

# FORUM



Volume 8 — Issue 1 — January 2020

## President's Message:

### A new start!



I hope you all had a wonderful holiday season and are looking forward to the new year. Lots of fun events are being planned for us and hopefully the weather will allow us to take advantage of all our regular clubs as well.

After our January general meeting, the Lunch Bunch will be going to the Swiss Chalet restaurant conveniently located near where we meet. It will give people an opportunity to catch up after the Christmas break. Please think about joining us as Bonnie Lennox hopes to keep this group active. I hope to see you there. Note that we did not get any coupons for Swiss Chalet this year.

And thank you to David Boss, our Forum editor, who has also taken on the role of webmaster for our website, [www.escarpmentprobus.com](http://www.escarpmentprobus.com). David has already redesigned our wonderful Forum and he appreciates the timely arrival of articles and photos of club events for each issue. Keep up with the latest information by checking for updates on both our Forum and website.

A reminder of the Newcomer Orientation on January 22 at 9:30 am at Grace Anglican Church. We also invite any member interested in learning more about clubs or meeting new people to attend. Please email [cliff.read@cogeco.ca](mailto:cliff.read@cogeco.ca) if you plan to be there. We are doing our best to give our members the opportunity to be aware of everything that's going on in our dynamic club!

Hope you have a happy and healthy 2020!

— Liz Read

## Editor's Note:

Happy New Year everyone!

This issue is smaller than usual as many groups did not meet in December. We do have a lot of info on upcoming events though!

I didn't receive any photos for Escarpment Photo of the Month so left it out this month as well. Come on folks, I know there are some great photos out there that you can share with the rest of the club!

— David Boss

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# ACTIVITIES

## Happy New Year and have a great 2020!!

By Ruth Gagnon, Activities Chair

Many of our Escarpment PROBUS members have or will be headed south to wonderful, warm destinations! I truly wish those travelling safe travels and hope you make some wonderful memories. For those of us still braving this cold, snowy weather, have some fun with those staying local. To all of you, have a wonderful 2020. Stay active, stay healthy and enjoy each day!

## JANUARY ACTIVITIES:

### Saturday, January 4<sup>th</sup> – SNL

You deserve a break today! Come out and join us for dinner. If you haven't yet given your name and email address, there is a sign up sheet at the Activities Tables. An email will be sent confirming the restaurant so you can RSVP if you are joining us. So come out and have some fun with other Escarpment PROBUS members! All venues will be local Milton restaurants and suggestions are welcome! On January 4th we will be heading to Ned Devine's at 575 Ontario Street South. The reservation will be for 6 pm and under the name of "Escarpment PROBUS".

### Saturday, January 18<sup>th</sup> – Take It Easy: The Story of the Eagles

Convenor: Ruth Gagnon

SOLD OUT! The show starts at 8:00 pm at the First Ontario Milton Arts Centre. See you there!

### Tuesday, January 21<sup>st</sup> – Halton EMS: Falls & Strokes

Convenor: Ruth Gagnon

Paul Lamey is a Public Safety Education Coordinator with the Paramedical Services in Halton. He is a dynamic, engaging speaker who will be presenting on: Heart Attacks, Cardiac Arrest, How and When to use a Defibrillator, Calling 911, EIV (Emergency Information Vial), Falls and Seizures. There will be a time at the end of his presentation to ask questions. This event will be held at the Grace Anglican Church at 317 Main Street East at 10:00 am. The cost is \$5/person as we will be making a donation to Grace Anglican Church and providing Paul with an honorarium. After the presentation we will be going on a short walk (or ride) to Eddieo's and enjoy a preset lunch menu at your own cost. We will ask you to make your selection at the time of signing up and the choices are reflected on the sign up sheet. This will help save time at the restaurant.

### Tuesday, January 28<sup>th</sup> – Paint and Cocktails

Convenor: Ruth Gagnon

Join us and discover your inner artistic qualities. We will be enjoying an afternoon of painting and cocktails and once we are done have a great dinner together! The flyer and sign up sheet reflect the picture we will be painting and it is of a "Paris Path". This event is being held at Shoeless Joes at 800 Main Street East in Milton. The cost for all your painting supplies is \$35/person. Dinner and cocktails are at your own cost. The start time is 4:00 pm and we will be finished painting at 6 pm and enjoy dinner together.



Need a lift to an activity/event? Check out the sign up sheets for a member who is willing to drive!

Please remember to bring your cheque book to all PROBUS meetings so you can sign up for the great activities!

Unless otherwise stated, cheques will be cashed at the beginning of the month the event is scheduled.

Activities Committee Members:  
Ruth Gagnon  
Anne Gibbard  
Kelly Ground  
Irene Hiebert  
Joanne Millichamp  
Ron Millichamp  
Dawn Ross

## **Wednesday, January 29<sup>th</sup> – Crawford Lake Snowshoeing Hike**

*Convenor: Dawn Ross*

Snowshoes offer a unique perspective on a unique season! A truly Canadian activity, snowshoeing is a magical way to explore the winter landscape. Join us to discover the origins of snowshoeing in the unique setting of Crawford Lake's reconstructed 15th century Iroquoian village. We will learn how to snowshoe and then go on a guided hike. They will give a little talk, set us up with the snowshoes and set off for the hike. They do not provide poles, but you can bring some if you wish. If we don't have enough snow they will lead us on a hike. Meet at the park at 2:15 pm. Park entrance fees are on your own. Cost is \$9/person. Join us for appies or an early dinner after at St. Louis Bar & Grill, 604 Santa Maria Blvd., Milton (off Derry Road).

## **FEBRUARY ACTIVITIES:**

### **Saturday, February 1<sup>st</sup> – SNL**

You deserve a break today! Come out and join us for dinner. If you haven't yet given your name and email address, there is a sign up sheet at the Activities Tables. An email will be sent confirming the restaurant so you can RSVP if you are joining us. So come out and have some fun with other Escarpment PROBUS members! All venues will be local Milton restaurants and suggestions are welcome.

### **Friday, February 14<sup>th</sup> – Fifty Shades of Gray – I mean Darker!!**      *Convenors: Dawn Ross & Ruth Gagnon*

THIS EVENT IS FULL AND THERE IS A WAITING LIST. Do something extra special on Valentine's Day. Join us at Longo's, The Loft for a cooking demonstration with chocolate being the star for the savoury and sweet menu. Yes, chocolate! Chef John Bela will be preparing Chocolate Temptation Mussels, Dark Chocolate and Wild Mushroom Mille-Feuille, Cocoa Nib and Black Pepper Encrusted Beef Tenderloin with Chocolate Port Sauce, White Chocolate Potato Mash, Asparagus with Prosciutto and Cocoa Nibs and a Chocolate Soup with Floating Meringue Island for dessert! The cost of this event is \$45/person.

### **Tuesday, February 25<sup>th</sup> Tour of the Halton Mosque and Islamic Association**      *Convenor: Anne Gibbard*

We will be meeting at 10 am at the Halton Mosque and Islamic Association, 4310 Fairview Street in Burlington, for a tour and visit to the men and women's prayer area. Our guide, Humza, will talk about the religion and the impact of Islam in our society. We will hear about the ritual of washing their body before they pray. He will show us their phonic letters. Ladies attending this event will need to bring a scarf to cover their head before going into the prayer area. The cost for this event is \$5/person, which will be donated to the Halton Mosque and Islamic Association. After the tour we will head to the Mandarin for lunch. The Mandarin is located at 1881 Fairview (intersection of Brant and Fairview).

## **MARCH ACTIVITIES:**

### **Sunday, March 1<sup>st</sup> – Drury Lane Music Hall 40<sup>th</sup> Anniversary!**      *Convenors: Ron & Joanne Millichamp*

Imagine a matinée with the Marvellous Misters, Melodious Misses, and the distinguished Mr. Chairman as they present an amazing show that is bound to astound! Take a trip down memory lane with the most entertaining, comedic and touching moments of Olde Tyme Music Hall, featuring some surprise guest artists performing favourite numbers that span four decades. Boogie and cheering are encouraged! The cost is \$27/person and space is limited.

### **Saturday, March 7<sup>th</sup> – SNL**

You deserve a break today! Come out and join us for dinner. If you haven't yet given your name and email address, there is a sign up sheet at the Activities Tables. An email will be sent confirming the restaurant so you can RSVP if you are joining us. So come out and have some fun with other Escarpment PROBUS members! All venues will be local Milton restaurants and suggestions are welcome!

## Tuesday, March 17<sup>th</sup> – St. Patrick Day at Bingemans Conference Centre

Convenor: Irene Hiebert

Oh the luck of the Irish! Enjoy a beer at the St. Patrick's Day Kitchen Party! Arrive between noon and 12:30 pm at Bingemans Conference Centre. We will enjoy a delicious buffet luncheon menu, following which we will enjoy a high energy show that will have us singing, laughing and no doubt tapping our feet. The show features "The Celts" and step-dancer Evelyn Mage. The show starts at 2:00 pm and will be finished by 3:30 pm. The cost is \$50/person and includes the buffet luncheon, the fabulous show, taxes and gratuities! Bingemans is located at 425 Bingemans Centre Drive in Kitchener. We would also appreciate it if you could indicate if you could be a driver for this event.

## Monday, March 23<sup>rd</sup> – Bowling Extravaganza

Convenor: Irene Hiebert

Save the date! Join us for a morning of bowling extravaganza followed by lunch at Champ's. Details and cost will be shared at our January General Meeting. In the meantime: why should a bowling alley be quiet? Wait for it! So you can hear a pin drop!

## APRIL ACTIVITIES:

### Saturday, April 4<sup>th</sup> – SNL

You deserve a break today! Come out and join us for dinner. If you haven't yet given your name and email address, there is a sign up sheet at the Activities Tables. An email will be sent confirming the restaurant so you can RSVP if you are joining us. So come out and have some fun with other Escarpment PROBUS members! All venues will be local Milton restaurants and suggestions are welcome!

### Thursday, April 16<sup>th</sup> – The Weather Network

Convenor: Kelly Ground

**NEW!** Join us for an interactive studio tour of The Weather Network, 2655 Bristol Circle in Oakville, from 12:00 pm to 1:00 pm. Following our tour we will have lunch at Jack Astor's located at Dundas and Highway 403. Space is limited to 30 members. Cost is \$5/person.

# MEETING: JANUARY

## The First Canadian Helicopter Circumnavigation of the World

C150 Global Odyssey ("C150GO") was the first Canadian helicopter circumnavigation of the globe — and the first ever father/son helicopter circumnavigation. Departing on July 1, 2017 to celebrate Canada 150 — the 150th anniversary of Canadian confederation — the Canadian circumnavigators flew a Canadian-made Bell 429 helicopter around the world, visiting every Canadian province and territory, as well as landmarks celebrating remarkable achievements and events from Canada's rich history.



Along the way C150GO was joined by notable Canadians such as Dave Williams, Guy Lafleur, Peter Bregg, HCol Gerald Haddon, and Bronwen Evans. The trip also proudly raised money for Southlake Foundation and True Patriot Love Foundation.

Steven Dengler, our speaker, was one of the three pilots (as was his father Bob). Steve is also a Canadian entrepreneur, Fintech pioneer, and aviator. In 1993 he co-founded XE, now the world's leading foreign exchange website and app.

# MEETING: FEBRUARY

## Cannabis Legalization

On October 17, 2018, after a century of prohibition, cannabis was legalized in Canada. This presentation will overview the psychological and biological effects of recreational and medicinal cannabis, and discuss new cannabis laws and outcomes of legalization.



Dr. Bruce McKay is the Chair of the Department of Psychology at Wilfrid Laurier University. In his spare time he teaches neuroscience and pharmacology courses and researches topics, including recreational drug use by university students and mechanisms by which psychoactive drugs affect brain functions. Dr. McKay grew up near Woodstock, Ontario, and completed his post-secondary education at Laurentian University, the University of Calgary, and the Baylor College of Medicine in Houston, Texas.

## SOCIAL CLUBS

Club	Date/Time	Convenor	Telephone	Email
Board Games - <i>Bee Gees</i>	2nd Wed. - 1 pm	Stephen Comstock	905-876-4909	scomstoc@sympatico.ca
Board Games - <i>Jokers</i>	2nd Thurs. - 1:30 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Board Games - <i>Jokers</i>	4th Wed. - 1 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Book Club - <i>First Edition</i>	2nd Mon. - 1 pm	Paul Crawford	289-878-4968	paulallengcrawford@gmail.com
Book Club - <i>Happy Bookers</i>	4th Thurs. - 12:30 pm	Judy Wallace	905-878-3374	lollipop@sympatico.ca
Book Club - <i>Ravenous Readers Recycling</i>	3rd Wed. - Probus meeting	Ellen Crawford	289-878-4968	paulallengcrawford@gmail.com
Book Club - <i>Sequel</i>	2nd Wed. - 10 am	Catherine Parr	289-971-9214	4catparr@gmail.com
Book Club - <i>Trilogy</i>	2nd Wed. - 10 am	Linda Green	289-851-8655	klgreen@sympatico.ca
Cards - <i>Bid Euchre</i>	3rd Thurs. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - <i>Bridge</i>	1st Tues. - 1 pm	Jeanne Reid	289-878-9920	jreid345@cogeco.ca
Cards - <i>Canasta</i>	4th Mon. - 7 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Cribbage - <i>Card Sharps</i>	2nd Mon. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Cribbage - <i>Card Sharps</i>	Tues. after the 2nd Mon. - 1:30 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - <i>Euchre</i>	3rd Tues. - 1 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Classical Music - <i>Mozart and Friends</i>	4th Tues. - 1:30 pm	Michael Hooker	905-878-8953	mhooker10@bell.net
Club <i>Français</i>	2nd Wed. - 10 am / 11 am	Anne-Françoise Gibbard	905-854-3781	anne@gibbard.net
Crafts - Knitting - <i>Chicks with Sticks</i>	3rd Thurs. - 10:30 am	Christine Willekes	905-820-0269	chrisswillekes@gmail.com
Crafts - Quilting - <i>Piece Makers</i>	1st Tues. - 1 pm	Diane Comstock	905-876-4909	mejenscc@sympatico.ca
Dining - <i>Appy Hour</i>	Last Sat. - 6:30 pm	Mary Cousins	416-628-6275	mlecousins@outlook.com
Dining - <i>Lunch Bunch</i>	3rd Wed. - noon	Bonnie Lennox	416-899-7727	bblennox@live.ca
Dining - <i>Nosh 'N' Natter</i>	1st Fri. - 5:30 pm	Gillian Reynolds	905-878-1636	gilliana@cogeco.ca
Dining - <i>Nosh 'N' Natter</i>	2nd Fri. - 5:30 pm	Gillian Reynolds	905-878-1636	gilliana@cogeco.ca
Dining - <i>Nosh@Nite</i>	4th Fri. - 5:30 pm	Paul & Ellen Crawford	289-878-4968	paulallengcrawford@gmail.com
Dining - <i>Skip the Dishes</i>	3rd Thurs. - 6 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Dining - <i>Supper/Dinner Club</i>	<i>Scheduled by convenor</i>	Auriel Halliday	905-336-2430	aurielh@gmail.com
Friendship Club	4th Wed. - 10 am	Judy Krauss	289-878-8194	judyckrauss@gmail.com
Movie Club - <i>Oscar Nights</i>	2nd Tues. - 7 pm	Theresa Spano	416-618-2955	1tspano@gmail.com
Probus Info Exchange - <i>PIE</i>	Online only - no meetings	Cliff Read	905-864-1565	cliff.read@cogeco.ca
Sports - Bowling - <i>10 Pin</i>	2nd Tues. - 4 pm	Michelle Tschirhart	416-668-9083	mltschirhart55@gmail.com
Sports - Bowling - <i>10 Pin</i>	Last Wed. - 4 pm	Michelle Tschirhart	416-668-9083	mltschirhart55@gmail.com
Sports - Golf - <i>Pin Seekers</i>	Every Thurs. 9:30 am (May-Sept.)	Harold O'Brien	289-851-8477	harold0727@rogers.com
Tastings - Beer - <i>Suds and Buds</i>	4th Thurs. - 7 pm	Pete Shermet	905-878-1293	peteshermet@gmail.com
Tastings - Whisky - <i>D'Stillers</i>	1st Wed. - 7 pm	Chris Strachan	905-878-0812	anstrac1945@yahoo.ca
Tastings - Wine - <i>Grapenuts</i>	1st Mon. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - <i>Grapenuts</i>	1st Thurs. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - <i>Grapenuts</i>	2nd Wed. - 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Travel - <i>Annual Trip</i>	<i>Scheduled by convenor</i>	Joanne Millichamp	289-878-2969	jmillichamp@hotmail.com
Travel - <i>Wanderlust</i>	2nd Thurs. - 7 pm (bi-monthly)	Gloria Pennycook	905-659-7789	gpennycook@icloud.com
Walkers - <i>Trail Walkers</i>	Every Tues. - 1:30 pm	Ronald Flannagan	905-332-6310	rflannagan@cogeco.ca

New information

Temporary change

# JANUARY CALENDAR

EVENT	DATE		TIME	LOCATION	CONVENOR
<b>Activities</b>					
Executive Meeting	January	8	6:00 PM	Millichamp home	Liz Read
Escarpment PROBUS monthly meeting	January	15	9:30 AM	121 Chisholm Dr. Milton*	Liz Read
Lunch Bunch	January	15	12:00 PM	Swiss Chalet	Bonnie Lennox
Take It Easy: The Story of the Eagles	January	18	8:00 PM	Milton Arts Centre	Ruth Gagnon
Halton EMS: Falls & Strokes	January	21	10:00 AM	Grace Church Hall	Ruth Gagnon
Newcomer's Orientation	January	22	9:30 AM	Grace Church Hall	Liz Read
Paint and Cocktails	January	28	4:00 PM	Shoeless Joes	Ruth Gagnon
Crawford Lake Snowshoeing Hike	January	29	2:15 PM	Crawford Lake Park	Dawn Ross
<b>Clubs</b>					
Probus Info Exchange - PIE	Online only				Cliff Read
Walkers - <i>Trail Walkers</i>	Every Tuesday		1:30 PM	<i>as per email</i>	Ronald Flannagan
Tastings - Wine - <i>Grapenuts</i>	January	6	7:00 PM		Jim Tschirhart
Cards - <i>Bridge</i>	January	7	1:00 PM	Christie home	Jeanne Reid
Crafts - Quilting - <i>Piece Makers</i>	January	7	1:00 PM	Stringer home	Diane Comstock
Board Games - <i>Bee Gees</i>	January	8	1:00 PM	Grace Church Hall*	Stephen Comstock
Book Club - <i>Sequel</i>	January	8	10:00 AM	Parr home	Catherine Parr
Club <i>Français</i>	January	8	10:00 AM	Yardley / Crowe home*	Anne-Françoise Gibbard
Tastings - Wine - <i>Grapenuts</i>	January	8	7:00 PM		Jim Tschirhart
Board Games - <i>Jokers</i>	January	9	1:30 PM	Grace Church Hall*	Auriel Halliday
Book Club - <i>Trilogy</i>	January	9	10:00 AM	Green home	Linda Green
Travel - <i>Wanderlust</i>	January	9	7:00 PM	Pennycook home	Gloria Pennycook
Tastings - Whisky - <i>D'Stillers</i>	January	10	7:00 PM	Flowers home	Chris Strachan
Dining - <i>Nosh 'N' Natter</i>	January	10	5:30 PM	Schmidt/Willcocks home	Gillian Reynolds
Book Club - <i>First Edition</i>	January	13	1:00 PM		Paul Crawford
Cards - Cribbage - <i>Card Sharps</i>	January	13	7:00 PM	Capper home*	Martin Capper
Cards - Cribbage - <i>Card Sharps</i>	January	14	1:30 PM	Capper home*	Martin Capper
Sports - Bowling - <i>10 Pin</i>	January	14	4:00 PM	Champs Bowling*	Michelle Tschirhart
Movie Club - <i>Oscar Nights</i>	January	14	7:00 PM	Milton Cineplex Cinemas*	Theresa Spano
Book Club - <i>Ravenous Readers Recycling</i>	January	15	9:30 AM	121 Chisholm Dr. Milton*	Ellen Crawford
Cards - <i>Bid Euchre</i>	January	16	1:15 PM	Grace Church Hall*	Lorrette Shermet
Crafts - Knitting - <i>Chicks with Sticks</i>	January	16	10:30 AM	Willekes home	Christine Willekes
Dining - <i>Skip the Dishes</i>	January	16	6:00 PM	TBD	Lorrette Shermet
Dining - <i>Supper/Dinner Club</i>	January	18	6:30 PM	<i>scheduled by convenor</i>	Auriel Halliday
Cards - <i>Euchre</i>	January	21	1:00 PM	Grace Church Hall	Lorrette Shermet
Board Games - <i>Jokers</i>	January	22	1:00 PM	Millichamp home	Auriel Halliday
Friendship Club	January	22	10:00 AM	Season's Retirement home*	Judy Krauss
Book Club - <i>Happy Bookers</i>	January	23	12:30 PM	Woodcock home	Judy Wallace
Tastings - Beer - <i>Suds and Buds</i>	January	23	7:00 PM	Tschirhart home	Pete Shermet
Dining - <i>Nosh@Nite</i>	January	24	5:30pm		Paul & Ellen Crawford
Dining - <i>Appy Hour</i>	January	25	6:30 PM	Read home	Mary Cousins
Cards - <i>Canasta</i>	January	27	7:00 PM	Grace Church Hall	Lorrette Shermet
Classical Music - <i>Mozart and Friends</i>	January	28	2:00 PM		Michael Hooker
Sports - Bowling - <i>10 Pin</i>	January	29	4:00 PM	Champs Bowling*	Michelle Tschirhart

New information

Temporary change

\* Permanent location

# FEBRUARY CALENDAR

EVENT	DATE	TIME	LOCATION	CONVENOR
<b>Activities</b>				
Saturday Night Lives	February 1	6:00 PM	TBD	Ruth Gagnon
Executive Meeting	February 12	6:00 PM	O'Brien home	Liz Read
Fifty Shades of Gray - I Mean Darker	February 14	6:00 PM	Longo's, The Loft	Dawn Ross/Ruth Gagnon
Escarpment PROBUS monthly meeting	February 19	9:30 AM	121 Chisholm Dr. Milton*	Liz Read
Lunch Bunch	February 19	12:00 PM	Kelseys	Bonnie Lennox
Halton Mosque and Islamic Association	February 25	10:00 AM	4310 Fairview St., Burlington	Anne Gibbard
<b>Clubs</b>				
Probus Info Exchange - PIE	Online only			Cliff Read
Walkers - Trail Walkers	Every Tuesday	1:30 PM	as per email	Ronald Flannagan
Tastings - Wine - Grapenuts	February 3	7:00 PM		Jim Tschirhart
Cards - Bridge	February 4	1:00 PM	Crawford home	Jeanne Reid
Crafts - Quilting - Piece Makers	February 4	1:00 PM	Comstock home*	Diane Comstock
Tastings - Whisky - D'Stillers	February 5	7:00 PM	Shermet home	Chris Strachan
Tastings - Wine - Grapenuts	February 6	7:00 PM		Jim Tschirhart
Dining - Nosh 'N' Natter	February 7	5:30 PM	Shellard / Halk	Gillian Reynolds
Book Club - First Edition	February 10	1:00 PM		Paul Crawford
Cards - Cribbage - Card Sharps	February 10	7:00 PM	Capper home*	Martin Capper
Cards - Cribbage - Card Sharps	February 11	1:30 PM	Capper home*	Martin Capper
Sports - Bowling - 10 Pin	February 11	4:00 PM	Champs Bowling*	Michelle Tschirhart
Movie Club - Oscar Nights	February 11	7:00 PM	Milton Cineplex Cinemas*	Theresa Spano
Board Games - Bee Gees	February 12	1:00 PM	Grace Church Hall*	Stephen Comstock
Book Club - Sequel	February 12	10:00 AM	Kotack home	Catherine Parr
Book Club - Trilogy	February 12	10:00 AM		Linda Green
Club Français	February 12	10:00 AM	Yardley / Crowe home*	Anne-Françoise Gibbard
Tastings - Wine - Grapenuts	February 12	7:00 PM		Jim Tschirhart
Board Games - Jokers	February 13	1:30 PM		Auriel Halliday
Dining - Nosh 'N' Natter	February 14	5:30 PM	Pond home	Gillian Reynolds
Cards - Euchre	February 18	1:00 PM	Crawford home	Lorrette Shermet
Book Club - Ravenous Readers Recycling	February 19	9:30 AM	121 Chisholm Dr. Milton*	Ellen Crawford
Cards - Bid Euchre	February 20	1:15 PM	Grace Church Hall*	Lorrette Shermet
Crafts - Knitting - Chicks with Sticks	February 20	10:30 AM		Christine Willekes
Dining - Skip the Dishes	February 20	6:00 PM	TBD	Lorrette Shermet
Cards - Canasta	February 24	7:00 PM	Crawford home	Lorrette Shermet
Classical Music - Mozart and Friends	February 25	2:00 PM		Michael Hooker
Board Games - Jokers	February 26	1:00 PM	Comstock home*	Auriel Halliday
Friendship Club	February 26	10:00 AM	Season's Retirement home*	Judy Krauss
Sports - Bowling - 10 Pin	February 26	4:00 PM	Champs Bowling*	Michelle Tschirhart
Book Club - Happy Bookers	February 27	12:30 PM		Judy Wallace
Tastings - Beer - Suds and Buds	February 27	7:00 PM	Crawford home	Pete Shermet
Dining - Nosh@Nite	February 28	5:30pm		Paul & Ellen Crawford
Dining - Supper/Dinner Club	February 29	6:30 PM	Randall home	Auriel Halliday
Dining - Appy Hour	February 29	6:30 PM		Mary Cousins

New information

Temporary change

\* Permanent location

# RECENT EVENTS

## Christmas Luncheon

by Pat Vogt, Social Chair

A great way to begin the Christmas season on December 11th saw 150 PROBUS members gather at Piper's Heath Golf Club for our annual Christmas lunch. A big thank you to our three Uber drivers - Martin Capper, Ron Millichamp and Russ Cousins - who shuttled members to the dining room from the parking lot and back to their vehicles after lunch. Also thank you to the greeters Suzanne and Wayne Herder who gave warm hugs as the members arrived for lunch.

Many members were dressed in costumes/Christmas fashion and prizes were awarded to the best dressed - Anne Gibbard, Ken Green, David Boss and Theresa Spano. We had wonderful entertainment provided by Joel Lightman playing the piano and singing a vast variety of tunes before and during lunch. A delicious lunch was served and an array of prizes were won that were provided by a number of local businesses. We had 45 happy winners go home with a prize. Congratulations also to our 50/50 winners Dawn Ross and Stephen Lock, who took home \$201.00 each.

Happy New Year!



*Sincere thanks to Lorrette and Pete Shermet, photographers at large.*



# Activities

## Dundurn Castle Tour

by Kelly Ground

Superstitions be darned, Friday the 13th, the day after the full moon, forty Escarpment PROBUS members went to Dundurn Castle in Hamilton to tour the festively decorated mansion. Dundurn was the home of Sir Allan Napier MacNab, one of Canada's first premiers.

The tour was guided by costumed staff who were quite knowledgeable about both the history surrounding the castle and the daily life within. The tour began with carol singing in the entrance hall featuring a magnificent floating black walnut staircase all decorated for Christmas.

The 18,000-square-foot house took three years and \$175,000 to build, and was completed in 1835. The forty rooms featured the latest conveniences like gas lighting, running water and flush toilets.

Festive decorations were limited to the main entertaining areas of the time: the front entrance, the formal dining room and "pink room", a parlour that was "not for children". Everything has been carefully preserved and restored to how it would have looked during that time.

Our tour ended in the kitchen, where we sampled goodies, both savoury and sweet, that would have been served at the time, and were grown in the Dundurn gardens. These included carrot soup, pickled beans, warm apple cider, and delicious shortbreads.

It was a lovely trip through Ontario's historical and festive past.



## Christmas Centrepiece

by Kelly Ground

Getting into the festive spirit and flexing creative muscles saw fifteen PROBUS women back at Terra Greenhouses to make a Christmas centre piece. With a variety of greens and both natural and shiny bobbles, masterpieces were created. We were all thrilled with Lisa's tutelage and look forward to creating with her again in the spring.



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# Happy New Year!

*by Irene Hiebert*

There were 19 of us that danced the night away before ringing in the New Year! We gathered at St. Volodymyr Cultural Centre in Oakville to enjoy a great three course dinner, open bar, live music, and a night buffet.

Pete Paquette, who is best known as an Elvis impersonator, sang alongside his band and The Tonettes. Along with Elvis songs, he sang hits from The Beatles, Jersey Boys, Roy Orbison, Tom Jones, Frank Sinatra, and many other songs from the 50's and 60's. Pete was very personable and came around to each table to chat. The evening flew by, and we greeted midnight with champagne and lots of horn blowing! The energy and excitement was carried on with more dancing! A great night was had by all of us!



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# SNL

*by Ruth Gagnon*

This month seven of us went to Kelsey's. The food was great and the laughter abundant! In January we are headed to Ned Devine's at 575 Ontario Street South at 6:00 pm.

# Clubs: Food and Drink

## Casa Americo

by Lorette Shermet, Convenor

Twenty-eight Probians skipped the dishes and had a great meal and a great evening at Casa Americo in Milton. Lorette provided each person with a Christmas cracker. Our next get together will be on January 16th.



## Appy Folks

by Maggie Boss, Correspondent

In true PROBUS fashion the Appy Hour on Saturday December 28th was a ton of fun. Delicious food and great company make for a wonderful evening. Did you know there are those among us who can wiggle their ears? A very accomplished group is Escapement PROBUS! Twenty-four very 'appy' folks left Bosses' well after our PROBUS curfew. The only complaints were the sore faces from the uncontrolled laughter!



## Britannia Road rocks again!

by Auriel Halliday, Corespondent

Well... here is a recipe for fun! Thirty plus PROBUS wine tasters, with lots of wine, appetizers extraordinaire, desserts galore, silly games, wine crossword puzzles and, of course, wine themed charades. How could the evening fail? Yes, it was fun and it was all due to our fabulous Escarpment PROBUS members. Thank you Michael Hooker for starting this group and being its Convenor over the past years. Of course, you were the winner of the crossword competition! Another big thank you to Jim Tschirhart for taking over the reins from Michael and making sure that we all get to a wine tasting each month.

I think we are all looking forward to 2020 and our monthly meetings, where we learn more about our favourite tippie.

**PROBUS**  
**grape**  
**-nuts**  
**WINE TASTING CLUB**



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## Final tasting of 2019

by Chris Strachan, Convenor

The December Meeting of the D'Stillers was held at the home of Joanne and Ron Millichamp. Ron selected five 'official' whiskies for our tasting pleasure, then threw in one more for good measure. They were rated as follows:



The winning whiskey was 'Johnny Walker 12 Yr Old Black Label', a blended whiskey with a score of 71.7%, an Alcohol by Volume (ABV) of 40%, and a cost of \$54.95. This is a top-selling whiskey around the world. The D'Stillers have tasted this whiskey four times. In 2015 it was rated number two, in 2016 it was rated fourth, in 2018 it was rated number three. Now in 2019 it finally reached the top spot. The rationale for these results is that it must have been up against stiffer competition at the time of the other tastings.

Second of the evening was 'Clan Campbell The Noble', a blended whiskey with a score of 69.9%, an ABV of 40% and a cost of \$40. This whiskey is unavailable at the LCBO. Clan Campbell is the number one selling whiskey in France. The Clan Campbell is one of the oldest and largest clans in Scotland dating back to the thirteenth century.

Number three was 'Ardmore', a single malt whisky with a score of 67.6%, an ABV of 40% and a cost of \$50. The Distillery was built in 1899 by William Teacher and Sons. Currently, the distillery produces 5.5 million litres of malt whisky annually. The bulk of this malt whisky goes to produce Teacher Highland Cream.

Fourth of the evening was 'The Famous Grouse Smoky Black', a blended whisky with a score of 67.3%, an ABV of 40% and a cost of \$40. Not for sale in the LCBO. The Grouse brands of whisky sell 43 million bottles in approximately 100 countries worldwide. Home to the oldest working distillery in Scotland.

Fifth was the 'Famous Grouse Toasted Cask', a blended whiskey with a score of 65.1%, an ABV of 40% and a cost of \$35 per litre. Not for sale in the LCBO. This whisky is freshly toasted (lightly charred) in new oak casks. The Grouse depicted on the bottle is Scotland's national game bird.

Ron generously let us taste a sixth whiskey, namely 'Golden Horse', and our score was 63.7%. This whiskey has an ABV of 43% and a cost of \$100. Golden Horse is a Japanese blended whiskey made by Toashuzo, a lesser-known whiskey producer whose whiskies rarely get released outside of Japan.

Thanks to Joanne for entertaining the DDs and for the coffee and treats. Thanks once again to the DDs for the safe drive home.

The January meeting of the D'Stillers will be held at the home of Marion and Keith Flowers on 8th Jan 2020.

# Clubs: Books and Hobbies

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## Where the Crawdads Sing

by Lorene Rea, Correspondent

Our meeting was held in the Party Room at 100 Millside Drive. A delicious Christmas luncheon was enjoyed by all. Christmas decorations and music put us all in the mood for a lively discussion and social time afterwards.

Our book was: *Where the Crawdads Sing* by Delia Owens.

This is a coming-of-age novel set in the remote swamp land of North Carolina. Young Kya was abandoned by her family; her Father was the last to leave when she was ten years old. Kya was uneducated but resourceful and manages to survive under severe circumstances. When she was fourteen she was befriended by Tate, who is four years older. He teaches her to read, opening up a whole new world to Kya. They share a deep interest in the flora and fauna of the area and she chronicles her surroundings with detailed descriptions, pictures and samples of each item.

The murder of a selfish young man who had been unkind takes place and Kya is charged with it.

The two stories entwine and a surprise ending awaits.

The author's extensive knowledge of the natural world of this area, plus her descriptive use of language, kept us spellbound.

Everyone enjoyed the book and ratings from 8 to 10 were given. We would highly recommend it!



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## The Nightingale

by Judy Wallace, Convenor

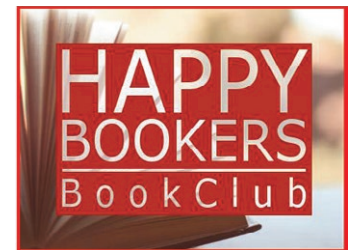
Our book club just finished reading *The Nightingale* by Kristin Hannah. What a novel! We all loved the read.

The story is set in France in World War II. Two sisters who live in a small village find themselves estranged when they disagree about the imminent threat of occupation. We see into French life during World War II with details and drama, evoking the need for tissues at times.

With powerful insight the author has created a moving, emotional tribute to the brave women who fought behind enemy lines. It is a novel for everyone.

IN LOVE WE FIND OUT WHO WE WANT TO BE  
IN WAR WE FIND OUT WHO WE ARE.  
(Quote from the novel)

Next meeting is at Shelley Woodcock's home on Jan 23<sup>rd</sup>.



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## The Improbability of Love

by Margaret Anne Fehr, Correspondent

Trilogy Book Club met at the home of Kelly Ground for our annual Christmas pot luck luncheon on Wednesday, December 18<sup>th</sup>. Kelly exhibited her awesome Cricut skills with personalized tree ornaments and a regally set dining room table and, fair to say, we were all impressed! Thanks so much Kelly!

Our book choice for the meeting was *The Improbability of Love* by Hannah Rothschild. The book had many intermingling story lines that made getting into the story a bit difficult but we all persisted.

The story line revolves around the main character, Annie McDee, thirty-one, who is working as a chef for two rather sinister art dealers in London. Recovering from the end of a long-term relationship, she is searching in a neglected secondhand shop for a birthday present for her unsuitable new lover. Hidden behind a rubber plant on top of a file cabinet, a grimy painting catches her eye. After spending her meagre savings on the picture, Annie prepares an elaborate birthday dinner for two, only to be stood up. Annie has stumbled across a lost masterpiece by one of the most important French painters of the eighteenth century.

The novel is part love story, part mystery and is filled with a few satirical chapters that poke fun at the affectations of the elite art world. Annie finds herself pursued by interested parties who would do anything to possess her picture. For a gloomy, exiled Russian oligarch, an avaricious sheikha, a desperate auctioneer, and an unscrupulous dealer, among others, the painting embodies their greatest hopes and fears.

What follows is a chronicle of the attempts of various stakeholders to acquire the elusive painting and the reader follows its fascinating provenance by a host of historical figures, both regal and vile, from French mistresses to German holocaust victims to members of the Nazi Third Reich.

Our group discussion led to various topics about art from the works of the Group of Seven, to the commercial success of artists like Trisha Romance, to those who buy art for investment, to those who appreciate art for its personal connection to a location, person or special event. Fair to say, we all acquired a new perspective of art and how it touches lives.

Our thumbs-up ranged on a scale of 8 to 9, so this book was one we'd recommend. For the New Year, our choice is *A Gentleman in Moscow* by Amor Towles when we meet on January 9<sup>th</sup>.

Happy New Year and Happy Reading to all!



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## More “Little-known” Composers

by Michael Hooker, Convenor

Jeanne Reid entertained us Mozartians in December with a very eclectic selection of Christmas-themed music by a wide variety of performers, not all “classical”.

The first section was music by the Trans-Siberian Orchestra, which was founded by Paul O’Neil. When he first conceived the Trans-Siberian Orchestra, his goal was as straightforward as it was incredibly ambitious. “The whole idea was to create a progressive rock band that would push the boundaries”. And it was certainly different, but also a pleasure to listen to.

This was followed by Christmas musical treats by many classical and pop artists.

And after these musical treats came the edible Christmas treats, both savoury and sweet. Jeanne, thank you; all of us went home happy, topped up in both body and spirit!

Upcoming meetings: Tuesday January 28<sup>th</sup> (host to be determined) and Tuesday February 25<sup>th</sup> (host Michael Hooker).



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## Happy New Year

by Anne Gibbard, Convenor

There was snow and so our group was more limited than usual with a number of regulars absent, and only a dozen Francophile ladies and one man present, but the conversation was no less animated than usual, covering far more than the weather. There was considerable discussion of various voyages by members, including again the PROBUS French trip and especially the visit to Juno Beach. There was talk, as to be expected, of upcoming Christmas but also of the spread of Rougeole (measles) in Africa and of French and Spanish words that may sound similar to English words but have a very different meaning. The meeting was accompanied by some delicious cookies and Bailey's pour Celebrex Noel kindly provided by Barbara Crowe.



In short, the French Club wrapped up its year having fulfilled its mandate of providing entertainment that is not lacking intellectual content. We may still have room for more members who have a smattering in French.

Nous souhaitons à tous les membres de PROBUS une très bonne année 2020 avec plein d'amour et d'amitié et pour nous appartenons au 3 ieme âge la santé avant tout!!!!

Happy new year to all our members and we wish you love and friendship and of course HEALTH for our senior group.

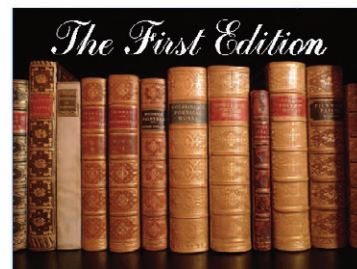
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## Homegoing

by Lorrette Shermet, Correspondent

Eight met at Lorrette's home on December 16<sup>th</sup> and discussed the book *Homegoing* by Yaa Gyasi. Only two gave it an eight and the average review for it was a 6.

The story takes place over several centuries and touches on many landmark events in both Ghana and America. In Ghana, it begins in the mid-1700s, during a time in which Ghana (then known as the Gold Coast) was made up of several Akan nation-states that together made an empire. It follows the descendants of an Asante woman in the 1700s named Maame. Maame has one daughter while enslaved in a Fante village and another daughter after escaping back to Asanteland; as a consequence, her daughters never meet. Two half-sisters, Effia and Esi, are born into different villages in eighteenth-century Ghana. Effia is married off to an Englishman and lives in comfort in the palatial rooms of Cape Coast Castle. Unbeknownst to Effia, her sister, Esi, is imprisoned beneath her in the castle's dungeons, sold with thousands of others into the Gold Coast's booming slave trade, and shipped off to America, where her children and grandchildren will be raised in slavery. One thread follows Effia's descendants through centuries of warfare in Ghana, as the Fante and Asante nations wrestle with the slave trade and British colonization. The other thread follows Esi and her children into America. From the plantations of the South to the Civil War and the Great Migration, from the coal mines of Pratt City, Alabama to the jazz clubs and dope houses of twentieth-century Harlem, right up through the present day, *Homegoing* makes history visceral, and captures, with singular and stunning immediacy, how the memory of captivity came to be inscribed in the soul of a nation.





## Round Robin Border Two

by Diane Comstock, Convenor

Five Piecemakers gathered at Carol Ann Currie's home on Dec. 3 to show off our latest creations and swap our round robin blocks. We were once again thrilled with the creativity of the added borders. Carol Ann had her latest quilt laid out on the floor and asked for our opinions on sashing colour and setting. She was leaning towards a red sashing and our immediate response was "really" as the quilt is predominately blue. After a lively discussion and some fabric auditions, we changed our minds - so she has plans to go to Caroline Quilts to find the perfect shade of red. We then looked over a book on borders to provide inspiration for our next border addition.



Quilting terms of the month:

**Sashing** – The fabric that separates the blocks from each other, framing them and making the quilt larger.

**Setting** – The arrangement of completed blocks forming the quilt top. Blocks can be set side by side, or on point, like diamonds, with or without sashing. Arrangements can also vary with certain asymmetrical block patterns.

Our next meeting will be on Jan. 7 at Wendy Stringer's home. Anyone interested in quilting, come join us.



# Clubs: Games and Sports

## Year End Hike

by Ron Flannagan, Convenor

As a matter of interest, when was the last time you had a wiener roast in the winter? For the twenty Trail Walkers who participated this year, it was December 10, 2019, at Hilton Falls. Each year since 2014, the last hike of the year before Christmas has been along the Falls Trail at the Hilton Falls Conservation Area with an open fire wiener roast at the falls. The hot dogs and condiments are provided courtesy of your convenor and his wife, Patricia, with hot cider courtesy of John and Julie Flynn (John closely guards his secret cider recipe), New York style onions courtesy of Len and Irene Hiebert and the makings for s'mores courtesy of Liz and Cliff Read. It is rumoured that Jim and Michelle Tschirhart were offering additional spice for the cider by way of adult pop for those so inclined, but I could not swear to the fact of that matter! The feedback from those participating each year is very positive so perhaps next year we can expect at least thirty walkers participating (amazing how many of our walkers comment that they had forgotten how great a hot dog tastes when prepared on an open fire). If you agree that walking is the best and safest exercise providing significant health benefits for we senior citizens, and you are not already doing so, seriously consider joining us on our outings every Tuesday afternoon.



Happy New Year to all. Hope everyone had a very happy holiday season.



## Christmas Celebration

by Jeanne Reid, Convenor



We had a lovely pot luck luncheon for our Christmas celebration. There was tons of great food, wine, and of course cards. Sixteen people vied for the \$7 and \$8 pot. The winners were Don Corker and Shirley Mathews. Fiona Christie got her dollar back.



Many thanks to our hostess Vickie Lenarduzzi and her helpers.

Our January bridge will be at the home of Fiona Christie.

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## Christmas Cribbage

*by Martin Capper, Convenor*

We had 36 people turn out for cribbage in December, 22 on Monday and 16 on Tuesday! No it's not an error in my math! Norma and I played both days! Highest score of 24 was recorded three times over the two days by Frank Dawe, Gretchen and the writer! Three players failed to win a single game but as it's Christmas I will spare their blushes! Except to say one of the three normally features on the win side of the contest!!!

Our food drive for the Salvation Army's Milton Food Bank was incredibly well supported by both Monday and Tuesday players, as can be seen by the photograph taken with some of the Tuesday players. This is the second year running that the Crib club members have done this.

Thanks to all who, despite entreaties to the contrary, brought snacks and cookies.

Christmas Crib Greetings to all our members and here's wishing that 2020 will be everything you wish for yourselves and maybe even a 29!



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## Bowling 2020

*by Michelle Tschirhart, Convenor*

Happy New Year Bowlers!

Our first bowl of 2020 will be held on Tuesday January 14th, at 4:00pm at Champs. The Wednesday bowl will be held on January 29th, same time, same place. Hope to see lots of you there!



# MANAGEMENT TEAM



*President*  
**Liz Read**  
905-864-1565  
elizaread@gmail.com



*Vice-President*  
**Wayne Herder**  
905-864-1424  
wayne.herder@sympatico.ca



*Past President*  
**Paul Crawford**  
289-878-4968  
pauellen Crawford@gmail.com



*Treasurer*  
**Ted Chliszczyk**  
(416) 705-5947  
tchlisz@gmail.com



*Secretary*  
**Jenny O'Brien**  
289-851-8477  
jenny0103@rogers.com



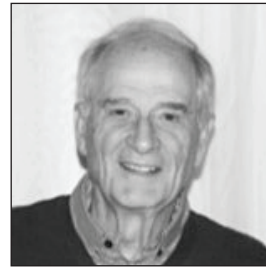
*Activities Chair*  
**Ruth Gagnon**  
905-462-4740  
gagnonruth@gmail.com



*Membership Chair*  
**Penny McIlwaine**  
905-876-1963  
pennymcilw@gmail.com



*Social Chair*  
**Pat Vogt**  
905-877-2495  
pvogt@cogeco.ca



*Program Chair*  
**Ron Millichamp**  
289-878-2969  
ronmillichamp@hotmail.com



*Forum/Web Editor*  
**David Boss**  
905-858-3975  
david@bosscommunications.com

## Membership

*by Penny McIlwaine, Membership Chair*

In mid-January I will be sending the updated Membership List to all current members. If there are any changes in your contact information, such as phone number, address or email address, please notify me by January 10, 2020. You may send your information to pennymcilw@gmail.com.

Remember to wear your name badge to meetings so we can get to know your name and introduce you to other PROBUS members.

### FORUM - THE ESCARPMENT PROBUS CLUB NEWSMAGAZINE

This newsletter is published monthly in PDF format. If you know someone who you feel might be interested in joining the Escarpment PROBUS Club, please forward this publication with our compliments.

#### FORUM Deadline

Articles and pictures for publication should be received no later than seven days after the regular monthly meeting. Stories and articles may be emailed to the Editor or submitted to any member of the Management Team. Escarpment PROBUS Club reserves the right to refuse, edit, or change any copy or image submitted.