

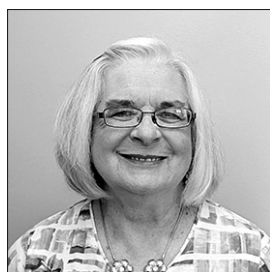
# FORUM

Volume 9 - Issue 11 - November 2021



## President's Message:

## Farewell & Welcome



Our membership drive is now complete and sadly we had to say goodbye to 25 members who for one reason or another decided not to renew. We wish them safe travels and best wishes for whatever comes next in their lives. On a happier note, we welcomed 3 new members in September and 11 new members in October. There are still 2 spots open and Dawn (our membership chair) is contacting the next names on the waitlist. By the end of November we will be at full capacity of 250 members.

October was the month we started indoor dining and activities. A few of the social clubs held their meetings indoors as well. WOW! Almost feels like we are getting back to 'normal'. The clubs that have been meeting outdoors will be making the decision to meet indoors or resort back to Zoom. Either way, our social clubs keep us engaged, so if you do not belong to any, have a look at the website and see what we have to offer. Our October speaker was very informative, and I must admit, a little scary. I, for one, have reviewed and changed my Facebook settings and am now in the process of rethinking and changing my passwords.

Looking forward, Ruth and her committee have 6, yes 6, activities scheduled in November. Based on the fact that most are at capacity, shows that our membership is eager to meet in person. And yes, the Christmas Luncheon is a go! See the article further down in the Forum.

Let's continue to practise social distancing and stay safe and healthy!

— Diane Comstock

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### Help our members recognize you

We encourage you, if you are comfortable, to upload your photo to your profile on our website. It will help our members put a face to your name.

For help on how to add a photo to your profile, [click here](#). You will need to login to our website.

— Russ Cousins, VP

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Visit Our Website: [www.escarpmentprobus.com](http://www.escarpmentprobus.com)

# Membership Report

*by Dawn Ross, Membership Chair*

As of the end of October we have 249 members, and only one has not renewed.

I would like to welcome 9 new members and 2 returning members: Ann and Roy MacKay, Patricia Mastracci, Judi and Jim Jones, Nancy Cairns, Donna Carpenter, Danielle Bergeron, Dave McIntosh and Lynda Johnson and Harold Grace.

We currently have 13 people on our wait list.

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## Photo of the Month

Lorrette Shermet saw this tree on a walk around the Mill Pond in Milton..

Send your photos to [peterlasota@gmail.com](mailto:peterlasota@gmail.com) and I will select one for inclusion each month.



# ACTIVITIES

## Are we having fun yet?

by Ruth Gagnon, Activities Chair

Are we having fun yet? We have lots of activities planned and not only did we add another Muse Studio workshop on October 28th, but we also added another iPhones – Hints, Hacks and How To's for November 25th. Check out Kelly's article on the Muse Studio workshop and watch and see if the iPhones "activity" turns into a Social Club! I'm just kidding Kelly, but we all appreciate your time and effort in facilitating these "activities".

I would also like to take this opportunity to welcome Michelle Tschirhart to the Activities Committee!!

More activities coming your way so keep reading them on the Forum or on Wild Apricot!

## NOVEMBER ACTIVITIES:

### **Birds of Prey Photography Session & Lunch at the Beach House (Port Dover) – NEW DATE Wednesday, November 10th at 10:30 am in Port Dover**

Convenor: *Cliff Read*

Calling all photographers and wanna be photographers! Have you ever wanted an opportunity to photograph Birds of Prey up close and personal? Take advantage of this opportunity!



We are organizing an excursion to Port Dover on November 3rd to visit the Canadian Raptor Conservancy. We have had a date change to our excursion to Port Dover which is now on November 10th to visit the Canadian Raptor Conservancy. Fortunately, those who have registered were good to go for the new date! Cliff Read has graciously offered to organize this event for us!

The two hour morning session allows you to see and photograph 10 different birds of prey - 6 flying birds and 4 static birds. Please note that group size is limited to 12 people with a minimum of 10 participants for the trip to go ahead. Our group is being led by Marcel Painchaud an award winning Oakville photographer. Variable weather conditions can contribute to some unique photo shots so rain or shine we are going!

A delicious lunchtime meal of yellow perch will be available at the well-known Beach House Restaurant if you so choose. Details about cost and options regarding the meal will be sent to participants at a later time.

Please note that any activity we plan will adhere to any provincial guidelines and restrictions due to COVID.

Activities Committee

Members:

Ruth Gagnon

Anne Gibbard

Kelly Ground

Irene Hiebert

Ron Millichamp

Jenny O'Brien

Dawn Ross

Michelle Tschirhart

## Muse Studio & Market (Craft Workshop) – Tuesday, November 09, 2021, 12:00 - 1:30 pm

Convenor: Kelly Ground

Join us for a Muse DIY Workshop! In time for the holidays! Make a sign for yourself or as a gift. Many options are available!



Cost is \$45 for a 12 x 12 wooden sign board (extra costs for larger signs which you would pay for on-site). If you need more information, please reach out to Kelly. Once you have registered on Wild Apricot you will be provided with the registration form for Muse. Muse Studio & Market is located at 207 Main Street in Milton.

Check out this link (on Pinterest) for more ideas. Choose one of their ideas or come with your favourite saying - <https://pin.it/b7hvr6koawnjzd>

Here are some random ideas to think about!



## Murders Tastefully Executed - Tuesday, November 23rd at 6:00 pm

Convenor: Ruth Gagnon

Come on out and see who is the murderer among us! Murders Tastefully Executed is Niagara's Premier Interactive Dinner Theatre. This is a participatory interactive dinner with pre-set dinner options at The Grand Chalet. The Grand Chalet is located at 324 Steeles Avenue East. The cost for the dinner theatre is \$76/person and is **limited to 50 members**.



The dinner options are reflected below and selected using Wild Apricot:

- Fresh Baked Breads
- Choice of Appetizer: Fresh Baby Spinach Salad or Soup of the Day
- Main Course Choice of: Veal Scallopine, Chicken Parmigiana, Agnollotti Rose or Fillet of Salmon
- Dessert Choice of : N.Y. Cheesecake or Chocolate Tartufo
- Coffee or Tea

## **NEW!** iPhone – Hints, Hacks and How Tos - Thursday, November 25th at 2:00 pm

Convenor: Kelly Ground

Learn how to get the most out of your Apple iPhone. We'll look at how to effectively use SIRI and how to take even better pictures and keep them organized for easy retrieval.

As with most technology, as the saying goes, 'if you don't use it, you'll lose it', so come out (again) and review, practice or just learn some new tricks.

This event is limited to 25 members. Register on Wild Apricot to hold your spot! The cost for this event is \$2/member at the door. Please have the exact amount, change will not be available.

Please note that the tips and tricks work better with iPhone 6 and above and is for Apple products only.

If you have any questions or concerns please contact Kelly at [kmground@gmail.com](mailto:kmground@gmail.com).



## **NEW! Toronto Christmas Market Walking Tour – Wednesday, November 30th at 1:30 pm**

*Convenor: Kelly Ground*

The Christmas market features one of the largest Christmas trees in Toronto as well as, stunning illumination, seasonal decor, and lots of entertainment.

The walking tour will feature both indoor and outdoor areas, this tour is designed to be a fun, modern historical narrative that can be enjoyed by almost anyone.

Toronto's history is far more fascinating than many give credit. Expert guides will interpret this rich history through the lens of Gooderham and Worts – and how they became the world's largest distillery.

Along the way we'll show you some of the best hidden Distillery District spots and photo locations.

Schedule some time to enjoy the Christmas festivities!

We are encouraging carpooling so check out other members who have registered to see if you can carpool together or let Kelly know if you would like transportation and we will do our best to accommodate.

## **DECEMBER ACTIVITIES:**

### **Escape Rooms at Champs – Tuesday, December 7th at 2:00 pm**

*Convenor: Kelly Ground*

How good are you? Can you solve the puzzles within the allotted time? Join us and find out! Join us for a social time of drinks and a bite afterwards! Be creative! Put your thinking caps on! Think outside the box! Get busy! Themed rooms available to play are the Wizarding World and Tomb Raiders.

Champs is located at 300 Bronte Street South.

Please contact Kelly at [kmgound@gmail.com](mailto:kmgound@gmail.com) if you have any questions.



### **Christmas Table Centerpiece – Thursday, December 9th at 10:30 am**

*Convenor: Ruth Gagnon*

Yes, I said that magical word – Christmas! It's not too soon to think about your Christmas table and do your own stunning centerpiece! Join us at Crawfords Garden Centre to make your own unique design. The cost is \$36/member and you will be able to add in different things at your cost (if you wish) or you can bring your own add ins. This event is limited to 15 members. Crawfords Garden Centre is located at 8689 #5 Sideroad, Milton. It's time to get into the Christmas spirit!



## JANUARY ACTIVITIES:

### **V!VA Life – Retirement Communities (Nutrition, Mental Health & Wellness) – Tuesday, January 11th at 11 am**

Convenor: Ruth Gagnon

It's a new year! Have you made a new year's resolution to lose weight? How are you feeling about your mental health and wellness? Start the year off right with some gentle reminders on nutrition, mental health and wellness!

Join in as Amanda from the V!VA Retirement Community shares how a proper diet and your mental health and wellness go hand in hand, especially for our age group! Eating a nutrient-dense diet can prevent degenerative disease, cancers, micronutrient deficiencies, and most importantly support one's vitality! This is an interactive session, with our facilitator (Amanda - see bio below) walking us through 6 key nutrients to be mindful of when planning your meals. Walk away with a healthy mind and feeling equipped and energized to start prepping, cooking, and enjoying your fully satisfying meal!

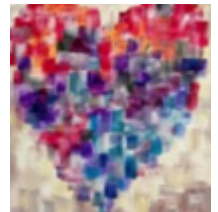
Let's lose some of those pounds we have put on in the past two years! Start 2022 off in a healthy way! Challenge yourself! The cost for this event is \$5/member and is limited to 50 members.

*Amanda Li is a Toronto-based Registered Dietitian, owner of Wellness Simplified, Instructor at George Brown College and a foodie at heart. Upon completing a culinary arts diploma she knew she wanted to bring together her dietetic experience to create a nutrition coaching philosophy that is food-centric and grounded in teaching individuals a basic life skill - nourishing their body, mind and soul. She has helped hundreds of individuals and families by encouraging, educating, and equipping them with hands-on food skills to make healthy eating the easier choice! Amanda loves learning new skills and approaches, and strives to provide the most up-to-date, evidenced based recommendations. She is currently pursuing a Certificate in Integrative and Functional Nutrition. When she's not working with clients, students, or attending class herself she can be found in the kitchen whipping up a new recipe, or choreographing a new dance routine! Amanda looks forward to meeting you soon!*

### **Paint & Cocktails at Shoeless Joes – Tuesday, January 15th at 4:00 pm**

Convenor: Ruth Gagnon

It was January 28, 2019 when a bunch of us headed over to Shoeless Joes to have a Paint & Cocktail session with our instructor, Gary, followed by a wonderfully fun dinner! Well, we are going back! Do you have an "Open Heart"? Yes or no, you can join us to make your very own. Grab a paintbrush, have a drink and enjoy the socializing! We will be painting from approximately 4 - 6 pm and then enjoy a dinner of your choice.



The cost for the painting portion of this activity is \$41/member and is limited to 12 members. Drinks and dinner are at your cost! Let's see how artistic you are!

### **NEW! Zoom Trivia is Back!! - Tuesday, January 18th at 7:00 pm**

Convenor: Kelly Ground and Ruth Gagnon

We have had lots of laughs and fun during COVID doing various Zoom games! We are bringing it back so on those winter nights when you are watching nothing on TV, stimulate your brain and join us for some Trivia! This is the first of a few that will be offered over the next few months!



Register on Wild Apricot so we know you are joining us! There is no cost for this event.



## Tea for Two...or actually 16! - Wednesday, January 26th at 1:00 pm

Convenor: Kelly Ground

What's better than a warm pot of tea on a cold January afternoon?

Join us for Afternoon Tea at the Robinson-Bray House Tea Room in downtown Streetsville. This landmark building, built in 1885, stands on the corner of Queen Street and Mill Street as a constant and elegant reminder of yesteryear.

Your afternoon tea will include a garden salad, a platter of assorted sandwiches, a mini quiche, a scone with jam and clotted cream and a trio of desserts, and of course a pot of tea.

The cost is \$41/member, it includes, lunch all taxes and gratuities. All you have to do is sit and relax!

The Tea Room is located at 223 Queen Street South in Mississauga. Join us Wednesday, January 26th at 1:00 pm.

We are anticipating that we will be able to open this up to more members so make sure you sign up even if your name is added to the waitlist!

## FEBRUARY ACTIVITIES:

### **NEW!** Fred Astaire Private Dancing Lesson – Tuesday, February 8th at 3 pm

Convenor: Ruth Gagnon

Ladies and Gentlemen - get on your dancing shoes! Join us on Tuesday, February 8th at 3:00 pm for a private double lesson at the Fred Astaire Dance Studio in Oakville.

Our afternoon will be a mix of popular dances. So whether you are "single" or a "couple" come on and shake what you have!

From the Fred Astaire website....

*"Your whole being will explode with confidence, fun, creativity and fitness as you experience the exciting Fred Astaire teaching method taught by the very best dance instruction in the world."*

The cost for this event is \$53/member and is limited to 29 members. We will be placing a deposit to hold the studio for our private lessons so no refunds will be made after Wednesday, December 29th.

Dinner will follow at a local Milton restaurant. Details will be shared shortly.



## **NEW! Orange Snail Brewery – Beer Tasting - Thursday, February 17th at 2:00 pm**

Convenor: *Ruth Gagnon*

Calling all beer tasters, it's time to get out and have a flight of beer and some munchies! Added to this enjoy a 12 oz glass of one of Orange Snail's beers! Enjoy some social interaction with your fellow Probians!

Join us at the Orange Snail Brewery for a tour of their facility and some beer!

Beer will also be available for purchase!

Orange Snail Brewery is located at 32 Steeles Avenue East, #1 in Milton. The cost for this event is \$25/member and is limited to 40 members. Register and pay using Wild Apricot.

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## **CHRISTMAS LUNCHEON – DECEMBER 15, 2021**

Come out and enjoy the company of your fellow PROBUS members at our annual Christmas Luncheon. The price this year is \$73 with the club subsidizing \$13 so members pay only \$60. If there is registration room after Nov. 4, we will open it up to non-member spouses/partners at a cost of \$73.

Registration opens on Friday October 29th and closes on Monday November 15th.

Doors will open at 11:00 am sharp.

President's greeting and remarks at 11:30 am.

Lunch will be served at noon.

A musical duet will entertain us during dessert and coffee.

There will be a cash bar for non-alcoholic and alcoholic beverages.



*Holiday Menu includes*

*Soup*

*Choice of:*

*Grilled Beef Sirloin with Peppercorn Jus*

*Grilled Salmon with Maple Butter Sauce*

*Vegetarian Lasagna*

*Vegan Option*

*Sticky Toffee Pudding, Caramelized Pecans and Dark Rum Butter*

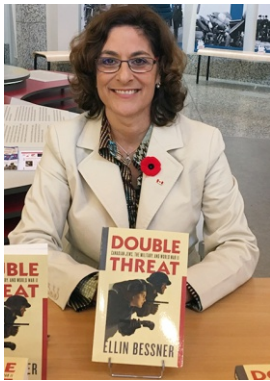
*Coffee and Tea*

Seating will be pre-arranged so no need to arrive early! There will be 20 tables of eight people. Once you have registered and paid, you may reserve a table for yourself and your friends by emailing Bonnie Walsh or Sandy Ewing by November 19th with the names. If you don't want to reserve a whole table, but wish to sit beside a friend, email the names to Bonnie or Sandy. If it doesn't matter who you sit with, just register and we will put you at a fun table!

Note: At the request of Piper's Heath, all luncheon participants must be fully vaxed and will be required to fill out a Covid-19 form for Piper's Heath before the actual date. The form will be sent out to all registrants in December.



# MEETING: NOVEMBER



## Double Threat

As the world commemorates Remembrance Day and also Holocaust Education Week, Canadian author and journalist Ellin Bessner will share a little-known story of the 17,000 Canadian soldiers of Jewish faith who fought Hitler in the Second World War and rescued the survivors of the Nazi's Final Solution. Bessner has spent ten years researching and interviewing hundreds of Jewish veterans and their families to piece this untold story together. Bessner is the author of "Double Threat", published by the University of Toronto Press (2019), about the contribution of Canada's tiny wartime Jewish community to defeating the Nazis. When the prime minister of the day, Mackenzie King, called the Second World War a "double threat" for Canadian Jews, he meant that not only was freedom and democracy at risk but so was the survival of the Jewish race itself.

Ellin will introduce you to some of the more famous Canadian Jews in uniform: "Let's Make a Deal" host Monty Hall, CBC comedians Wayne and Shuster, Ed Mirvish's brother, Canadian senators David Croll and Jack Marshall, and former defence minister Barney Danson. You'll discover hockey stars, poets, actors, sewing machine operators, lawyers, dentists, and engineers, as well as the 16 Canadian rabbis who served with them at home and overseas.

# NOVEMBER CALENDAR

EVENT	DATE	TIME	LOCATION	CONVENOR
<b>Activities</b>				
Muse Studio & Market (Craft Workshop)	November 9	12:00 PM	207 Main Street	Kelly Ground
Birds of Prey Photography Session & Lunch	November 10	10:30 AM	Port Dover	Cliff Read
Executive Meeting	November 10	7:00 PM	Zoom	Diane Comstock
Escarpment PROBUS monthly meeting	November 17	9:30 AM	Zoom	Diane Comstock
Murders Tastefully Executed	November 23	6:00 PM	The Grand Chalet, 324 Steeles Avenue E	Ruth Gagnon
iPhone – Hints, Hacks and How Tos	November 25	2 00 PM	Grace Church Hall	Kelly Ground
Newcomers Orientation	November 24	9:30 AM	Grace Church Hall	Liz & Cliff Read
Toronto Christmas Market Walking Tour	November 30	1:30 PM	Toronto Distillery District	Kelly Ground
<b>Clubs</b>				
Probus Info Exchange - PIE	Online only			Cliff Read
Tastings - Whisky - <i>D'Stillers</i>	November 3	7:00 PM	Herder home	Chris Strachan
Classical Music - <i>Mozart and Friends</i>	November 4	2:00 PM	Zoom	Michael Hooker
Nosh & Natter	November 5	5:30 PM	O'Brien home	Jenny O'Brien
Saturday Night Lives	November 6	6:00 PM	Turtle Jacks	Anna Strachan
Crafts - Quilting - <i>Piece Makers</i>	November 2	1:00 PM	Ross home	Diane Comstock
Books – First Edition	November 8	1:00 PM	Grace Church	Paul Crawford
Cards - Cribbage - <i>Card Sharps</i>	November 8	7:00 PM	Capper home*	Martin Capper
Games - High Rollers (Yahtzee)	November 9	1:00 PM	Zoom	Diane Comstock
Books – Sequel	November 10	1:00 PM	Zoom	Carolyn Rumley
Games - Bee-Gees	November 10	1:00 PM	Grace Church	Diane Comstock
Bowling	November 11	4:30 PM	Champs	Michelle Tschirhart
Crafts - Knitting - <i>Chicks with Sticks</i>	November 18	10:30 AM	Capper home	Christine Willekes
Classical Music - <i>Mozart and Friends</i>	November 18	2:00 PM	Zoom	Michael Hooker
Dining - <i>Skip the Dishes</i>	November 18	6:00 PM	Casa Americo	Lorrette Shermet
Friendship Club	November 24	10:00 AM	Zoom	Judy Krauss
Games - High Rollers (Farkle)	November 23	1:00 PM	Zoom	Diane Comstock
Tastings - Beer - <i>Suds and Buds</i>	November 25	7:00 PM	Zoom	Pete Shermet

# RECENT EVENTS

## October Meeting

Our October Zoom General Meeting was held on October 20th. Here's the link to the recording of the meeting. Our guest speaker was not recorded. Click the link below to see the video:

[https://us02web.zoom.us/rec/share/p6tbg\\_n5wSuOByohVQJwUiNZ4EwIoJVva371SG45Jfu2jjMHGrtX5cZRtrLAZmuYt.pcuOHgk1c90TTQm9](https://us02web.zoom.us/rec/share/p6tbg_n5wSuOByohVQJwUiNZ4EwIoJVva371SG45Jfu2jjMHGrtX5cZRtrLAZmuYt.pcuOHgk1c90TTQm9)

Passcode: Tn%M3S\$z

## Historic Walking Tour Of Martin Street

*By Kelly Ground*

Our rain date turned out to be a beautiful sunny day for our historic walking tour. We learned how this part of town was founded by the Martin family. Jasper, Sarah, and their two young sons left Northumberland, England, to immigrate to Canada in 1821. They settled the area now comprising Martin Street and the Mill Pond north of Main Street. Here Jasper Martin started a gristmill using power from the 16 Mile Creek. After 1821, 3 more children were born.

For a street that most drive on a weekly basis, the beauty and the history in the surrounding homes is remarkable. The brickwork varied from Milton pressed brick (brick that is not fired all the way through, and would disintegrate if moved) to cut stone from local quarries. Finishing touches on these historic homes are true to their origins. The homeowners in the area show their pride with Milton Historical Society plaques that inform people when the house was built and who resided there.

There is always excitement at our activities and this one was no different. Two very friendly dogs escaped their backyards and ran into the very busy Martin Street traffic. Showing true Probian spirit of helpfulness, Chris Watkiss and Cindy Penfold stopped traffic to help to return the puppies to their yard. A job appreciated by all drivers, pedestrians and dog owners.

A very special thank you to Nancy Cuttle our guide who was very knowledgeable about the town and the region and added her own flair to the stories she told. The Milton Historic Society offers four different walking tours and hopefully next year each will be offered again to our membership. Stay tuned for details in the springtime.



# Andrews Farm & Winery

by Dawn Ross and Ruth Gagnon

It wasn't even about the weather or the hay wide and okay, it wasn't even about the wine and cheese platters. It was about being with one another and having a relaxing time chatting. Whether you tried the Pumpkin Spice Wine, Cider or Blackberry wine, it was just really good to hang out together! Of course we had our wine 'keeners', but we all enjoyed the beautiful flowers! It's great to support local and a number of us made purchases at their store. Maybe it was to buy butternut squash and make a delicious soup (check out the recipe Gerry Kennedy shared below) or to pick up some fresh farm eggs or local honey. Whatever it was, we hope you enjoyed it!



## Butternut Squash Soup — for 8-10 people

- 3 lb. Butternut squash ( smaller ones cook faster)
- 3 tbsp. olive oil
- 2 tbsp butter
- 1 onion, diced
- 3 garlic cloves, diced
- 2 carrots, peeled and diced
- 1 1/2 tbsp curry powder (medium heat)
- 6 c. chicken broth and water (1,500 ml.) (3 c. each)
- salt and coarse pepper
- 1 c. 35 % cream
- chives and creme fraiche for garnish

Preheat oven to 350.

Slice squash in half, lengthwise. Put olive oil into hands and rub on open areas of squash. Place squash, cut side down, on baking sheet. Roast in middle of oven for 40-50 min. or until cooked.

Melt butter in soup pot over medium high. Add onions and carrots. Saute for 4 min. Reduce heat to medium and add garlic and curry powder. Saute for 2 mins. longer. Using a big spoon, scoop squash out of skin into soup pot. Pour in chicken stock and water and stir to mix well. Turn heat to medium high and bring to a gentle boil. Cover and simmer for 20 min. Remove from heat and add salt and pepper. Puree. This can be made ahead. Just before serving, add cream and reheat very gently. DO NOT BOIL.

Pour into soup bowls and add Creme Fraiche and chopped chives on top.

# Halton Police – Scams Presentation

by Ruth Gagnon, Activities Chair

Forty-nine Sherlock Holmes met at Grace Anglican Church to listen to Detective Constables Derek Gray, Justina Griffiths and Matt Seberras capture our attention with the different scams going on in our world and community.



We were made aware of various scams and more than that, how to take steps to protect ourselves and our privacy. Whether you are answering a phone call, out doing your groceries, dining out, doing mobile banking or on your internet, tips and steps we can take to protect ourselves were shared. It was a morning of our members being able to ask questions and share stories of scams they have been involved in either directly or indirectly. A number of handouts were given out to us to keep as refreshers! A big shout out to the Halton Police for spending time with us at this event!

For those of you who weren't able to attend, be your own Sherlock Holmes and do your "research, investigate, analyze, verify, compare".

For all of us, in this rapidly changing world/environment, this is a session that will be repeated so we keep up-to-date on what scams are happening and get insightful tips. On a personal note, I have since changed my purse! It's okay, you can laugh!



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## iPhone Hints Hacks and How To's

By Ruth Gagnon and Kelly Ground

A class of 31 had another challenging morning as our educator, Kelly Ground, took us through some interesting Hints, Hacks and How To's!

We are now proud to be able to create photo albums and folders on our phones.

Anticipating that we will be able to travel again (soon) we were shown how to check out our flights on Google. Or even check out arrival times of any flight we want while we dream!

Camera skills were shared including using the volume button for the shutter button and how to take a selfie when your arms just aren't long enough! It's all about your "buds".

A number of us tried out the airdrop function and how to "message" someone in handwriting (what?) and read QR codes with our camera! We learned that maps can find us nearby coffee shops and gas stations, our parked car, as well as sending our location when and if we're lost.

And yes, there were a couple members that felt the need to test out the SOS emergency function.



But of course there was a "couple" that we wanted to caption their picture and while we didn't arrive at anything noteworthy, it was a great round of laughter as we considered the possibilities!

There were lots of efficient tips that were shared to help a range of "things" our phones can be used for. People had many questions about camera bursts, live photos, and sharing items among devices, hopefully we all came away with one thing we're comfortable with. A Google Slide presentation was sent to our phones so we can reference what was shared. No doubt we will be practicing the skills we learned. But have no fear! Another session is being planned for November 25th and I know a few of us will be returning.



# Muse Studio Charcuterie Board Workshop

By Kelly Ground, Convenor



What a great night! A creative evening was spent at the Muse Studio and Market where we personalised charcuterie boards of black walnut.

We picked our board, our colours, and picked the placement of our previously chosen word. Lena was patient and precise as she took us through the process.

We sanded, painted, laughed and shopped a bit. A great evening.

Stay tuned for more upcoming new workshops at the Muse.



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## You lovers of the English language might enjoy this .

There is a two-letter word that perhaps has more meanings than any other two-letter word, and that is 'UP.'

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP? At a meeting, why does a topic come UP? Why do we speak UP and why are the officers UP for election and why is it UP to the secretary to write UP a report?

We call UP our friends. And we use it to brighten UP a room, polish UP the silver, we warm UP the leftovers and clean UP the kitchen. We lock UP the house and some guys fix UP the old car. At other times the little word has real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing, but to be dressed UP is special.

And this UP is confusing: A drain must be opened UP because it is stopped UP. We open UP a store in the morning but we close it UP at night.

We seem to be pretty mixed UP about UP! To be knowledgeable about the proper uses of UP, look the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4th of the page and can add UP to about thirty definitions. If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more. When it threatens to rain, we say it is clouding UP. When the sun comes out we say it is clearing UP. When it rains, it wets the earth and often messes things UP.

When it doesn't rain for awhile, things dry UP.

We could go on and on, but I'll wrap it UP, for now my time is UP, so . . . it is time to shut UP!

Oh . . . one more thing: What is the first thing you do in the morning & the last thing you do at night? U-P

— Contributed by Fred Ground

# SOCIAL CLUBS

Club	Date/Time	Convenor	Telephone	Email
Book Club - First Edition	2nd Mon. - 1 pm	Paul Crawford	289-878-4968	pauellencrawford@gmail.com
Book Club - Happy Bookers	4th Thurs. - 12:30 pm	Looking for new convenor		
Book Club - Ravenous Readers Recycling	3rd Wed. - Probus meeting	Ellen Crawford	289-878-4968	pauellencrawford@gmail.com
Book Club - Sequel	2nd Wed. - 10 am	Carolyn Rumley	905-302-0442	carolynrumley@sympatico.ca
Book Club - Trilogy	2nd Wed. - 10 am	Linda Green	289-851-8655	lgreen@sympatico.ca
Cards - Bid Euchre	3rd Thurs. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Bridge	1st Tues. - 1 pm	Looking for new convenor		
Cards - Canasta	4th Mon. - 7 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Cribbage - Card Sharps	2nd Mon. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Cribbage - Card Sharps	Tues. after the 2nd Mon. - 1:30 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Euchre	3rd Tues. - 1 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Classical Music - Mozart and Friends	4th Tues. - 1:30 pm	Michael Hooker	905-878-8953	mhooker10@bell.net
Club Français	2nd Wed. - 10 am / 11 am	Anne-Françoise Gibbard	905-854-3781	anne@gibbard.net
Crafts - Knitting - Chicks with Sticks	3rd Thurs. - 10:30 am	Christine Willekes	905-820-0269	chriswillekes@gmail.com
Crafts - Quilting - Piece Makers	1st Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Dining - Appy Hour	Last Sat. - 6:30 pm	Mary Cousins	416-628-6275	mlecousins@outlook.com
Dining - Lunch Bunch	3rd Wed. - noon	Bonnie Lennox	416-899-7727	bblennox@live.ca
Dining - Nosh & Natter	1st Fri. - 5:30 pm	Jenny O'Brien	289-851-8477	jenny0103@rogers.com
Dining - Nosh@Nite	4th Fri. - 5:30 pm	Paul & Ellen Crawford	289-878-4968	pauellencrawford@gmail.com
Dining - Saturday Night Lives	1st Sat. - 6 pm	Anna Strachan	905-878-0812	annastrachan1945@gmail.com
Dining - Skip the Dishes	3rd Thurs. - 6 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Dining - Supper/Dinner Club	Scheduled by convenor	Auriel Halliday	905-336-2430	aurielh@gmail.com
Friendship Club	4th Wed. - 10 am	Judy Krauss	289-878-8194	judyckrauss@gmail.com
Games - Bee Gees	2nd Wed. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - High Rollers (Farkle)	4th Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - High Rollers (Yahtzee)	2nd Tues. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Games - Jokers	2nd Thurs. - 1:30 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Games - Jokers	4th Wed. - 1 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Movie Club - Oscar Nights	2nd Tues. - 7 pm	Looking for new convenor		
Probus Info Exchange - PIE	Online only - no meetings	Cliff Read	905-864-1565	cliff.read@cogeco.ca
Sports - Bowling - 10 Pin	2nd Thurs. - 4:30 pm	Michelle Tschirhart	416-668-9083	mltschirhart55@gmail.com
Sports - Golf - Pin Seekers	TBA	TBA		
Tastings - Beer - Suds and Buds	4th Thurs. - 7 pm	Pete Shermet	905-878-1293	peteshermet@gmail.com
Tastings - Whisky - D'Stillers	1st Wed. - 7 pm	Chris Strachan	905-878-0812	strachan.chris1944@yahoo.ca
Tastings - Wine - Grapenuts	1st Mon. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - Grapenuts	1st Thurs. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - Grapenuts	2nd Wed. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Travel - Annual Trip	Scheduled by convenor	Joanne Millichamp	289-878-2969	jmillichamp@hotmail.com
Travel - Wanderlust	2nd Thurs. - 7 pm (bi-monthly)	Gloria Pennycook	905-659-7789	gpennycook@icloud.com
Walkers - Trail Walkers	Every Tues. - 1:30 pm	Ronald Flannagan	905-332-6310	rflannagan@cogeco.ca

Convenors and anyone else intending to use the Escarpment PROBUS Zoom account for an event: The account allows the operation of one event at a time with up to 100 participants. To avoid scheduling conflicts, please contact our Zoom coordinator Lorrette Shermett (lorrette@sympatico.ca) before planning your event.

If you need help with the Zoom program, check out our Zoom page at <https://www.escarpmentprobus.com/zoom>. All the information you need to use Zoom is there.

Remember: Under the Escarpment Probus Bylaws Article 2 – Membership – Members must not use other member's email addresses for their own personal use such as fundraising.

# Clubs: Food and Drink

## A Fine selection

by Chris Strachan, Convenor

Hello Probiants; weatherwise, we once again pushed our luck to have another outdoor meeting. Our host, Pete Sermet, did not have to bend our arms too much to taste his fine selection of Whiskies. We rated them as follows:



The number one whiskey of the evening was a Single Malt from Scotland 'Loch Lomond 12 yr Old'.

Number two was also a Scottish Single Malt 'Balvenie Caribbean Cask Finished 14 yr Old'.

Number three was an Irish Single Malt whiskey 'West Cork Calvadoos Cask Finished'

Number four, also from Ireland a blended whiskey 'Glendalough Double Barrel'

Last but not least was a Scottish whiskey 'J&B Rare Blended Scotch Whisky'



Thanks to Pete for a wonderful evening, thanks to Lorrette for supplying goodies and hosting the DD's in our Backyard, thankfully it was quite a lovely evening.

Thanks once again to the DD's for getting us home safe and sound.

The next meeting of the D'Stillers is scheduled to be hosted by Wayne Herder on Wednesday, November 3rd at 7 PM. This is weather dependent so we may have to revert to Zoom until the spring.

## Skipping the Dishes at Pasqualino

by Lorrette Shermet - Convenor

On September 16th 23 Probiants went for a lovely meal and great socializing to Pasqualino on Main Street. We had a pleasant time dining inside.



# Octoberfest Tasting

by Pete Shermet, Convenor

Here are the beers for Thursdays tasting all purchased at Bronte and Main:

*Hacker Pschorr Weissbier*

*Paulaner Munchen Weissbier*

*Spaten Munchen Original*

These are supposed to be traditional Octoberfest beers, Two are actually German beers but the Spaten is brewed under licence by Labatts.

The first beer we tasted was the Hacker Pschorr Weissbier, it had a pleasant aroma and poured cloudy as you would expect from an unfiltered beer.



The taste was fresh and crisp with citrus tones, it's ABV is 5.5%

The general consensus of the group was that this was a very flavourful drinkable beer and it scored 77.4

The second beer was Spaten (brewed by Labatts), The aroma was very subtle as was the taste, it had a clear amber colour and had a slightly bitter after-taste, apparently there is a vast difference between the German brewed Spaten and the Canadian brewed Spaten, It's ABV is 5.2 % it scored 59.3%

The third beer was Paulaner Munchen Weissbier, the general opinion was that it was very similar to the first beer in taste, aroma and appearance, It is unfiltered like the first. The ABV is 5.5% and the score was 73.6.

We had originally thought that we would do a tasting in December but it is a very busy month for everybody so we deferred the tasting until January 27th 2022 and we are looking for a host to start the New Year. *Prost!*



# Skipping the Dishes at Toscana

by Lorrette Shermet, Convenor

Forty Four of us dined in at La Toscana on October 21st. As we were so many and recognizing COVID protocols we were split into two rooms.

Twenty Six in one room and eighteen in the other room. The service was superb and the meal was excellent. Next month, November 18th, we will be dining in once again and this time to Casa Americo on Main Street. We will have a set menu and it will be sent out on wild apricot. If you would like to join us at skip the dishes let me know at [lorrette@sympatico.ca](mailto:lorrette@sympatico.ca) and you will be included.





## SNL at Shoeless Joes

by Anna Strachan, Convenor

The Saturday Night Live group met at Shoeless Joes on October 2nd where we enjoyed a good night spent chatting with each other, eating and drinking as Probians are wont to do.

If you are looking for something to do on a Saturday evening you are most welcome to come and join us.

Our November 6th, 6 pm dining event will be at Turtle Jacks on Maple Ave.



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## Clubs: Books & Travel

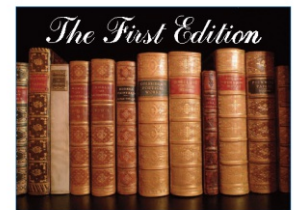
### The Nest — by Cynthia D'Aprix Sweeney

by Cliff Read, Correspondent

The First Edition recently met to discuss the book *The Nest* by first time novelist Cynthia D'Aprix Sweeney.

The story is set in New York and reveals details about the Plum family – Leo, Bea, Jack and Melody. Each of the siblings is expecting an inheritance (the nest) once the youngest of them turns 40. This money comes from a trust set up by their deceased father and each is counting on this money to solve their individual problems. Unfortunate circumstances occur and most of the money is gone by the time they were to receive it. Sweeney's story revolves around how each member of the Plum family deals with the curveball life has thrown to them.

Our group felt that D'Aprix Sweeney is an accomplished writer yet we had difficulty in generating much sympathy for the Plum family. Her exploration of family dynamics seems to be asking the question, what matters more money or family? Our overall rating was a 6 out of 10.



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### The Best Kind of People — by Zoe Whittall

by Lorene Rea, Correspondent

Our book this month was titled *The Best Kind of People*. It was written by Zoe Whittall, a Canadian author who resides in Toronto.

A well respected and loved High school teacher is accused by four teen age girls of sexual impropriety. This book takes us through the trauma as it affects each of his family members: a wife, daughter, son, and also their close friends and supporters. Some are ready to jump to his defense - others believe he is guilty. This is a thought provoking story and explores the issues of loyalty, truth and the meanings of happiness. A good discussion ensued about the issues raised. When questioned, several of our members wished the ending of the novel had been different.

It received a rating of between 6 and 8 and most were glad they had read it.

We enjoyed being able to meet together, outside at Rotary Park.



# Hiking in the Dolomites

by Gloria Pennycook, Convenor



*At our last Wanderlust zoom meeting, Dawn Ross shared a wonderful presentation on her trip to the Dolomites in Italy. Here is her write-up:*

The Dolomite Mountains are located in Northern Italy along the Austrian border. We stayed 14 days in a hotel in Dobbiaco and took the local bus or train to the trailheads each day. We spent about 2 hours each morning and afternoon hiking with a stop for lunch at a restaurant along the trail.

The scenery everywhere was spectacular, with majestic peaks and beautiful meadows with grazing cattle. Each day we visited a different area, some strenuous and others mostly flat. All were equally beautiful.

One day we went on a bike ride to Lienz, Austria. It was a mostly flat biking, walking trail, 50km long, with very pretty scenery.

We had a couple free days so a few of us took the train to Bolzano and the other day to Brunico. Both are centuries old towns with the narrow, cobbled streets and cafes. Bolzano's big attraction is "The Iceman", a well-preserved natural mummy of a man who lived between 3400-3100- BC. He was found by hikers in the mountains in 1991.

Every year at the end of the summer the cattle return from the alpine pastures. This is celebrated with a festival. There is a "Return of the Cows from the Meadows Parade" which goes through the centre of the town and the cows are decorated with flower wreaths and crowns and bells. Afterwards the cows are herded into a large corral and there are local refreshments and food available.

One of our interesting hikes was to Monte Piana, which is considered an Open Air Museum of WWI. It is high up on the top of a flat mountain with 360 degree views. We saw many trenches, bunkers, tunnels and caves.

Overall it was a fantastic trip and I am hoping to go back again September 2022.

*Our next meeting is Dec 9 at 7:30 via zoom with Kelly and Fred Ground sharing their trip to exotic Bali! If you are interested in joining Wanderlust, please let me know.*



# Clubs: Classical Music

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## A Real Swingin' Start to October

by Michael Hooker, Convenor

Asoka Yapa got our October musical zoomers going in great style, with ninety minutes of Black Gospel music, featuring many of the famous Black Singers and Groups from the mid to late 20th Century, names like Aretha Franklin, Sister Rosetta Tharpe, Mahalia Jackson, The Golden Gate Quartet.



Our enthusiasm was even apparent over Zoom, with noticeable arm waving, hand clapping, head wagging, and (I suspect) if we weren't all muted, cries of appreciation!

The precursor to Black Gospel music is the Black Spiritual, which had already been around for well over a century before Gospel music began its rise to popularity starting in the 1930s. When many African American communities migrated from rural to urban life during the first half of the 20th century, they brought their worship music with them, and the storefront churches of the northern cities became the development ground of Gospel Music.

Here are two pieces of real hot Gospel, to shake you up, courtesy of YouTube. Click on the links and hold on!

Marian Williams – “When I Lay This Body Down”

[https://www.youtube.com/watch?v=Lh\\_f2iddoMQ](https://www.youtube.com/watch?v=Lh_f2iddoMQ)

Joseph Johnson and The Trumpeters - “The Mighty Number”

<https://www.youtube.com/watch?v=8O5EaiJY9Ws>

My October Zoomer was much more classically staid: “English Program Music”. (“Program” – Music inspired by some object or person).

The first piece was Sir Edward Elgar’s “Enigma Variations, the work that really cemented his reputation as a Major Composer when first performed in 1899. It’s an original musical theme, followed by fourteen variations with some connection, often slight, to the theme. Elgar (who loved complex puzzles) called it “Enigma” because he hinted that buried inside the music was a “hidden” melody, one that everybody would know. Many musicologists have attempted to solve this puzzle, and a few have even thought they were successful. Such results as “Twinkle Twinkle Little Star, and “Rule, Britannia”, often involving dozens of pages of twisted logic! But it’s generally accepted that Elgar took the Enigma to his grave. Elgar dedicated the work to “my friends pictured within”, with each variation being a musical sketch of one of them. Each variation is identified, generally by the initials of the friend.

To give you a taste, Variation XI - "G.R.S." is George Robertson Sinclair, the energetic organist of Hereford Cathedral. In Elgar’s own words: "The variation, however, has nothing to do with organs or cathedrals, or, except remotely, with G.R.S. The first few bars were suggested by his great bulldog, Dan (a well-known character) falling down the steep bank into the River Wye (bar 1); his paddling upstream to find a landing place (bars 2 and 3); and his rejoicing bark on landing (second half of bar 5). G.R.S. said, 'Set that to music'. I did; here it is." Here’s the YouTube link to this variation – all 56 seconds of it. Listen closely, and you’ll hear the events. Who said the classical music can’t be whacky!

<https://www.youtube.com/watch?v=uw1YkEU0GI0>

Piece number two was Gustav Holst’s orchestral suite, “The Planets”, first performed in 1918. Each section is named after one of the planets and portrays in music it’s astrological character. Holst was a relatively minor English composer, but “The Planets” really caught on, and is still one of the most performed classical pieces.

# Clubs: Games, Crafts & Sports

## Bee-Gees Last Game on Zoom

by Diane Comstock - Correspondent

It was a once again a small Yahtzee group on Oct. 12 as some of our regulars were out of town or hosting family members that they had not seen in a while. Both Beth and Pat achieved the upper section bonus, and Pat rolled a Yahtzee to take second place over Beth. Diane, however, didn't need the upper section bonus as she rolled not one but two Yahtzees to take 1st place.



On the 27th, five players started playing Farkle. Unfortunately, Pat had audio issues and despite rebooting her laptop, we could not hear her so she bowed out of the game. Diane scored on her first throw to start the game. Barb started in the second round, followed by Lorhel and Lorrette in the 4th round. Diane rolled 2000 in the 5th round, Lorrette capitalized and raised it to 2200, Barb upped it to 2500, and Lorhel added another 150. Diane ruined it by rolling a farkle. In the 11th round, ones were Diane's lucky number as she rolled 2 and then 4 for 1700 points. Diane finished the game in the 15th round by rolling a straight for 1500 points and 4 5s for another 1000 points.

We will be starting our in-person Board games at Grace Church Hall in November with the game of Sequence. Anyone interested in board games, join the club by sending me an email ([meljenscc@sympatico.ca](mailto:meljenscc@sympatico.ca)).

The Zoom dice games will continue under the new club name of High Rollers. Anyone interested in joining our dice games, drop me an email ([meljenscc@sympatico.ca](mailto:meljenscc@sympatico.ca)).

## In Person Meeting Again

by Chris Willekes, Convenor

On a rainy October morning, the knitting group held their second in person meeting in the garage of Barb Finnie. Despite the dreary weather we were all excited to meet. The conversations were filled with laughter. What a wonderful set up, comfortable Muskoka chairs, socially distanced, refreshments and snacks and even Hallowe'en decorations. On display were some of the projects the ladies have completed over our lockdown. Thank you Barb.



At this time the plan for the next meeting is in the garage of Norma Capper on November 18, at 10:30, 82 Miles St. Milton.



## Indoors Again!

by Diane Comstock - Convenor

On Friday, October 15th, the Piece Makers gathered together at Carol Ann's home for their monthly quilting meeting. We gathered together indoors and sat social distanced in her spacious living room.



For show and tell, Dawn brought the quilt top that she showed last month – quilted and bound with mitered corners. She also completed two placemats using the same leaf pattern. Beautiful job Dawn. Carol Ann showed us her Fall mat with appliqued corn cobs and acorns. She had also completed a Christmas Tree Skirt using the Lil' Twister tool. Quite impressive Carol Ann. Judy had not been quilting, instead she had been hunting through her stash and quilting books for a new pattern. She has chosen a modern quilt using squares and rectangles with material she retrieved from Barbara's stash. Louise was busy in her garden this past month, but plans to get back to sewing. Diane stated that she started a tea cozy, but was having issues with her machine. She also had to take a break to make a Halloween costume for her grandson.

Quilting Terms of the Month:



**Lil' Twister Tool** – A unique quilting tool that allows you to piece pinwheels using 5" fabric squares or charm packs. It is made from durable acrylic with raised feet for easy placement and no slipping.

**Mitered Corner** – A corner formed when two strips meet at a 45-degree angle, such as on a border or the binding. Mitered corners ensure that the edges of your quilt have neat finish.

The next meeting will be hosted by Dawn on Tuesday, November 2.

Anyone interested in quilting whether it is large bed-size quilts or small table runners, consider joining the group.



## They still have it

by Michelle Tschirhart, Convenor

Nine brave bowlers came out to see if they "still had it", and they did! We decided to make the second Thursday of the month our day, starting at 4:30.

Come on out and have some fun!



# Occasionally, architects really outdo themselves

By Alan Jordan - Occasional Correspondent

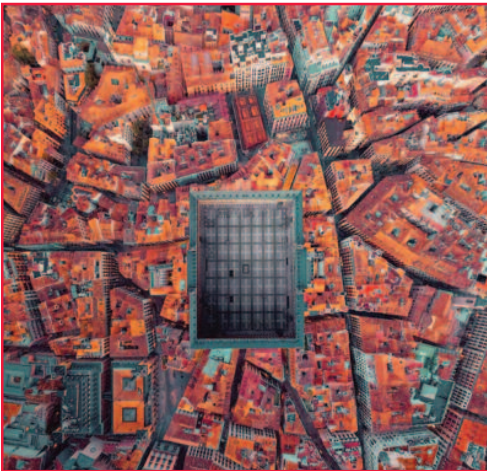
More than 4 billion people live in urban areas globally, that's you and me. It's now projected that by 2050, more than two-thirds of the world population will live in urban areas. No wonder we pay more attention to the buildings and structures around us.

Among countless poorly executed, dysfunctional and aesthetically nauseating architecture examples, there are some gems that we can see on our travels.

From vertical gardens to incredible brickwork, and anything that combines function, creativity, skill and complements the surrounding area in a beautiful way, there's a real feast for our eyes.



The 140 meters high Ruyi Bridge in China



Dating back to the 15th century, Plaza Mayor is a major public space in the heart of Madrid



Mont Saint Michel, France



Habitat 67 in Montreal



Fort Bourtange, Netherlands



Cologne Cathedral. Gothic Architecture, built during 1248-1880



The Zip Building, Milan



Matsumoto Castle, Japan



Bridge of Sighs, Venice, Italy

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*If you need help with using our website, feel free to contact a member of the Technical Support Group:*

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David Marion (DTMarion@hotmail.com) – events, online payments, mobile app for members

Bill King (gokingbee@gmail.com) – events, online payments, mobile app for members

Lorrette Shermet (lorrette@sympatico.ca) – events, Zoom, online payments

David Boss (bosscomm@rogers.com) – website page errors, passwords, mobile app for admins

## FORUM - THE ESCARPMENT PROBUS CLUB OF MILTON NEWSMAGAZINE

*This newsletter is published monthly in PDF format. If you know someone who you feel might be interested in joining the Escarpment PROBUS Club, please forward this publication with our compliments.*

### FORUM Deadline

*The editor notifies the management team and all convenors of the deadline for articles and pictures for publication for each issue. Stories and articles may be emailed to the editor or submitted to any member of the management team. Escarpment PROBUS Club reserves the right to refuse, edit, or change any copy or image submitted.*