

# FORUM



Volume 8 — Issue 3 — March 2020

## President's Message:

### Stay well, my friends



We heard about the Escarpment PROBUS trip planned for fall 2021 at our February general meeting. There was excitement in the room as club members thought about heading to Ecuador with the option of continuing on to Panama or the Galapagos. Thank you to Joanne Millichamp for all her hard work in choosing amazing destinations and arranging the details for these annual trips.

Many of us have already made plans to escape the freezing weather this year by going south. Hopefully, when we return the worst of winter will be behind us!

I am one of those heading out and as a result Wayne Herder, our vice president, will run the March general meeting. Each month Wayne is most visible thanking the greeters and 50/50 draw ticket sellers. The vice president role also includes being liaison with the meeting hall and arranging cookies for our coffee break. Wayne participates in the monthly management team planning meetings and adds his input to our discussions. When he takes over as president in the fall, you will find yourself enjoying his dry wit.

Please try to stay healthy during this cold, flu, and coronavirus season. PROBUS membership falls within a very susceptible demographic. Remain home if you feel sick, wash your hands frequently, and sneeze or cough into your bent elbow to ensure you don't pass on any illness to fellow members.

— Liz Read

### Why not consider a management position?

This is a story about four people named Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that, because it was Everybody's job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

— Anonymous

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## Next trip: Ecuador!

Our next PROBUS trip will be to the country of Ecuador, in South America. The dates are September 8<sup>th</sup> to 23<sup>rd</sup>, 2021.

Our first stop is Quito, the second highest capital city in the world at an elevation of 9,350 feet. Quito is the largest colonial city in the Americas and a UNESCO world heritage site. We stay for three nights and will tour the city plus visit the “Mitad del Mundo” (Middle of the World), where the Equator monument is located.

Next stop is the town of Mindo, where we visit the cloud forest via a tarabita (see brochure) and view a beautiful waterfall.

We travel through an area known as the Land of Lakes to Otavalo, where we stay for two nights in a beautiful 400-year old hacienda. Otavalo is famous for the most picturesque market in all of South America, featuring produce, animals, handicrafts and textiles.

We will enjoy two short train rides through the Andes Mountains and will see the magnificent Cotopaxi volcano, the highest active volcano on earth at 19,000 feet, and the best-preserved Incan site at Ingapirca.

Cuenca is considered the most beautiful city in Ecuador and we will enjoy visiting the city and then tour a Panama hat factory.

Guayaquil is located on the Pacific Ocean and is our stop for our last five days. There will be many tours here - the city tour of course, whale watching and a day in a tropical hacienda.

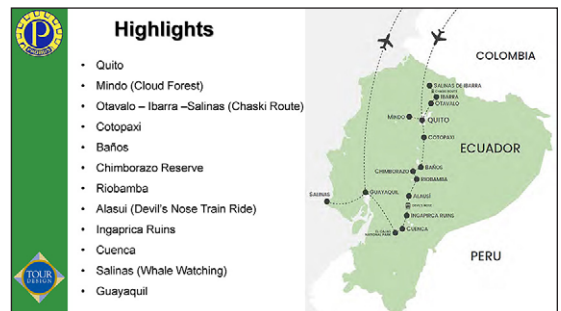
The cost for the tour is \$5,495 per person with a single supplement of \$1,695. Included are flights, accommodation, all breakfasts, 7 lunches and 7 dinners plus 1 lunch allowance. All gratuities are included. Excluded is air tax, currently \$160 per person plus insurance.

We have two post-tour options to Panama City: Radisson city centre hotel for 3 nights \$450 per person including transfers and accommodation plus breakfast; and the Westin Playa Bonita Resort on the Pacific Ocean, \$770 per person including 3 buffet dinners.

Our other post-tour option is a 5-day, 4-night tour to the Galapagos Islands. We stay two days on Santa Cruz Island where tours include a visit to a highland area ranch to observe giant tortoises, a trip through a lava tunnel, and a visit to the Charles Darwin Research Station. During our two days on Isabela Island, the largest in the Galapagos, we will have a wetlands excursion, visit the Wall of Tears, hike the Sierra Negra Volcano, and snorkel or swim in a small islet where we hope to see many marine animals. We will stay at local lodges on both islands and transfer between them via a small ferry. This extension costs \$2,595 per person.

[Click here to view the presentation shown at the February meeting.](#)

Please refer to the brochure for further information, or call Joanne Millichamp at (289) 878-2969.



# ACTIVITIES

## Time to spring forward!

By Ruth Gagnon, Activities Chair

Are you ready to spring forward? Daylight Saving Time begins on Sunday, March 8th. Get out there and join your fellow PROBUS Members for some fun and action!

Just a friendly reminder that if you have signed up for an event and at the last minute can't make it, kindly let the convenor for the event know as we will be looking for you!!

And finally, we are a very active group with numerous clubs and activities but it's important to remember that cold and flu season is still with us and we are hearing lots about the coronavirus. For those travelling, please stay safe and healthy. If you are sick, out of respect for your fellow PROBUS members, please err on the side of caution and stay away until you are 100% healthy. If you have signed up for an event, we will do our best to help you sell your ticket. As we have been hearing lots on the news lately, take extra care in washing your hands and make sure you cough into your elbow.

## MARCH ACTIVITIES:

### Tuesday, March 17<sup>th</sup> – St. Patrick's Day at Bingemans Conference Centre

Convenor: Irene Hiebert

**IF YOU WANT TO SIGN UP FOR THIS EVENT, YOU NEED TO CONTACT IRENE DIRECTLY AS IT IS BEFORE THE NEXT GENERAL MEETING.**

Oh the luck of the Irish! Enjoy a beer at the St. Patrick's Day Kitchen Party! Arrive between noon and 12:30 pm at Bingemans Conference Centre. We will enjoy a delicious buffet luncheon menu, following which we will enjoy a high energy show that will have us singing, laughing and no doubt tapping our feet. The show features "The Celts" and step-dancer Evelyn Mage. The show starts at 2:00 pm and will be finished by 3:30 pm. The cost is \$50/person and includes the buffet luncheon, the fabulous show, taxes and gratuities! Bingemans is located at 425 Bingemans Centre Drive in Kitchener.

### Monday, March 23<sup>rd</sup> – Bowling Extravaganza

Convenor: Irene Hiebert

Join us at 10:30 am at Champ's for a morning of bowling extravaganza followed by a preset lunch. The cost for this event is \$30/person and includes two games of bowling, shoes, lunch, prizes, taxes and tips!! If you want to join us for lunch only, the cost is \$20/person. Champ's is located at 300 Bronte Street South.

## APRIL ACTIVITIES:

### Tuesday, April 14<sup>th</sup> – Terra Greenhouses – Spring Planter

Convenor: Ruth Gagnon

Challenge yourself and come out and make a spring planter. We will be meeting at Terra Greenhouses at 1:30 pm. Check out the flyer at the Activities Table for a sample of what we will be making. The cost for this event is \$25/person.



Need a lift to an activity/event? Check out the sign up sheets for a member who is willing to drive!

Please remember to bring your cheque book to all PROBUS meetings so you can sign up for the great activities!

Unless otherwise stated, cheques will be cashed at the beginning of the month the event is scheduled.

Activities Committee Members:  
Ruth Gagnon  
Anne Gibbard  
Kelly Ground  
Irene Hiebert  
Joanne Millichamp  
Ron Millichamp  
Dawn Ross

## Thursday, April 16<sup>th</sup> – The Weather Network

*Convenor: Kelly Ground*

**THIS EVENT IS FULL AND THERE IS A WAITING LIST.** Join us for an interactive studio tour of The Weather Network, 2655 Bristol Circle in Oakville, from 12:00 pm to 1:00 pm. Following our tour we will have lunch at Jack Astor's located at Dundas and Highway 403. Space is limited to 30 members. Cost is \$5/person.

## Wednesday, April 22<sup>nd</sup> – Pub/Trivia Night at the Royal Canadian Legion

*Convenor: Ruth Gagnon*

Come on out and challenge yourself to some trivia. Led by our own Martin Capper along with your Activities Committee helpers! Guaranteed fun and laughter with your Escarpment PROBUS friends! The cost for this event is \$23/person and includes lasagna (meat or vegetarian), Caesar salad, garlic bread and of course, a cash bar. The Royal Canadian Legion is located at 21 Charles Street in Milton. Start time is 6:00 pm.

## Wednesday, April 29<sup>th</sup> – Home Hardware Tour

*Convenors: Kelly Ground & Dawn Ross*

Join us for a tour of Home Hardware's highly sophisticated distribution centre at 34 Henry Street, St. Jacobs. It is one of four locations that service all of Canada! Home Hardware maintains a very high service level. Their weekly deliveries are the industry's best for being on time and complete. The tour will start at 10 am. Following the tour we will have lunch at the Crossroads Restaurant in Elmira. The sign-up sheet reflects whether you can drive or if you need a lift.

## MAY ACTIVITIES:

### Wednesday, May 6<sup>th</sup> – Line Dancing

*Convenor: Ruth Gagnon*

**NEW!** Come on out and shake what your mama gave you! This is an ultra beginner class! We will meet for lunch at noon at the Firehall Cool Bar Hot Grill, 2390 Lakeshore Road West, and then head over to The Bronte Legion located at 79 Jones Street in Oakville from 2:00 pm until 3:30 p.m. The cost for the line dancing is \$10/person.

### Tuesday, May 12<sup>th</sup> – Brantford Twin Valley Zoo

*Convenor: Anne Gibbard*

There's no better way to learn about the wonderful animals of this world than to experience them up close and in person. The goal of the Brantford Twin Valley Zoo is to create an enjoyable environment where we can learn about animals of the world. Through this we aid in educating people about the importance of wildlife and the environment. Built on 25 beautiful acres in Brant County, Brantford Twin Valley Zoo is a great place to observe a collection of native and exotic animals maintained in natural surroundings. The zoo is located at 84 Langford Church Road and we will be meeting at 10:30 am. The cost for this event is \$16.50/person. Before we head home we will go for lunch at Symposium Café located at 1146 Wilson St. W., Ancaster.

## JUNE ACTIVITIES:

### Thursday, June 11<sup>th</sup> – Wine Tour in Niagara-on-the Lake

*Convenor: Michelle Tschirhart & Ruth Gagnon*

**THIS EVENT IS FULL** We will be heading to Niagara-on-the-Lake for a visit to the Reif Estate Winery. From there we will go to Caroline Winery for lunch and a wine tasting. Next stop will be Marynissan Estate and finally we will be going to Upper Canada Cheese Company for some samplings. We will meet behind the Milton Sports Centre at 9:30 am and board an Ayr Coach Line bus to be chauffeured for the day! The cost for this event is \$61 and it is limited to 33 members.

### Tuesday, June 16<sup>th</sup> – Superstore Cooking Demonstration

*Convenor: Dawn Ross*

**NEW!** Join us at the Milton Superstore for a cooking demonstration with an anti-inflammatory menu consisting of vegetable lentil soup, maple balsamic salmon, Greek farro salad and avocado lime chia pudding. Whether you suffer from inflammation or not, this sounds like a great menu! While the chef prepares our food, a dietitian, Karolina Otto, will be sharing info with us and answer questions. We will be meeting at the Superstore at 6:00 pm. The cost for this event is \$34/person and it is limited to 40 people.

## JULY ACTIVITIES:

Thursday, July 2<sup>nd</sup> – Drayton Theatre presents **Rock of Ages**

Convenor: Kelly Ground

**WE HAVE BEEN ABLE TO SECURE 10 MORE TICKETS AND AT THIS TIME HAVE 6 LEFT.** Rock of Ages is a fun jukebox musical built around classic rock songs from the 1980s, especially from the famous glam metal bands of that decade. The musical features songs from Styx, Journey, Bon Jovi, Pat Benatar, Twisted Sister, Steve Perry, and Poison, among other well-known rock bands. We will meet for lunch at Crossroads Restaurant in Elmira and 11:30 am and then head over to

St. Jacob's Playhouse in St. Jacob's for 2 pm. Cost for the play is \$45.20/person and it is limited to 21 members. Drayton Theatre will only hold tickets for us until June 2nd so the May General Meeting will be the final opportunity to sign up for this event. **Cheques for this event will be cashed at the end of May.**

## MEETING: MARCH

### A Journey Alone Across Canada's Arctic



Adam Shoalts is the explorer-in-residence of the Royal Canadian Geographical Society and the author of three national best-selling books: *Alone Against the North*, *A History of Canada in 10 Maps*, and his new book, *Beyond the Trees: A Journey Alone Across Canada's Arctic*. CBC and Canadian Geographic have both described him as “one of the greatest living explorers”.

## MEETING: APRIL

### Harness racing in Canada



Anthony MacDonald is the Co-founder and President of TheStable.ca, horse racing's fastest growing fractional ownership operation and the largest harness racing stable in Canada. During the past five years, Anthony has spoken about horse racing at dozens of venues across North America plus New Zealand and Australia.

In February 2020, Anthony MacDonald was awarded the Cam Fella Award by Standardbred Canada, recognizing meritorious service to the Canadian harness racing industry and extreme effort and dedication to Canadian harness racing.

Anthony and his wife Amy live in Guelph, ON with their three young children.

#### Bring a book – take a book!

Remember to bring in books you have finished and no longer need for exchange at the Ravenous Readers Recycling book table. To allow others the enjoyment of reading a best seller, please return them to the book table. Thanks.

- Ellen Crawford, Convenor

At PROBUS we want to keep in touch, we are all friends. If you know of anyone who is ill, moving away, lost a loved one, etc., or someone with a new grandchild, great grandchild or special anniversary, please let Lorrette Shermet know and she will gladly send a greeting card (contact [lorrette@sympatico.ca](mailto:lorrette@sympatico.ca) or 905-878-1293).

# SOCIAL CLUBS

Club	Date/Time	Convenor	Telephone	Email
Board Games - <i>Bee Gees</i>	2nd Wed. - 1 pm	Stephen Comstock	905-876-4909	scomstoc@sympatico.ca
Board Games - <i>Jokers</i>	2nd Thurs. - 1:30 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Board Games - <i>Jokers</i>	4th Wed. - 1 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Book Club - <i>First Edition</i>	2nd Mon. - 1 pm	Paul Crawford	289-878-4968	pauellencrawford@gmail.com
Book Club - <i>Happy Bookers</i>	4th Thurs. - 12:30 pm	Judy Wallace	905-878-3374	lollipops@sympatico.ca
Book Club - <i>Ravenous Readers Recycling</i>	3rd Wed. - Probus meeting	Ellen Crawford	289-878-4968	pauellencrawford@gmail.com
Book Club - <i>Sequel</i>	2nd Wed. - 10 am	Catherine Parr	289-971-9214	4catparr@gmail.com
Book Club - <i>Trilogy</i>	2nd Wed. - 10 am	Linda Green	289-851-8655	klgreen@sympatico.ca
Cards - <i>Bid Euchre</i>	3rd Thurs. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - <i>Bridge</i>	1st Tues. - 1 pm	Jeanne Reid	289-878-9920	jreid345@cogeco.ca
Cards - <i>Canasta</i>	4th Mon. - 7 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Cribbage - <i>Card Sharps</i>	2nd Mon. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Cribbage - <i>Card Sharps</i>	Tues. after the 2nd Mon. - 1:30 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - <i>Euchre</i>	3rd Tues. - 1 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Classical Music - <i>Mozart and Friends</i>	4th Tues. - 1:30 pm	Michael Hooker	905-878-8953	mhooker10@bell.net
Club <i>Français</i>	2nd Wed. - 10 am / 11 am	Anne-Françoise Gibbard	905-854-3781	anne@gibbard.net
Crafts - Knitting - <i>Chicks with Sticks</i>	3rd Thurs. - 10:30 am	Christine Willekes	905-820-0269	chrswillekes@gmail.com
Crafts - Quilting - <i>Piece Makers</i>	1st Tues. - 1 pm	Diane Comstock	905-876-4909	mejenscc@sympatico.ca
Dining - <i>Appy Hour</i>	Last Sat. - 6:30 pm	Mary Cousins	416-628-6275	mlecousins@outlook.com
Dining - <i>Lunch Bunch</i>	3rd Wed. - noon	Bonnie Lennox	416-899-7727	bblennox@live.ca
Dining - <i>Nosh 'N' Natter</i>	1st Fri. - 5:30 pm	Gillian Reynolds	905-878-1636	gilliana@cogeco.ca
Dining - <i>Nosh 'N' Natter</i>	2nd Fri. - 5:30 pm	Gillian Reynolds	905-878-1636	gilliana@cogeco.ca
Dining - <i>Nosh@Nite</i>	4th Fri. - 5:30 pm	Paul & Ellen Crawford	289-878-4968	pauellencrawford@gmail.com
Dining - <i>Saturday Night Lives</i>	1st Sat. - 6 pm	Anna Strachan	905-878-0812	annastrachan1945@gmail.com
Dining - <i>Skip the Dishes</i>	3rd Thurs. - 6 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Dining - <i>Supper/Dinner Club</i>	<i>Scheduled by convenor</i>	Auriel Halliday	905-336-2430	aurielh@gmail.com
Friendship Club	4th Wed. - 10 am	Judy Krauss	289-878-8194	judyckrauss@gmail.com
Movie Club - <i>Oscar Nights</i>	2nd Tues. - 7 pm	Theresa Spano	416-618-2955	1tspano@gmail.com
Probus Info Exchange - <i>PIE</i>	Online only - no meetings	Cliff Read	905-864-1565	cliff.read@cogeco.ca
Sports - Bowling - <i>10 Pin</i>	2nd Tues. - 4 pm	Michelle Tschirhart	416-668-9083	mltschirhart55@gmail.com
Sports - Bowling - <i>10 Pin</i>	Last Wed. - 4 pm	Michelle Tschirhart	416-668-9083	mltschirhart55@gmail.com
Sports - Golf - <i>Pin Seekers</i>	TBA	TBA		
Tastings - Beer - <i>Suds and Buds</i>	4th Thurs. - 7 pm	Pete Shermet	905-878-1293	peteshermet@gmail.com
Tastings - Whisky - <i>D'Stillers</i>	1st Wed. - 7 pm	Chris Strachan	905-878-0812	strachan.chris1944@yahoo.ca
Tastings - Wine - <i>Grapenuts</i>	1st Mon. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - <i>Grapenuts</i>	1st Thurs. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - <i>Grapenuts</i>	2nd Wed. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Travel - <i>Annual Trip</i>	<i>Scheduled by convenor</i>	Joanne Millichamp	289-878-2969	jmillichamp@hotmail.com
Travel - <i>Wanderlust</i>	2nd Thurs. - 7 pm (bi-monthly)	Gloria Pennycook	905-659-7789	gpennycook@icloud.com
Walkers - <i>Trail Walkers</i>	Every Tues. - 1:30 pm	Ronald Flannagan	905-332-6310	rflannagan@cogeco.ca
<b>New information</b>	<b>Temporary change</b>			

## Annual Picnic

**Save the Date:** June 24, 2020

**Location:** Sports Centre, Milton

Stay tuned for more details in the coming months!

— Pat Vogt, Social Chair



# MARCH CALENDAR

EVENT	DATE	TIME	LOCATION	CONVENOR
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## Activities

Executive Meeting	March	11	6:00 PM	Herder home	Liz Read
St. Patrick's Day	March	17	Noon	Bingemans Conference Centre	Irene Hiebert
Escarpment PROBUS monthly meeting	March	18	9:30 AM	121 Chisholm Dr. Milton*	Liz Read
Lunch Bunch	March	18	12:00 PM	Ned Devines	Bonnie Lennox
Bowling Extravaganza	March	23	10:30 AM	Champ's	Irene Hiebert

## Clubs

Probus Info Exchange - PIE	Online only				Cliff Read
Walkers - <i>Trail Walkers</i>	Every Tuesday		1:30 PM	<i>as per email</i>	Ronald Flannagan
Tastings - Wine - <i>Grapenuts</i>	March	2	7:00 PM	Balfour home	Jim Tschirhart
Cards - <i>Bridge</i>	March	3	1:00 PM	Reid home	Jeanne Reid
Crafts - Quilting - <i>Piece Makers</i>	March	2/3	9:00 AM	Comstock home*	Diane Comstock
Tastings - Whisky - <i>D'Stillers</i>	March	4	7:00 PM	Herder home	Chris Strachan
Tastings - Wine - <i>Grapenuts</i>	March	5	7:00 PM	Halk home	Jim Tschirhart
Dining - <i>Nosh 'N' Natter</i>	March	6	5:30 PM	Murphy home	Gillian Reynolds
Dining - <i>Saturday Night Lives</i>	March	7	6:00 PM	Portobellos	Anna Strachan
Book Club - <i>First Edition</i>	March	9	1:00 PM	Castello home	Paul Crawford
Cards - Cribbage - <i>Card Sharps</i>	March	9	7:00 PM	Capper home*	Martin Capper
Cards - Cribbage - <i>Card Sharps</i>	March	10	1:30 PM	Capper home*	Martin Capper
Sports - Bowling - <i>10 Pin</i>	March	10	4:00 PM	Champs Bowling*	Michelle Tschirhart
Movie Club - <i>Oscar Nights</i>	March	10	7:00 PM	Milton Cineplex Cinemas*	Theresa Spano
Board Games - <i>Bee Gees</i>	March	11	1:00 PM	Grace Church Hall*	Stephen Comstock
Book Club - <i>Sequel</i>	March	11	10:00 AM	Nelson home	Catherine Parr
Book Club - <i>Trilogy</i>	March	11	10:00 AM		Linda Green
Club <i>Français</i>	March	11	10:00 AM	Yardley / Crowe home*	Anne-Françoise Gibbard
Tastings - Wine - <i>Grapenuts</i>	March	11	7:00 PM	Capper home	Jim Tschirhart
Board Games - <i>Jokers</i>	March	12	1:30 PM	Halk home	Auriel Halliday
Travel - <i>Wanderlust</i>	March	12	7:00 PM	Hooker home	Gloria Pennycook
Dining - <i>Nosh 'N' Natter</i>	March	13	5:30 PM	Petroff home	Gillian Reynolds
Dining - <i>Supper/Dinner Club</i>	March	14	6:30 PM	<i>scheduled by convenor</i>	Auriel Halliday
Cards - <i>Euchre</i>	March	17	1:00 PM	Comstock home	Lorrette Shermet
Book Club - <i>Ravenous Readers Recycling</i>	March	18	9:30 AM	121 Chisholm Dr. Milton*	Ellen Crawford
Cards - <i>Bid Euchre</i>	March	19	1:15 PM	Grace Church Hall*	Lorrette Shermet
Crafts - Knitting - <i>Chicks with Sticks</i>	March	19	10:30 AM		Christine Willekes
Dining - <i>Skip the Dishes</i>	March	19	6:00 PM	Adonis Restaurant, Oakville	Lorrette Shermet
Cards - <i>Canasta</i>	March	23	7:00 PM	Spano home	Lorrette Shermet
Classical Music - <i>Mozart and Friends</i>	March	24	1:30 PM	Barnes home	Michael Hooker
Board Games - <i>Jokers</i>	March	25	1:00 PM	Crawford home	Auriel Halliday
Friendship Club	March	25	10:00 AM	Season's Retirement home*	Judy Krauss
Sports - Bowling - <i>10 Pin</i>	March	25	4:00 PM	Champs Bowling*	Michelle Tschirhart
Book Club - <i>Happy Bookers</i>	March	26	12:30 PM		Judy Wallace
Tastings - Beer - <i>Suds and Buds</i>	March	26	7:00 PM	Chliszczyk home	Pete Shermet
Dining - <i>Nosh@Nite</i>	March	27	5:30pm	Crawford home	Paul & Ellen Crawford
Dining - <i>Appy Hour</i>	March	28	6:30 PM		Mary Cousins

New information

Temporary change

\* Permanent location

# APRIL CALENDAR

EVENT	DATE	TIME	LOCATION	CONVENOR	
<b>Activities</b>					
Executive Meeting	April	8	6:00 PM	Boss home	Liz Read
Terra Greenhouses – Spring Planter	April	14	1:30 PM	12800 Britannia Rd., Milton	Ruth Gagnon
Escarpment PROBUS monthly meeting	April	15	9:30 AM	121 Chisholm Dr., Milton*	Liz Read
Lunch Bunch	April	15	12:00 PM	TBD	Bonnie Lennox
The Weather Network	April	16	Noon	2655 Bristol Circle, Oakville	Kelly Ground
Pub/Trivia Night at the Royal Canadian Legion	April	22	6:00 PM	21 Charles St., Milton	Ruth Gagnon
Home Hardware Tour	April	29	10:00 AM	34 Henry Street, St. Jacobs	Kelly Ground/Dawn Ross

## Clubs

Probus Info Exchange - PIE	Online only				Cliff Read
Walkers - <i>Trail Walkers</i>	Every Tuesday		1:30 PM	<i>as per email</i>	Ronald Flannagan
Dining - <i>Supper/Dinner Club</i>	April		6:30 PM	<i>scheduled by convenor</i>	Auriel Halliday
Tastings - Whisky - <i>D'Stillers</i>	April	1	7:00 PM	Cousins home	Chris Strachan
Tastings - Wine - <i>Grapenuts</i>	April	2	7:00 PM	Boss home	Jim Tschirhart
Dining - <i>Nosh 'N' Natter</i>	April	3	5:30 PM	Crowe home	Gillian Reynolds
Dining - Saturday Night Lives	April	4	6:00 PM	TBD	Anna Strachan
Tastings - Wine - <i>Grapenuts</i>	April	6	7:00 PM	Shermet home	Jim Tschirhart
Cards - <i>Bridge</i>	April	7	1:00 PM		Jeanne Reid
Crafts - Quilting - <i>Piece Makers</i>	April	7	1:00 PM	Comstock home*	Diane Comstock
Board Games - <i>Bee Gees</i>	April	8	1:00 PM	Grace Church Hall*	Stephen Comstock
Book Club - <i>Sequel</i>	April	8	10:00 AM		Catherine Parr
Book Club - <i>Trilogy</i>	April	8	10:00 AM		Linda Green
Club <i>Français</i>	April	8	10:00 AM	Yardley / Crowe home*	Anne-Françoise Gibbard
Tastings - Wine - <i>Grapenuts</i>	April	8	7:00 PM	Strachan home	Jim Tschirhart
Board Games - <i>Jokers</i>	April	9	1:30 PM	Murphy home	Auriel Halliday
Dining - <i>Nosh 'N' Natter</i>	April	10	5:30 PM	Wallace home	Gillian Reynolds
Book Club - <i>First Edition</i>	April	13	1:00 PM	Read home	Paul Crawford
Cards - Cribbage - <i>Card Sharps</i>	April	13	7:00 PM	Capper home*	Martin Capper
Cards - Cribbage - <i>Card Sharps</i>	April	14	1:30 PM	Capper home*	Martin Capper
Sports - Bowling - <i>10 Pin</i>	April	14	4:00 PM	Champs Bowling*	Michelle Tschirhart
Movie Club - <i>Oscar Nights</i>	April	14	7:00 PM	Milton Cineplex Cinemas*	Theresa Spano
Book Club - <i>Ravenous Readers Recycling</i>	April	15	9:30 AM	121 Chisholm Dr. Milton*	Ellen Crawford
Cards - <i>Bid Euchre</i>	April	16	1:15 PM	Grace Church Hall*	Lorrette Shermet
Crafts - Knitting - <i>Chicks with Sticks</i>	April	16	10:30 AM		Christine Willekes
Dining - <i>Skip the Dishes</i>	April	16	6:00 PM	TBD	Lorrette Shermet
Cards - <i>Euchre</i>	April	21	1:00 PM	Chlisczyk home	Lorrette Shermet
Board Games - <i>Jokers</i>	April	22	1:00 PM	Strachan home	Auriel Halliday
Friendship Club	April	22	10:00 AM	Season's Retirement home*	Judy Krauss
Book Club - <i>Happy Bookers</i>	April	23	12:30 PM		Judy Wallace
Tastings - Beer - <i>Suds and Buds</i>	April	23	7:00 PM	Hooker home	Pete Shermet
Dining - <i>Nosh@Nite</i>	April	24	5:30pm	Read home	Paul & Ellen Crawford
Dining - <i>Appy Hour</i>	April	25	6:30 PM		Mary Cousins
Cards - <i>Canasta</i>	April	27	7:00 PM	Comstock home	Lorrette Shermet
Classical Music - <i>Mozart and Friends</i>	April	28	1:30 PM		Michael Hooker
Sports - Bowling - <i>10 Pin</i>	April	29	4:00 PM	Champs Bowling*	Michelle Tschirhart

New information

Temporary change

\* Permanent location



# RECENT EVENTS

## February Meeting



Greeters:



New member: Suzanne Greaves



Travel info table



50/50 winner: Leslie Houlihan



Lunch Bunch: Kelseys

## Probiants go to pot and delve into the weeds

by Alan Jordan, Correspondent



Dr. Bruce McKay, Chair of the Department of Psychology at Wilfrid Laurier University, was our speaker at the February meeting. His presentation investigated the psychological and biological effects of recreational and medicinal cannabis. He also discussed our new cannabis laws and outcomes of legalization. If you think this was a Stoned Age topic, then you are right. Bruce infused his chat with a light touch of comedy when explaining some of the more “personal” aspects and affects of cannabis in all its forms, including edibles.

Cannabis has been around a long time. First used in South East Asia in 8000 BCE for clothes, rope, shoes and paper. We started smoking cannabis in the 1800s. In 1923, The Opium and Narcotics Act prohibited opiates, cocaine and cannabis.

We learned of the short-term psychological and behavioural effects of cannabis. The psychoactive effects of cannabis are due to THC (delta-9-tetrahydrocannabinol). Don't forget, you can't spell healthcare without “THC”.

What are the long-term cognitive effects? Conclusion: Children under the age of 18 who regularly use cannabis are at high risk of long-term, unrecoverable, cognitive impairments. Presents as: slower processing, impaired decision-making, fantasy thinking, diminished educational achievement, permanent IQ decrease = about 10 points.

Our audience was so enamoured and enthralled with his infusiasm that when his talk ran-over time, nobody cared! Bruce has generously agreed to supply us with his presentation in PDF format. [Click here to open it in your web browser.](#) Enjoy and be sure to pass this important information onto your children and grandchildren.

# Activities

## Longo's Cooking Demonstration – Fifty Shades of Chocolate!

by Dawn Ross, Convenor

It was a chocolate lover's dream on Valentine's Day with Chef John Bela. Twenty-one of us enjoyed two appetizers, dark chocolate and wild mushroom mille-feuille and chocolate temptation mussels. Our main course was cocoa nib black pepper encrusted beef tenderloin with chocolate port sauce, with sides of white chocolate potato mash and asparagus with prosciutto and cocoa nibs. We finished with a chocolate soup with floating meringue island. Chef John is a passionate cook and makes for a great evening with delicious food and friends.



## Halton Mosque and Islamic Association

by Anne Gibbard, Convenor

Where are we? Not at the Halton Mosque as scheduled, but 12 of us had a great breakfast at Cora's in Burlington. Why? The Mosque had a sewer pipe burst on Monday evening that flooded the basement, filling the entire building with an unpleasant smell!

I didn't check my e-mail in the morning, but grabbed my phone, jumped into my car and drove to the Mosque car park. Ruth and the others present told me about the disaster of the broken pipe. Most of us that showed up decided to go and have a nice breakfast at Cora's. A great social time was had by all, especially because it was Shrove Tuesday (pancake day)!!!



Two unfortunate events in two months, speaker not turning up for the meeting and late cancellation for the Mosque visit. Be careful to look out for the third one!!!! *Jamais deux sans trois* ( French saying).

We will reschedule a visit to a mosque in the future and advise the new date, time and location. If the date and time doesn't work for those who signed up for this tour, you will be provided with a refund at that time.

# Clubs: Food and Drink

## Snowy Night in Mississauga

by Jack Willekes, Correspondent

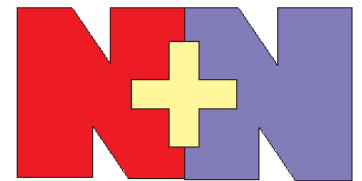
On a blowy, snowy Friday night the Nosh@Nite intrepid travellers drove to Mississauga for an evening of food, fun and laughter. The group brought with them a fabulous variety of hot and cold dishes, followed by a wide selection of dessert items, and as usual there were NO leftovers. Discussions ranged from travel plans, families, weather and the role of “grandma and grandpa” during March Break. Safe and enjoyable travels to all who are venturing afar.



## Valentine's Day at the Ponds

by Gillian Reynolds, Convenor

The February 14th Nosh n Natter fell on Valentine's Day, so most of the celebrants wore red. The house was strewn with hearts and flowers. At Carole's suggestion, some people brought their wedding photos. The ladies all congregated around the dining room table and some of them regaled us with stories of how they met their husband(s) and how long they were/have been together. It made for some interesting revelations. "What happens at Nosh stays at Nosh." Chris Watkiss hopped in on crutches, suffering with a broken foot. What a soldier. I think he was secretly lapping up the extra attention. The enjoyable evening was capped off with delectable desserts, including of course chocolate.



## Mardi Gras

*by Martin Capper, Correspondent*

Good friends, good food, much wine and a Mardi Gras theme make a great recipe for a successful dinner party and that's what we had in February. Gloria and Bob, Jim and Barb and Frank and Marg gathered at the Cappers on a cold Saturday night!

All the guests had followed the theme in their dress, including Bob who instead of flashing to earn beads brought flashing beads!

The recipes provided by Auriel and Megs were a great success although I suspect the butter and sugar that went into the dessert may well sit on my waistline for a while!



## More Mardi Gras

*by Anne Gibbard, Correspondent*

The Mardi Gras dinner held at Anne and Chris Gibbard's was enjoyed by all. We all had our masks like in a Venice Masquerade Ball. The food was a little spicy but enjoyed by all and we were happy to try a New Orleans aperitif. As usual the dinner was spent with a lot of laughs and good conversation.



## Mardi Gras Flameout

*by Lorraine Randall, Correspondent*

We had a Flambé malfunction! Our Flambé - never flambéd! But it was still good. No complaints.



## La Toscana

by *Lorrette Shermet, Convenor*

Twenty-three Probians enjoyed a great meal at La Toscana in Milton. Not only was the food good, the company was great.

Skip the Dishes will be skipping out of Milton on Thursday March the 19th to Adonis in Oakville. Adonis is a family owned Mediterranean and Greek restaurant.



## Cowbell Brewery

by *Paul Crawford, Correspondent*

On Thursday February 27, 11 Suds & Buds members met at Paul Crawford's house to taste an assortment of beers from the Cowbell Brewery in Blythe, Ontario.

The beers ranged from 4.2% up to 6.3% alcohol and from German to American yeasts, with a variety of bitterness and additives such as honey.

The winning beer was named Absent Landlord after a British Noble who bought the village but never saw it. It had an average score of 82.36, is made with a German Kolsch yeast, is fermented warm and is unpasteurized and unfiltered.

The second choice, with an average score of 77.18, was McCall's Mission Honey Brown Ale, which was named for a WW1 local who was awarded the Military Medal for bravery behind enemy lines and also signed up for WW2 and served as a dispatch rider. This beer has an alcohol content of 4.8%, and uses local raw honey and California Ale yeast.

The third place beer, with an average score of 76.72, was named Shindig Huron County Lager after the county where the brewery is and a name for a barn dance. It has an alcohol of 4.2%, and is made with 100% Canadian malts and German yeast.

The fourth place beer, with an average score of 62.18, was Doc Perdue's Boxing Bruin. It was named for a local vet who tamed an orphan bear and trained it to box in fairs. It has an alcohol content of 6.3% and is a classically bitter India Pale Ale made with five unique hops and California Ale yeast.

The fifth place beer, with an average score of 59.27, was named Gravel Run India Pale Ale after the gravel beds that provide the water for the beer making. It has an alcohol content of 4.5%, with a gentle bitterness, and is made with American Ale yeast.

The bitter beers fared the worst on average but each one of them had at least a few participants who rated them with high scores. Such is beer and life!



# Leave no Whisky (or Whiskey) Untasted

by Chris Strachan, Convenor

The February Meeting of the D'Stillers was held at the home of Lorrette and Pete Shermet. Pete selected five whiskies for our tasting pleasure and they were rated as follows:



First place finish went to 'Lord Lieutenant Kinahan's Small Batch Irish Whiskey', a blended whiskey, with a score of 76.5%. It costs \$59.95 and has an Alcohol by Volume (ABV) of 46%. The rise of Irish whiskey continues with the relaunch of Kinahan's whiskey. This brand dates back to 1779. Kinahan's went under in the early 1900s but was revived in 2014. Irish whiskey is riding high with new brands popping up all the time.

Second of the evening was 'Lambay Single Malt Irish Whiskey' with a score of 72.6%, a cost of \$92.95 and an ABV of 40%. This whiskey is named after Lambay Island, a private island off the east coast of Ireland that also happens to be home to wild kangaroos. This island was once owned by one of the Barings Bank family members. In its heyday, it was the second oldest Merchant bank in the world. It was made bankrupt in 1985 when a trader named Nick Leeson hid his losses from the company officials to the tune of 827 million pounds.

Third was 'Cardhu' 12 yr old single malt with a score of 70.4%, a cost of \$82.95 and an ABV of 40%. The word cardhu is Gaelic for "the black rock". Founded by Helen Cumming in 1811 as an illicit distillery and licensed in 1824, Cardhu is the first distillery to be officially pioneered by a woman. Two women, in fact: in 1872, Elizabeth Cummings, daughter-in-law of the founders, took over the running of the distillery and set about refining the flavour and character of the whiskey we know today.

Fourth of the evening was 'The Glenlivet French Oak Reserve' 15yr old single malt scotch with a score of 69.3%, a cost of \$84.95 and an ABV of 40%. The Glenlivet brand is the biggest selling single malt whiskey in the United States and the second-best single malt brand globally with six million bottles sold annually. This is the malt that goes into the famous Chivis Regal whiskey.

Last but not least was 'Lagavulin-Offerman Edition' 11 yr old single malt scotch with a score of 64.4%, a cost of \$119.95 and an ABV 46%. This whisky is dedicated to actor Nick Offerman from the hit TV show Parks and Recreation. Offerman and his Parks and Recreation character Ron Swanson are known for their love for Lagavulin. The collaboration between Lagavulin and Offerman began in 2014. Lagavulin is especially known for its 16yr old whisky, which is loved by those who prefer the peaty/smokey aroma.

Thanks to Lorrete for entertaining the DDs and to Pete for all the goodies enjoyed by everyone at the end of the evening. Thanks also to the DDs for the safe drive home.

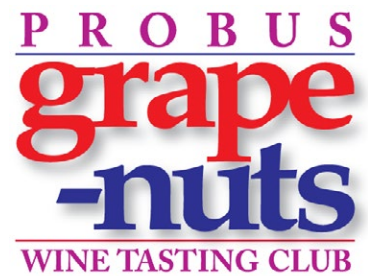
The March 4<sup>th</sup> D'Stillers meeting will be held at the home of Suzanne and Wayne Herder.



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## February Results

by Jim Tschirhart, Convenor



**Hosts: Theresa Spano & Dawn Ross**

**Theme: Wines of Milton Local Restaurants**

Our three restaurants were Ivy Arms, Thai House and Casa Americo. We had three whites and three reds, of which four were house wines and two were the restaurant's premium wine.

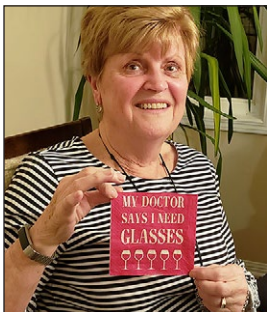
The results were not what we expected.

1<sup>st</sup>: L'Epayrie Blanc, a French wine, with an average score of 14.3. Served as the House Wine at Thai House This wine can be bought at the LCBO for \$14.95, LCBO# 10907.

2<sup>nd</sup>: Yellow Tail Shiraz, an Australian wine, with an average score of 13.5. Served as a premium wine at Thai House. This wine is \$10.95 at the LCBO, LCBO# 624544.

3<sup>rd</sup>: Wolf Blass Yellow Label Cabernet Sauvignon, an Australian wine, with an average score of 13.2. Served as a premium wine at Ivy Arms. LCBO# 15941, \$9.95.

Surprising to me was that the Casa Americo house white wine scored the lowest overall at 12.2 and their red house wine was 4th at 12.8. The Ivy Arms house white was 5th with 12.5.



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**Hosts: Jim & Michelle Tschirhart**

**Theme: Snow storm**

This wine tasting got cancelled due to poor weather resulting in poor travel conditions.

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**Hosts: Megs Shellard & Michael Hooker    Theme: Wines from South France – Rhone & Burgandy**

Megs suggested the theme, inspired by a delightful river cruise on the Rhone and Saone (a tributary of the Rhone) that she and a small group from Milton PROBUS took in 2019. They started in Lyon, cruised up-river to Chalon Sur Saone, then back down the Rhone to Arles and Avignon. Lots of great wine and other goodies along the way!

We tasted and scored two whites and three reds – the reason for this startling breach of numerical form will be made plain a few lines later.

Best White: Latour Chardonnay  
Bourgogne. LCBO 55533; cost \$21.95  
(most expensive of the evening);  
Burgundy, France; Score 13.1.

Best Red: Labet Cotes du Rhone.  
LCBO 630657; cost \$13.95; Rhone,  
France; Score 15.2.

After the “official” part of the tasting,  
Megs served us (to go with desserts) a  
South of France drink known as “Kir”-  
a very light white wine mixed with

Cassis (blackcurrant liqueur). Great way to finish! The wine was L’Epayrie Blanc (LCBO 214072, cost \$10.95 for 1000 ml). Described in the LCBO write-up as “clean, simple, uncomplicated”. One of our tasters (who was curious about what it was like without the Cassis additive) said it reminded her of soda water! But with Cassis, it was brilliant!



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All tastings start at 7:00 pm. Please email or phone your preferred host directly.

All hosts can initially accept a maximum of 10 people (including hosts) until all tastings have this number, then hosts are free to accept more – at their discretion. If you can’t find a spot after they are opened up, please email me. If there is enough interest, I’ll attempt to set up a 4th tasting.



# Clubs: Books and Hobbies

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## The Gentlemen

by Theresa Spano, Correspondent

This month a handful of PROBUS Oscar Movie goers went to see “The Gentlemen”.

**Synopsis:** Mickey Pearson is an American expatriate who became rich by building a highly profitable marijuana empire in London. When word gets out that he’s looking to cash out of the business, it soon triggers an array of plots and schemes, including bribery and blackmail from shady characters. This British gangster comedy movie starred Matthew McConaughey, Hugh Grant, and Colin Farrell to name a few. It was directed by Guy Ritchie.

**Review:** The clever film switched from past to present and had multiple plots. It took some of us a while trying to figure out what was real and what was actually happening in the movie. There were clearly some people who had fallen asleep during the movie, while others could be seen laughing and enjoying the film.

This movie is not for everyone. With all its plots, vulgar comments and effort figuring out the bouncing between reality and real life in the movie, it could be a bit too much for some people. You may want to save your money and go see something else, but who knows, we did hear a lot of laughter and some people really enjoying themselves.

Our members rated this movie a average of 5 out of 10.



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## Words and Music by Brell and Sondheim

by Michael Hooker, Convenor

For February, Michael Hooker treated us to songs by two of the great 20th century songwriters, the Belgian Jacques Brell and the American Stephen Sondheim.

Jacques Brel (1929 – 1978) was a Belgian singer, songwriter, poet, actor and director who composed and performed literate, thoughtful, and theatrical songs that generated a large, devoted following. Many English-speaking songwriters and performers, including David Bowie, Ray Charles, Judy Collins, John Denver, The Kingston Trio, Nina Simone, Frank Sinatra and Andy Williams performed English translations of his songs.

We listened to the original cast recording of the Off-Broadway musical “Jacques Brel is Alive and Well and Living in Paris” which premiered in 1968.

Stephen Sondheim (born 1930) is one of the most important figures in 20th-century musical theatre. He has been praised for “reinventing the American musical”, with shows that tackle unexpected themes that range far beyond traditional subjects with music and lyrics of unprecedented complexity and sophistication. Among his works as composer and lyricist are A Funny Thing Happened on the Way to the Forum (1962), Company (1970), Follies (1971), A Little Night Music (1973), Sweeney Todd: The Demon Barber of Fleet Street (1979), Sunday in the Park with George (1984), and Into the Woods (1987). He is also known for writing the lyrics for West Side Story (1957) and Gypsy (1959). He has received an Academy Award, eight Tony Awards, eight Grammys, and a Pulitzer Prize.

“A Little Night Music” original cast recording was our “Sondheim Moment”. Inspired by the Ingmar Bergman film “Smiles of a Summer Night”, the story involves the romantic and comically intertwined lives of several couples in early 20th century Sweden. Its title is a literal English translation of the German name for Mozart’s famous piece “Eine Kleine Nachtmusik”.



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## Eleanor Oliphant is Completely Fine

by Margaret Anne Fehr, Correspondent

Trilogy Book Club met Wednesday, Feb. 12<sup>th</sup> hosted by Margaret Fehr to discuss our book selection, *Eleanor Oliphant is Completely Fine* by Gail Honeyman.

The plot for the novel follows 29 year old Eleanor Oliphant and is written from a first person point of view where readers witness Eleanor's thinking processes and attitude towards those within her limited social circle. Eleanor is socially awkward but academically intelligent. She has held a dead end job as an accountant at a graphic design firm where her co-workers view her as 'strange' and make fun of her behind her back. Weekends are solitary when she orders Friday night pizza and consumes a couple of bottles of vodka over two days.

Not thinking that she has a problem, Eleanor repeatedly describes herself as "absolutely fine", and even when obvious moments of awkwardness arise in her interactions with others, she tends to blame the other person's "underdeveloped social skills".

After seeing local band member Johnny Lomond at a music concert, Eleanor is convinced that the singer is destined to become her soulmate (even though they've never met) and begins a self-improvement campaign to make herself suitable for her prospective role as his partner. The book describes Eleanor's hilarious methods to create her new persona, including a bikini wax, consultations with sales people to choose trendier fashion items, and learning to apply make-up. Eleanor's naiveté and unvarnished opinions about these measures were not only laugh-out-loud funny but also contained skewering nuggets of social satire.

The book combines a skillful mix of humour and seriousness along with aspects of a suspense novel that reveals a surprise ending that ties Eleanor's past and present together.

Our group really liked Eleanor for all her oddness and we realized just how often we tend to judge others by superficial cues.

There were many insightful comments during our meeting that included topics around mental illness and how it can be treated. We also talked about the effects of PTSD and how childhood experiences, especially trauma and abuse, affect people for their entire lifetimes, unless some sort of intervention or important relationship occurs. We talked about the Let's Talk campaign that puts a spotlight on treating mental illness but that there is still a lack of resources that make finding help challenging.

The rating for the book came in at a solid 8 and is a selection we whole-heartedly recommend.

Next meeting is on March 11<sup>th</sup> when we discuss *Washington Black* by Esi Edugyan.

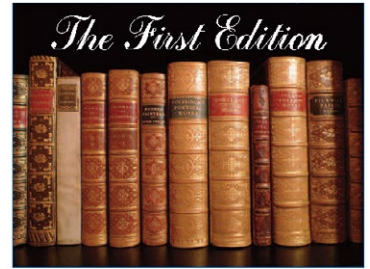


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## The Husband's Secret

by Julie Flynn, Correspondent

Our group met February 10 at Julie Flynn's home to discuss *The Husband's Secret* by Liane Moriarty. The book intertwines the story of three women: Tess, whose husband falls in love with her cousin; Cecilia, whose husband has hidden a secret since he was 17; and Rachel, whose daughter died as a teenager. There are plenty of twists and turns that keep the story moving and hold the reader's interest. Most people gave it a score of 7 or 8, though a few downgraded it to 5 or 6.



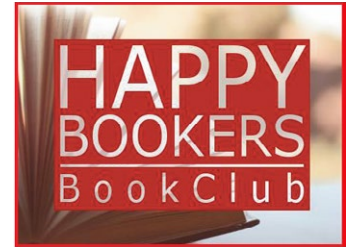
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## The Lost Painting

by Judy Wallace, Convenor

The Happy Bookers met at Michael Hooker's to discuss *The Lost Painting* by Jonathan Harr.

Part detective story and part treasure hunt, this book takes us from dusty basement archives to the ornate galleries of Europe's finest art museums. The prize is a missing Caravaggio masterpiece called the The Taking Of Christ, depicting Judas' betrayal in the Garden of Gethsemane. Copies have surfaced over the centuries but the original was presumed lost or destroyed. The story follows a young Italian art student, Francesca Cappelletti, who uncovers unknown documents about the painting while researching something else. Poring over centuries old archives in Italy, she uncovers clues that lead her to Scotland and Ireland. We have a glimpse into the world of art history and art restoration.



We felt the story would have benefited from more insight into Caravaggio the artist... there's not enough in the book to help the uninformed appreciate the beauty of his work. We rated the read from 5-7.

Next meeting is March 26 at Sandi Gilbert's home to discuss *The Immortal Life Of Henrietta Lacks*.

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## The Rosie Project

by Catherine Parr, Correspondent

*Wherever She Goes* by Kelley Armstrong is a psychological thriller about a single mother who witnesses the kidnapping of a young boy at a local park. Although she reports the crime to the police, there is little they are willing to do as no child was reported missing. Aubrey, in the absence of police help, sets out to find the child herself. She is plagued by her own shrouded past and must tread carefully so as to conceal her secrets and fabricated background.



The book received mixed reviews from our Book Club members. Some fully enjoyed it but the majority, however, found *Wherever She Goes* problematic with unbelievable characters and an unimpressive writing style. Not one of our better reads.

## Round Robin Border Four

by Diane Comstock, Convenor

Six Piecemakers gathered at Diane Comstock's home on Tuesday, Feb. 4<sup>th</sup>. We welcomed new member Judy Osman to our group. We received back our finished Round Robin blocks and we now have to decide how to quilt them and possible uses for the completed projects. Carol Ann showed us her finished winter quilt and we admired her wonderful quilting design. Diane's latest door hanger greeted us as we entered her condo – a tribute to her late dad using his shirts and ties.



We discussed our upcoming retreat and agreed on what everyone was going to contribute for lunch. We talked about the different presser feet used in quilting: hopping (or darning) foot for free-motion and walking foot for straight line stitching. Diane will send out a suggested list of items to bring to the retreat – most important of which is your sewing machine and Round Robin quilting project.

Judy Osman introduced herself indicating that she is a novice quilter and hoped to get tips and tricks from the group. She asked for suggestions on using her animal prints to make a quilt for her grandchild. Wendy suggested a building block theme and Diane offered to find one on the Internet.

Quilting Terms of the Month:

**Hopping foot** – A special sewing foot that is most common on longarm machines and is often used when you want greater visibility of the stitching in your projects, especially if you have an intricate design.

**Presser foot** – The part of the sewing machine that surrounds the needle and stabilizes the fabric—keeping it flat—against the throat plate as the needle goes up and down. There are a variety of presser feet available to accommodate many different sewing machines.

**Walking foot** – A special foot you attach to a sewing machine that helps to feed the quilt through more evenly, as it has grippers on the bottom. It is especially effective to use this walking foot in machine quilting.

Our next meeting will be our 2-day quilt retreat at Diane's condo in the party room on March 2<sup>nd</sup> and 3<sup>rd</sup> from 9-5 each day. Anyone interested in quilting, consider joining the group.



# Clubs: Games and Sports

## It's a Thinking Game!

by Diane Comstock, Correspondent

Ten gamers came out to play at Grace Anglican Church Hall on Wednesday, Feb. 12<sup>th</sup>. Six played Phase 10 and after much competition, Lorhel was named the winner. Four played Rummikub, a very serious game as can be seen by the picture of Jenny pondering her next move. After three rounds, it appeared that Diane would be crowned the winner as she won two of the three. But wait, it is not over until the last tile is played or NOT as Jenny stole the crown by finishing the 4<sup>th</sup> round before Diane could even open.



A great time was had by all. Thanks to Beth for the munchies and desserts. Our next game will be on Mar. 11<sup>th</sup> with Stephen and Diane as hosts. If you enjoy playing /learning new games, come on out and join us.



## Winners and losers

by Paul Crawford, Correspondent

Five tables of game lovers enjoyed Canasta on Monday February 24<sup>th</sup> at Grace Anglican Church.



All players were able to finish two games, with winners playing winners and losers playing losers in the second round.



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## A Great Afternoon

by Paul Crawford, Correspondent

Twelve people enjoyed an afternoon of bridge at Paul and Ellen's.



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## Jenny wins

by Paul Crawford, Correspondent

Sixteen players squeezed into the Crawford's lower area for the usual rousing games of euchre. Jenny O'Brien took home the winning purse, having both the most lone hands and highest score.

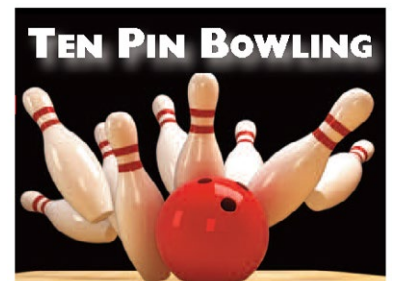


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## Big bowl coming

by Michelle Tschirhart, Convenor

It seems that the Bowling group took February off, either due to the weather or just life catching up with them. No problem, March's Tuesday will give them the practice and confidence for the Big bowl at the end of the month.



# MANAGEMENT TEAM



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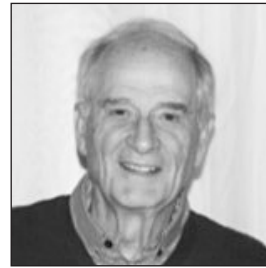
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## Editor's Note:

Well that's it for another issue. As you can see, between the special events, clubs, and meetings there are lots of things going on in our PROBUS Club.

As well as the regular newsletter content, we invite submissions from all members for possible publication. If you have particular knowledge, insight or information that would be of interest to all members send it along! And don't forget those Escarpment photos!

— *David Boss*

*Sincere thanks to Lorrette and Pete Shermet, photographers at large.*

### FORUM - THE ESCARPMENT PROBUS CLUB NEWSMAGAZINE

This newsletter is published monthly in PDF format. If you know someone who you feel might be interested in joining the Escarpment PROBUS Club, please forward this publication with our compliments.

#### FORUM Deadline

The editor notifies the management team and all convenors of the deadline for articles and pictures for publication for each issue. Stories and articles may be emailed to the editor or submitted to any member of the management team. Escarpment PROBUS Club reserves the right to refuse, edit, or change any copy or image submitted.