1:00 PM	Grace Church Hall	Auriel Halliday
Nosh @ Nite	October	28	5:30 PM	Millichamp Home	Paul Crawford

New information

Temporary change

* Permanent location

MEETING: OCTOBER



Dr. Sharon Cohen - TORONTO MEMORY PROGRAM

Dr. Sharon Cohen is a behavioural neurologist known for her excellence in patient care, teaching, and clinical research. She completed her neurology residency and behavioural neurology fellowship at the University of Toronto. She is the medical director and site principal investigator of Toronto Memory Program, a community-based medical facility which she established in 1996 for the purpose of enhancing diagnosis, medical care, and therapeutic options for individuals with, or at risk for, Alzheimer's disease and related disorders. Her memory clinic and research site are among the most active in Canada.

RECENT EVENTS

September Meeting

Our September general meeting was held Wednesday September 21st. Our speaker was Raj Balasubramanian who talked about protecting ourselves from financial fraud and scams.

Due to a zoom account lockout, the meeting was not available to the zoom members. Because of this, we did not achieve a quorum for voting, so the Financial report vote will be held in October. Also, there is no meeting recording.

We had two guests at the meeting, Aileen Morris and Agatha Wierenga, both of whom hope to become members and are currently on the wait list.

Agatha Wierenga was the lucky 50/50 winner of \$108.



Our greeters, Carole and Lynda



Our 50/50 winner



Our speaker



REMINDER: Please wear your PROBUS badge at events. This will let members know that you are part of our group and will make it easier for us to introduce ourselves to each other.

A Kiss of Colour Shines on Probus Walkers - Friday, September 23rd

by Jenny O'Brien, Convenor

An amazing day awaited 17 hearty hikers, when we met at Hilton Falls Conservation area. Many helping hands carried our lunch supplies up the trail to the fire pit, where a welcoming fire awaited us. We quickly spread out our feast and the trail walkers descended on the fire to grill their 'dogs'. An assortment of chips and clementines complimented their lunch, which was finished off with toasted marshmallows and brownies. While the falls were only a trickle on this sunny day, the beauty around us was appreciated by all. A kiss of colour in the trees could be seen, forecasting what lies ahead in the coming weeks.. Happy fall y'all!



For the Love of Chocolate - Tuesday, September 27th

by Ruth Gagnon, Activities Chair

There was great anticipation for the group of 15 of us to begin this session. Well, okay, maybe it was just me! Oliver Woodburn, our Tasting Tutor, provided us with an enjoyable education about chocolate and showed us how to use all our senses while eating our way through different types of chocolate. From smelling, to hearing, to.... well, you get it! We learned about the Cacao Trees: The Forastrero tree produces 90% of the world population of chocolate (and is about seven feet tall) and the Criollo and Trinitario trees (which are about 12 feet tall) produce about 10% of the world's chocolate, but is a much better quality. Did you know the first chocolate bar was made in 1847? It did not look very appealing.

We were reminded of the Lucille Ball episode where she worked in a chocolate factory and stuffed great quantities of chocolate in her mouth! Rick Pearen was reminded of memories of his youth when he used to work at a chocolate factory and thought he had gone to heaven! Of course, Richard Lee didn't fail to amuse us with his subtle ways of sneaking chocolate!

Oh and Michael Boothe still claims his favourite is Walmart's "Belgium" Chocolate – for the taste and the size for your money! Here are a few chocolates that we tried – and you might want to!

- *President's Choice – Ruby Cocoa Bean Bar*
- *Swiss Delice – Dark Chocolate 72% Cocoa*
- *Merci – Dark Chocolate 72%*
- *Merci – Milk Chocolate*
- *Hershey Kiss – Milk Chocolate*



Contributed by Ron Millichamp

An Engineer dies.. and goes to Hell. Dissatisfied with the level of comfort, he starts designing and building improvements.

After a while, Hell has air conditioning, flush toilets and escalators. The engineer is a pretty popular guy.

One day God calls and asks Satan, "So, how's it going down there?"

Satan says, "Hey things are going great. We've got air conditioning and flush toilets and escalators, and there's no telling what this engineer is going to come

up with next."

God is horrified. "What? You've got an engineer? That's a mistake - he should never have gone down there! You know all engineers go to Heaven. Send him up here! "

Satan says, "No way. I like having an engineer on the staff. I'm keeping him."

God says, "Send him back up here or I'll sue."

"Yeah, right," Satan laughs, "and where are you going to get a lawyer?"

V!VA – Nutrition, Mental Health & Wellness - Thursday, September 29th

By Ruth Gagnon Convenor

There were 28 Probians that received lots of great information as Amanda Li shared on the importance of ensuring we get our five nutrients: protein, fibre, vitamin B12, vitamin D and magnesium.

She did a participation question to see if any of us were vegetarian or vegan. Avril was quick to confirm that she was flexitarian. If you don't know what that means, check in with her.

Some tips that we captured about the importance of nutrients are:

- *To determine how much protein you should have, take your weight in pounds and multiply it by 0.545 = grams of protein you should have daily.*
- *What better way to have fibre than to have an apple a day! It may not keep the doctor away but it's good for you! And remember spinach, swiss chard and beet greens contain a high amount of oxalates and should always be boiled or steamed as this is an effective way of decreasing the oxalate content.*
- *Vitamin B12 is a great benefit to your body by boosting your energy, improving your memory and helping to prevent heart disease.*
- *Vitamin D should be eaten with fat sources so that it is absorbed so make sure you take it with a meal!*
- *Magnesium has over 100 functions in our body and helps regulate our blood sugar. It has also been shown to help with restless leg syndrome or if you have a hard time sleeping (among other things).*

Before you change anything, make sure you check in with your doctor!

Amanda encouraged us to be active and that can be something as simple as walking with a reminder that as we age, resistance training (such as lifting weights) is important. She answered a lot of questions that members had including about gut micro-biome and diabetes. As winter approaches and we are faced with cold and icy conditions, remember that we have the indoor track at the Velodrome and the Sports Centre. Stay safe!

All in all it was a very good session and many members expressed it would be great to have her back or being able to contact her directly. For the participants at the session, I will follow up with you shortly on that.



SOCIAL CLUBS

Club	Date/Time	Convenor	Telephone	Email
Book Club - First Edition	2nd Mon. - 1 pm	Paul Crawford	289-878-4968	paulellencrawford@gmail.com
Book Club - Happy Bookers	4th Thurs. - 12:30 pm	Looking for new convenor		
Book Club - Ravenous Readers Recycling	3rd Wed. - Probus meeting	Ellen Crawford	289-878-4968	paulellencrawford@gmail.com
Book Club - Sequel	2nd Wed. - 1:15 pm	Carolyn Rumley	905-302-0442	carolynrumley@sympatico.ca
Book Club - Trilogy	2nd Mon. - 10 am	Dawn Ross	905-636-9838	sdawnross55@gmail.com
Cards - Bid Euchre	3rd Thurs. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Bridge	1st Tues. - 1 pm	Looking for new convenor		
Cards - Canasta	4th Mon. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Cribbage - Card Sharps	2nd Mon. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Cribbage - Card Sharps	Tues. after the 2nd Mon. - 1:30 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Euchre	3rd Mon. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Classical Music - Mozart and Friends	1st & 3rd Thu. 2:00pm. ZOOM	Michael Hooker	905-878-8953	mhooker10@bell.net
Club Français	2nd Wed. - 10 am / 11 am	Anne-Françoise Gibbard	905-854-3781	anne@gibbard.net
Crafts - Craftaholics	1st Wed - 1 pm	Dana Weatherell	905-875-9064	dweatherell@yahoo.com
Crafts - Knitting - Chicks with Sticks	3rd Thurs. - 10:30 am	Christine Willekes	905-820-0269	chriswillekes@gmail.com
Crafts - Quilting - Piece Makers	1st Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Dining - Appy Hour	Last Sat. - 6:30 pm	Mary Cousins	416-628-6275	mlecousins@outlook.com
Dining - Lunch Bunch	3rd Wed. - noon	Joy Castello	416-844-9404	alegriav@cogeco.ca
Dining - Nosh & Natter	2nd Fri. - 5:30 pm	Jenny O'Brien	289-851-8477	paulenly0103@rogers.com
Dining - Nosh@Nite	4th Fri. - 5:30 pm	Paul & Ellen Crawford	289-878-4968	paulellencrawford@gmail.com
Dining - Saturday Night Lives	1st Sat. - 6 pm	Looking for new convenor		
Dining - Skip the Dishes	3rd Thurs. - 6 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Dining - Supper/Dinner Club	Scheduled by convenor	Auriel Halliday	905-336-2430	aurielh@gmail.com
Friendship Club	4th Wed. - 10 am	Judy Krauss	289-878-8194	judyckrauss@gmail.com
Games - Bee Gees	2nd Wed. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - High Rollers (Farkle)	4th Tues. - 1 pm	Pat Vogt	905-877-2495	pvogt@cogeco.ca
Games - High Rollers (Yahtzee)	2nd Tues. - 1 pm	Pat Vogt	905-877-2495	pvogt@cogeco.ca
Games - Jokers	2nd Thurs. - 1:30 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Games - Jokers	4th Wed. - 1 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Movie Club - Oscar Nights	2nd Tues. - 7 pm	Petra Halk	647-913-6041	petra.halk@gmail.com
Probus Info Exchange - PIE	Online only - no meetings	Cliff Read	905-864-1565	cliff.read@cogeco.ca
Sports - Bowling - 10 Pin	Shut Down	Looking for new convenor		
Sports - Golf - Pin Seekers	TBA	Roy MacKay	416-953-0633	roy@roymackay.ca
Tastings - Beer - Suds and Buds	4th Thurs. - 7 pm	Looking for new convenor		
Tastings - Whisky - D'Stillers	1st Wed. - 7 pm	Chris Strachan	905-878-0812	strachan.chris1944@yahoo.ca
Tastings - Wine - Grapenuts	1st Mon. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - Grapenuts	1st Thurs. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - Grapenuts	2nd Wed. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Travel - Annual Trip	Scheduled by convenor	Joanne Millichamp	289-878-2969	jmillichamp@hotmail.com
Travel - Wanderlust	2nd Thurs. - 7 pm (bi-monthly)	Gloria Pennycook	905-659-7789	gpennycook@icloud.com
Walkers - Trail Walkers	Every Tues. - 1:30 pm	Ronald Flannagan	905-332-6310	rflannagan@cogeco.ca

Convenors and anyone else intending to use the Escarpment PROBUS Zoom account for an event: The account allows the operation of one event at a time with up to 100 participants. To avoid scheduling conflicts, please contact our Zoom coordinator Lorrette Shermett (lorrette@sympatico.ca) before planning your event.

If you need help with the Zoom program, - check out our Zoom page at <https://www.escarpmentprobus.com/zoom>. All the information you need to use Zoom is there.

Remember: Under the Escarpment Probus Bylaws Article 2 – Membership – Members must not use other member's email addresses for their own personal use such as fundraising.

Clubs: Food and Drink

California takes the top scores!

by Dawn Ross, Correspondent

PROBUS
grape
-nuts
WINE TASTING CLUB



On September 8th, we gathered for Wine Tasting, hosted by Theresa and Dawn, at Dawn's home. We tasted a six-pack of wine picked by Toronto Star wine writer, Carolyn Evans Hammond.

There were 2 whites and 4 reds, coming from France, California, Sardinia and Argentina. The two whites scored very close, but with a score of 12.7 **Kendal -Jackson 2020 Vintner's Reserve Chardonnay** was the winner. The red wine winner was **Z. Alexander Brown Uncaged Cabernet Sauvignon 2019**, with a score of 14.7.



Next Lunch Bunch at Montana's BBQ

by Joy Castello, Convenor

After September's general meeting 21 members went to Turtle Jack's for lunch (photos below). The restaurant was very busy and service was slow. But conversation was lively and the meals were tasty once they finally arrived!



On Wednesday, October 19th, we will be going to Montana's BBQ and Bar at Milton Crossroads, 1230 Steeles Avenue. Montana's is near Staples and Canadian Tire. You can check out the menu at montanas.ca. If you have a CAA card, show your server for a 10% discount.



Noshing at the Finnies - Photo Gallery



Skipping the dishes going to Riposta Bistro

by Lorrette Shermet, Convenor

Skip the dishes will be heading out to Risposta Bistro in Campbellville on Thursday, October the 20th for 5:30 PM. Risposta Bistro is located at 24 Crawford Crescent in Campbellville. They offer authentic Italian food with a Mediterranean flavour. I was hoping for an Octoberfest style restaurant but everything I looked up, was an hour or more away. Risposta the Bistro is only 20 minutes away and I suggest carpooling. A menu will be put on wild apricot. If you are not registered on skip the dishes in wild apricot let Lorrette know and you will be signed up.



Contributed by Fred Ground

The wisdom of old men

Two guys in their mid-twenties, are sitting at a bar having a beer.

One of the guys remarks to the other "Boy, you are looking really tired".

His friend replies "Dude, I am exhausted-my girlfriend wants sex all the time! Three, four, even six times a night! She wakes me up at all hours. I just don't know what to do!".

A fellow in his seventies is sitting a few bar stools down from them, and overhears their conversation.

He looks over over at the two men, and showing the wisdom of his years, says "Marry her! That'll put an end to that nonsense!".

A lion was becoming rather old and slow and was having trouble catching his prey. He decided he needed a disguise so that other animals would not know he was a lion and would therefore not run away.

So he went into a fancy dress shop and bought a gorilla suit. He then headed for a watering hole to see if he could catch something with his cunning disguise. On the way to the hole, he came across two eagles sitting on a rock.

One of the eagles said: "Morning, Mr Lion."

The other eagle said: "Where did you get that gorilla suit?"

The lion was devastated. "How did you know I was a lion?" he asked.

The eagles then started to sing: "You can't hide your lion eyes....."

Clubs: Books & Crafts

The Golden Son by Shilpi Somaya Gowda

by Margaret Anne Fehr, Correspondent



Trilogy Book Club met at the home of Ella Dolan on Monday, September 12th to discuss our book club pick, *The Golden Son*, by Shilpi Somaya Gowda.

The story revolves around Anil Patel, the titular golden son, of whom much is expected by his family who are prosperous landowners in a tiny Indian village. While he is heir apparent to his family's property and status, Anil has his own ambitions to become a medical doctor and to begin a medical residency in Dallas, Texas that has a reputation as one of the busiest and most competitive hospitals in America.

But leaving behind his former life that is steeped in tradition and familial ties is not a simple process. When his father dies, Anil becomes the de facto head of the Patel household and takes on the mantle of arbiter for all of the village's disputes. He also leaves behind a close childhood relationship with Leena, a girl from a lower status family who goes on to a disastrous marriage where she is severely mistreated and nearly murdered by her uncaring husband.

The novel describes the pressures that Anil faces as he comes close to abandoning his medical ambitions as he learns the workplace politics that he must navigate and assess as he charts his professional benchmarks, as well as establishing personal relationships that are a complete contrast to his upbringing.

Our group discussion took us down numerous paths, especially the mistreatment of Indian women like Leena who are duped into marriages based on her family's dowry and come to live a life of marital servitude. Leena runs away from her marriage to save her life but suffers the double bind of being forever labelled as 'dishonourable' in the eyes of her community.

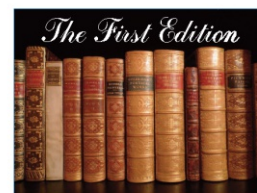
This book also described the racism that Anil and his friends encounter in Texas as they are targeted by some 'good ole boys' that result in serious injuries and prolonged hospitalization to one of Anil's friends.

The book illuminates the ambivalence of people caught between past and present, the push and pull of living in two disparate cultures and the painful decisions that the characters make to find their true selves.

Trilogy members unreservedly recommend the book and rated it with 9's and 10's.

The Sanatorium by Sarah Pearse not a hit

by Auriel Halliday, Correspondent



I belong to the First Edition book club, and I think that last month I had the honour, or not, of choosing one of the worst books we have ever read. Before choosing this novel from the book club kits available at the Library, I did review it and it had some glowing reports

"The Sanatorium" is a first novel By Sarah Pearse, and although she writes well, the story was confusing and unbelievable.

A turn-of-the-century abandoned sanatorium, built high in the Swiss Alps and surrounded by forest, has been renovated into a 5 star 'minimalist' hotel. It's also the destination for an engagement celebration for Elin Warner's estranged brother Isaac and his fiancée Laure. But then there is a terrible winter storm, an avalanche and multiple bodies.

The concept was great but the execution was flawed. The main character is not very likeable. The pacing is slow at the start and the author uses too much misdirection.

Continued >>>>>

So sadly, what could have been a brilliant thriller, failed to thrill our group.

Sadly, the average score for this book, based on our twelve book club members was 4.25.

Sarah Pearse has now written her second novel and I really hope that it is a little better than this one. The book is called "The Retreat" and maybe I will read it, because Sarah is a young novelist and lives in Devon, U.K. where I originate. Thanks for reading this review.



Craftaholics

By Dana Weatherell, Convenor



Craftaholics

With many away on holidays or busy with Grand kids, there were just a couple of us this month. I suspect many will return now that kids are back in school and the weather will soon turn. In the meantime Sharon, Sandra and I met on September 7th. They both wanted to make the paper flowers and vase so a twirling of paper began again. Sharon opted for a bright beautiful yellow, while Sandra chose to do a lovely lilac colour. I was planning to make a bunch of tags for gift bags but after cutting all the paper and getting my stamps ready, I realized I forgot my ink pad! It's a little hard to stamp without ink ...sigh.

The three of us chatted away and I watched them cover themselves in glue. I did however eventually provide them with wipes for a quick clean up. They were both quite pleased with their creations.

Our next meeting is Wednesday October 5th and it is a bring your own craft day. Come join us and craft away on whatever project you have on the go. Please bring a loonie to donate to the church for use of space.



Trail Walkers Join Pirate Crew

by Cliff Read, Correspondent



The Trail Walkers Club came across a pirate ship during our latest walk to Mountsberg Conservation area. Looks like Mountsberg is starting to get ready for Hallowe'en. The club walks every Tuesday afternoon starting at 1:30. Contact Cliff Read (cliff.read@cogeco.ca) if you would like to be included on the mailing list.

One Liners

Contributed by Fred Ground

An invisible man married an invisible woman. The kids were nothing to look at either.

I took my new girlfriend out on our first date to the ice rink, and entry was half price. She called me a cheap skate.

Studies show cows produce more milk when the farmer talks to them. It's a case of in one ear and out

the udder

My cross-eyed wife and I just got a divorce. I found out she was seeing someone on the side.

My wife claims I'm the cheapest person she's ever met. I'm not buying it.

I told my carpenter I didn't want carpeted steps. He gave me a blank stair.

What did the surgeon say to the patient who insisted on closing up his own incision? Suture self.

Clubs: Games & Cards

Jokers Jump Back To It!

by Jenny O'Brien, Correspondent

After a long hiatus of in-person games, the first of two monthly Joker Groups resumed the fun on Thursday September 8th at Grace Anglican Church. Twelve eager players hit the boards, where laughter could be heard as we jostled our way forwards and backwards, and for some unlucky players, not moving anywhere because of uncooperative cards! Two players had a perfect 3 game winning streak and two players failed to get into a winning groove, but all twelve players had a terrific afternoon.



Yahtzee Meets a Board Game!

by Diane Comstock, Convenor

For our September game play, Yahtzee Showdown was chosen by Lorraine. Since we had only 1 board for 4 players, Diane made one from cardboard and used poker chips. Players move pawns around a board with 12 open spaces and 4 'wild' spaces. The object is to place the 12 regular Yahtzee combinations on the board. Once all combinations have been claimed, each player gets one more turn in which they're allowed to keep playing as long as they keep stealing ownership of a card. Whoever has the most chips on the board at the end of the game wins.



Although most had played Yahtzee before, only Stephen, Diane, and Lorraine had previously played the Showdown version. On Table 1, Sharon beat out Stephen and Dana, while on Table 2, Danielle won against Lorraine, Beth, and Diane by stealing cards during her Showdown turn.

The losers changed tables, and Dana was sad because once again most of her cards were stolen in the Showdown turn; this time Lorraine had the most points. On table 2, Diane did the stealing and ultimately won against Sharon and Beth.

Our game for October is Sequence, suggested by Marg. Anyone interested in board games, come on out. If you do not know the game, we will teach you.



Euchre

by Diane Comstock, Correspondent

Thirteen members arrived at Grace Church Hall to play Euchre in September. Someone had forgotten to register, but Lynda happily bowed out so we could have 3 tables of four. During the afternoon, there were several attempts at lone hands with Lorraine and Jenny successfully achieving 3 each. Jenny was the high scorer of the day with 45 points while Patricia did her best.



If you would like to play euchre, let Lorrette know and she will add you to the group.



Canasta

by Lorrette Shermet, Convenor



Fourteen people played canasta this month.

We had two tables of four players and two table of three players. We had two newbies join us this month Bob Stringer and Danielle, they both picked up the game fast and played well. Steven Comstock and Harold O'Brien had lady luck - oops - I mean male luck on their side. Harold making a canasta on seven wild cards earning 1,000 points and Steven having four red threes dealt to him earning 800 points. It was a great afternoon, it is a fun game and if you're willing to learn we are willing to teach.



Bid Euchre

by Diane Comstock, Correspondent

Eight members played Bid Euchre in September and we welcomed Bonnie Chapman and Carole Windsor back to the tables. In the first round, Bonnie showed that she had not lost her touch as she and Diane bid and won four 5-point hands to beat out the team of Stephen and Cindy. At the other table, Jacqui and Rick had some trouble after losing 2 Call 2 hands to Danielle and Carole.



Continued >>>>

In the second round, it was a very close game with Danielle/Cindy beating out Carole/Stephen by two points. At the other table, it was not the same story as Jacqui/Bonnie blew Diane/Rick out of the water after a failed Call 1 bid.

In the third round, Bonnie/Stephen took charge and won over Carole/Jacqui while Cindy/Diane won over Danielle/Rick. Bonnie was the winner for the day with 3 wins and no losses. As I said in the beginning - she has not lost her touch.

If you like bidding card games, let Lorrette know and she will add you to the group.

Clubs: Classical Music

Musicals, Musicals, Musicals!

by Michael Hooker, Convenor

Asoka Yapa took us on a fascinating tour through the “classic” years of Musicals, from the 40’s to the end of the 20th Century, penned by the great composers of words and music in that era, including: Rodgers and Hammerstein, Lerner and Loewe, Jule Styne and Bob Merrill, Andrew Lloyd Webber and Tim Rice, Irving Berlin.



We started with "Oklahoma!", the first musical written by Rodgers and Hammerstein. It opened in March 1943, and was an immediate box office hit, running for an unprecedented 2,212 performances. This musical epitomized the development of the "book musical", a play in which the songs and dances are fully integrated into a well-made story, with serious dramatic goals, that is able to evoke genuine emotions other than just amusement.

Then we continued through other gems like: Camelot, Funny Girl, Mary Poppins, Evita, Phantom of the Opera; finishing up with Jesus Christ Superstar. Here's a clip from Funny Girl; “People” sung by (who else) Barbra Streisand (4 minutes): [Click here to see video.](#)

For our second September Zoomer, Gerry Kennedy and I guided the Mozartians through the songs and music of George Gershwin, (1898 – 1937); an American composer and pianist whose work spanned both popular and classical genres. Among his best-known works are the orchestral compositions “Rhapsody in Blue” and “An American in Paris”, the songs "Swanee" and "Fascinating Rhythm", the jazz standards "Embraceable You" and "I Got Rhythm" and the opera “Porgy and Bess” , which included the hit "Summertime".

We heard and watched a full performance of “Rhapsody in Blue”, many of his most famous songs, and a long clip from the film, An American in Paris, which concluded the movie - an extensive, elaborate dance sequence, built around Gershwin’s “An American in Paris” symphonic poem, and danced by Gene Kelly and Leslie Caron. Your YouTube Gershwin tickler is “Fascinating Rhythm”, with Tony Bennett and Diana Krall (3 minutes). [Click here to see video.](#)

At PROBUS we want to keep in touch, we are all friends. If you know of anyone who is ill, moving away, lost a loved one, etc., or someone with a new grandchild, great grandchild or special anniversary, please let Lorrette Shermet know and she will gladly send a greeting card from PROBUS (contact lorrette@sympatico.ca or 905-878-1293).

NEWS AND VIEWS

Membership Report for October

by Dawn Ross, Membership Chair

Our Membership fees were due by Oct 1, 2022, so hopefully by now everyone has paid.

Your original signed waiver form was good until Dec, 31,2022

Now you can go into your Profile and Edit to accept the new waiver for the next year. Once you sign in you can you're your Profile, then Edit Profile, scroll down to 2022/2023 Waiver and check the box to accept it, scroll up and save and you are done until Dec, 1 ,2023

I have now been able to add 5 new members from our waitlist. They are Simone Serre, Theresa Caristena, Nuala Harold, Karen Latremouille and Pam Grundie.

Currently there are 24 people on our waitlist.

Am I Really Getting to That Age?

Contributed by Fred Ground

I found this timely, because today I was in a shoe store that sells only shoes, nothing else. A young girl with a tattoo and green hair walked over to me and asked, "What brings you in today?"

I looked at her and said, "I'm interested in buying a refrigerator." She didn't quite know how to respond, had that deer in the headlights look.

I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.

When people see a cat's litter box they always say, "Oh, have you got a cat?"

I just say, "No, it's for my company!"

Employment application blanks always ask who is to be called in case of an emergency. - I think you should write, "An ambulance."

The older you get the tougher it is to lose weight because by then your body and your fat have gotten to be really good friends.

The easiest way to find something lost around the house is to buy a replacement.

Have you ever noticed: The Roman Numerals for forty (40) are XL.

The sole purpose of a child's middle name is so he knows when he's really in trouble.

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.

Some people try to turn back their "odometers." Not me.

I want people to know why I look this way.

I've traveled a long way and a lot of the roads were not paved.

Ah! Being young is beautiful but being old is comfortable.

Lord, please keep your arm around my shoulder and your hand over my mouth.

May you always have:

Love to share,

Cash to spare,

Tires with air,

And friends who care

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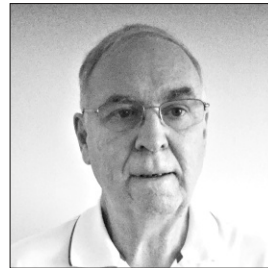
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FORUM - THE ESCARPMENT PROBUS CLUB OF MILTON NEWSMAGAZINE

This newsletter is published monthly in PDF format. If you know someone who you feel might be interested in joining the Escarpment PROBUS Club, please forward this publication with our compliments.

FORUM Deadline

The editor notifies the management team and all convenors of the deadline for articles and pictures for publication for each issue. Stories and articles may be emailed to the editor or submitted to any member of the management team. Escarpment PROBUS Club reserves the right to refuse, edit, or change any copy or image submitted.