



WE'LL TAKE A CUP OF KINDNESS YET, FOR AULD LANG SYNE

VOLUME 7 - ISSUE 1 - JANUARY 2019



**Paul Crawford**

*President*

## Happy New Year Members

**O**ur club ended the year on a real high note with our Christmas lunch at Piper's Heath. The food was excellent, the entertainment engaging, the prizes amazing, and the conversations unending, producing a lovely convivial mood that exemplifies the best of what the Escarpment Probus Club is all about. Our tour to Niagara Falls the next day was an extension of that mood. Kudos to Pat and her team for the lunch arrangements and Anne-Marie and her team for the Niagara trip.

One New Year's tradition is to make a resolution about your life that you want to have for the upcoming year. These resolutions can be idealistic in the moment, like "No more chocolate" or "I will never lose my temper again" but once reality sets in they are hard to attain. Others can be pragmatic like, "I will go to the gym 3 times a week" or "I will support recycling by all my actions with plastic".

Looking forward to this year, your management team is looking for more of the same that you all have enjoyed this year and which has made our club so popular.

That is our resolution.

## Appy Hour

*by Mary Cousins - Convenor*

**W**e are trying a new Nosh club and we are calling ourselves "Appy Hour". This will be a Saturday get-together at 6:30 pm. We have set the date and time for the first event but welcome suggestions to make this new venture a success.

All are welcome to join this new club. Sign-up sheets are available at the Probus meeting - but don't wait, call me!

This first event will be hosted by:

Russ and Mary Cousins  
9E James St., Georgetown, Ont., L7G 2H2  
(416) 628-6275

Please RSVP if you are interested in joining us. We can accommodate about 26 folks.



Reach us on the web at - [www.escarpmentprobus.com](http://www.escarpmentprobus.com)

## Escarpment PROBUS Club Management Team



*President*  
**Paul Crawford**  
 164 McLaughlin Ave.  
 Milton, L9T 7P4  
 289-878-4968  
 paullelencrawford@gmail.com



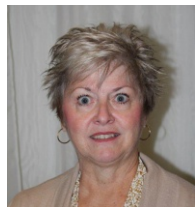
*Past President*  
**Robyn Balfour**  
 27 - 250 Satok Crescent  
 Milton, Ontario, L9T 3P4  
 416-576-9294  
 robynbalfour2@gmail.com



*Vice-President*  
**Liz Read**  
 1591 Stewart Crescent  
 Milton, L9T 6P9  
 905-864-1565  
 elizaread@gmail.com



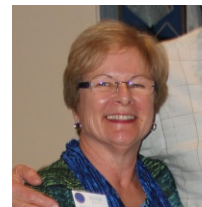
*Treasurer*  
**Jacqui Gerrard**  
 150 Allan St #806  
 Oakville, ON, L6J 3N8  
 905-399-5110  
 jgerrard3@cogeco.ca



*Secretary*  
**Jenny O'Brien**  
 796 Reece Court  
 Milton, Ontario, L9T 0M9  
 289-851-8477  
 jenny0103@rogers.com



*Activities Chair*  
**Anne Marie Stockley**  
 101-1471 Maple Ave  
 Milton, ON , L9T 0B4  
 905-875-4866  
 mobilechipmunk@hotmail.com



*Membership Chair*  
**Maggie Boothe**  
 980 Dice Way  
 Milton, ON, L9T 8C1  
 905-636-1564  
 mbdice5@gmail.com



*Social Chair*  
**Pat Vogt**  
 62 Marilyn Crescent  
 Georgetown, ON, L7G 1K4  
 905-877-2495  
 pvogt@cogeco.ca



*Program Chair*  
**Ron Whaley**  
 413, 33 Whitmer St  
 Milton, Ontario, L9T 8P9  
 289-627-6890  
 r4k.whaley@gmail.com



*Newsmagazine Editor*  
**Diane Comstock**  
 1421 Costigan Road, Unit 205  
 Milton, ON, L9T 2N4  
 905-876-4909  
 meljenscc@sympatico.ca

“  
*A key to achieving  
 success is to  
 assemble a strong  
 and stable  
 management team.*  
 ”

- Vivek Wadhwa

*Photographers at  
 large:*  
 Lorrette & Pete  
 Shermet

## ESCARPMENT PROBUS CLUB

This PROBUS Club is open to both ladies and gentlemen members.

Annual Membership is \$45 per person - One time only fee of \$20 for your name badge.

Meetings are held every third Wednesday of the month at 9:30am at the  
**Conference & Event Centre, 121 Chisholm Dr., Milton, Ontario, L9T 4A6**

### FORUM - ESCARPMENT PROBUS CLUB NEWSMAGAZINE

The newsmagazine is published monthly in PDF format on our website: [www.escarpmentprobus.com](http://www.escarpmentprobus.com)  
If you know someone who you feel would be interested in joining the Escarpment PROBUS Club please forward this newsmagazine with our compliments.

#### FORUM Deadlines

Articles and pictures for publication should be received no later than seven days after the regular monthly meeting.  
Stories and articles may be emailed to the Editor or submitted to any member of the Management Committee.  
Escarpment PROBUS Club reserves the right to refuse, edit, or change any copy or pictures submitted.

## SOCIAL CLUBS CONVENOR'S INFORMATION

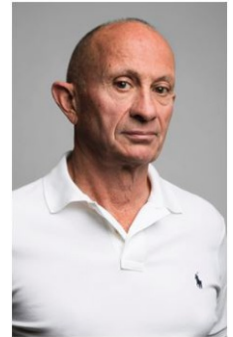
Board Games - <i>Bee Gees</i>	2nd Wed. - 1 pm	Stephen Comstock	905-876-4909	scomstoc@sympatico.ca
Board Games - <i>Joker Club</i>	2nd Thurs. - 1:30 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Board Games - <i>Joker Club</i>	4th Wed. - 1 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Book Club - <i>First Edition</i>	2nd Mon. - 1 pm	Paul Crawford	289-878-4968	pauellencrawford@gmail.com
Book Club - <i>Ravenous Readers Recycle</i>	3rd Wed. - Probus Meeting	Ellen Crawford	289-878-4968	pauellencrawford@gmail.com
Book Club - <i>Sequel</i>	2nd Wed. - 10 am	Catherine Parr	289-878-5550	4catparr@gmail.com
Book Club - <i>Trilogy</i>	2nd Wed. - 10 am	Linda Green	289-851-8655	klgreen@sympatico.ca
Cards - <i>Bid Euchre</i>	3rd Thurs. - 1:30 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - <i>Bridge Club</i>	1st Tues. - 1 pm	Jeanne Reid	289-878-9920	jreid345@cogeco.ca
Cards - <i>Canasta</i>	4th Mon. - 7 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - <i>Cribbage - Card Sharps</i>	2nd Mon. - 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - <i>Euchre</i>	3rd Tues. - 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Classical Music - <i>Mozart and Friends</i>	3rd Tues. - 2 pm	Michael Hooker	905-878-8953	mhooker10@bell.net
Club <i>Français</i>	2nd Wed. - 10 am / 11 am	Anne-Françoise Gibbard	905-854-3781	anne@gibbard.net
Crafts - Knitting Club - <i>Chicks with Sticks</i>	Thurs. after Probus meeting - 10:30 am	Chris Willekes	905-820-0269	chrishwillekes@gmail.com
Crafts - Quilting Club - <i>Piece Makers</i>	1st Mon. - 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
<b>Dining - <i>Appy Hour</i></b>	<b>Last Sat. - 6:30 pm</b>	<b>Mary Cousins</b>	<b>416-628-6275</b>	<b>mlecousins@outlook.com</b>
Dining - <i>Lunch Bunch</i>	3rd Wed. - 12 noon	Bonnie Lennox	416-899-7727	bblennox@live.ca
Dining - <i>Nosh@Nite</i>	4th Fri. - 5:30 pm	Paul & Ellen Crawford	289-878-4968	pauellencrawford@gmail.com
Dining - <i>Nosh+Natter</i>	1st Fri. - 5:30 pm	Gillian Reynolds	905-878-1636	gilliana@cogeco.ca
Dining - <i>Nosh+Natter</i>	2nd Fri. - 5:30 pm	Gillian Reynolds	905-878-1636	gilliana@cogeco.ca
Dining - <i>Skip the Dishes</i>	3rd Thurs. - 6 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Dining - <i>The Supper Club</i>	<i>Scheduled by convenor</i>	Auriel Halliday	905-336-2430	aurielh@gmail.com
Friendship Club	4th Wed. - 10 am	Judy Krauss	289-878-8194	judyckrauss@gmail.com
Movie Club - <i>Oscar Nights</i>	2nd Tues. - 7 pm	Theresa Spano	416-618-2955	1tspano@gmail.com
Probus Info Exchange - <i>PIE</i>	Online only - no meetings	Ron DuPont	905-878-7188	rcdupont@icloud.com
Sports - Bowling - <i>10 Pin</i>	Last Wed. - 3 pm	Michele Tschirhart	416-668-9083	mltschirhart55@gmail.com
Sports - Golf Club - <i>Pin Seekers</i>	Every Thurs. - May - Sept.	Harold O'Brien	289-851-8477	harold0727@rogers.com
Tastings - Beer - <i>Suds and Buds</i>	4th Thurs. - 7 pm	Pete Shermet	905-878-1293	peteshermet@gmail.com
Tastings - Whisky - <i>The D'stillers</i>	1st Wed. - 7 pm	Chris Strachan	905-878-0812	anstrac1945@yahoo.ca
Tastings - Wine - <i>Grapenuts</i>	1st Mon. - 7 pm	Michael Hooker	905-878-8953	mhooker10@bell.net
Tastings - Wine - <i>Grapenuts</i>	1st Thurs. - 7 pm	Michael Hooker	905-878-8953	mhooker10@bell.net
Tastings - Wine - <i>Grapenuts</i>	2nd Wed. - 7 pm	Michael Hooker	905-878-8953	mhooker10@bell.net
Travel - <i>Annual Trip</i>	<i>Scheduled by convenor</i>	Joanne Millichamp	289-878-2969	jmillichamp@hotmail.com
Travel - <i>Wanderlust</i>	2nd Thurs. - 7 pm (bi-monthly)	Gloria Pennycook	905-659-7789	gpennycook@icloud.com
Walkers - <i>Trail Walkers</i>	Every Tues. - 1:30 pm	Ronald Flannagan	905-332-6310	rflannagan@cogeco.ca

**New information**

## Our January Speaker

### Net-positive Energy Systems

**D**ave De Sylva graduated from the University of Toronto's civil engineering program in 1973. He owns and operates Howland Green Homes, Del Ridge Homes, Leed Wall Building Systems, Kenborough Contracting, and GreenLife Energy Inc., a company that began investigating a way to create ecologically friendly developments long before the "green" conversation became mainstream. De Sylva believes building sustainably should now be the obvious standard. Howland Green's goal is to build net-positive energy systems, and the success he has already achieved in net zero buildings is showcased in his most recent projects across the GTA, including Burlington, Markham, and Milton.



I know Dave personally and I can tell you his Bio does not do him justice. To coin an old saying, Dave walks the walk. Everything he talks about he does. He is a sought after speaker world-wide on the subject of net-positive energy systems. In laymen's language - the concept of generating energy needs by renewable means.

## Our February Speaker

### Demystifying Medical Marijuana:

*DR. STEPHEN GLAZER, MD, FRCPC, FCCP Internal Medicine*



**I**t seems each and every day there are news stories surrounding the use of Medical Marijuana, but for many of us the potential benefits are very much still a mystery. Trying to find reliable answers can often be a frustrating exercise. Dr. Glazer is the lead physician at CannaWay Clinic in Oakville and provides hands-on training and feedback regarding best practices in patient care and prescribing medical cannabis. Board certified in internal, critical care, and obesity medicine, he is an Internist, a specialist in sleep disorders, and a member of the Ontario Bariatric Network. He also serves as Vice President of the Canadian Association of Bariatric Physicians and Surgeons.

## Members

*By Maggie Boothe - Membership Chair*

**I**f you have guests attending our meeting please let me know so that I can welcome them during the meeting.

I will be sending out the updated Membership List in mid January to all existing members. If you have any changes to your e-mail, address, or telephone number please let me know by January 2nd, 2019.

Please send updated information to Maggie Boothe at [mbdice5@gmail.com](mailto:mbdice5@gmail.com)

**Please remember to wear your membership badges to the meetings so that we can get to know your name and introduce you to other Probus members**

“  
*For the great speakers, it's all about the audience. And the feeling they have is that they're giving a gift, of maybe knowledge or inspiration or motivation.*  
”

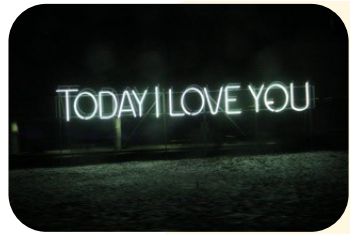
- Julian Treasure



# Festival of Lights

by Christy Babcock - Correspondent

From feedback we can chalk up the Festival of Lights as a successful event. The competition at Lakeview wine company was a hoot with lots of laughter complete with snoops and spies! After tasting samples we had to decide on percentages of each wine to use to create a new wine concoction. The white wine winners are on the left and the red wine winners are on the right. Congratulations to all!



After dinner at Chuck's Roadhouse, Bar & Grill we left well nourished for our viewing of the Festival of Lights. We walked out to view the falls for an advised "must do photo op" but the spray chased us back to the bus. Overall a wonderful display to end a fun event.



## Sequences

by Stephen Comstock - Convenor

We had 8 people out on December 5th to play games at Grace Anglican Church. We had two tables playing Sequences. We played six games at each table.



Our next get-together will be January 9th, Jenny O'Brien will be providing the refreshments and game.

Please come join us, all are welcome. If you have a favourite game, bring it along and we'll give it a go.

## Canasta - One Week Early

by Lorraine Shermet - Convenor



Nine people gathered at Lorraine Shermet's house on Dec. 17th to play canasta, we brought it forward a week as the fourth Monday was Christmas Eve and most people preferred to be with family that day. We had a newbie among us, Doreen Chester, I am not sure if she left more confused than not, but she did tell us she will be back. The next canasta game is scheduled for January 28th at 7 p.m. and we will start off the rotation at the convenor Lorraine's home. We always welcome new players, sign up at the monthly meeting and if you do not know how to play and would like to learn we have some great teachers among us.

“  
Meaningful  
innovation can be  
an important  
catalyst in  
encouraging  
resilience in  
seniors, keeping  
them independent  
and engaged.

”

- Frans van  
Houten

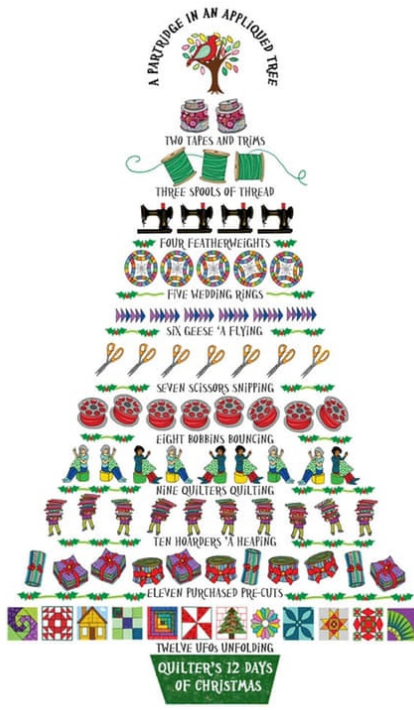
## TEXTING FOR SENIORS

**BFF** - best friend fell  
**BTW** - bring the wheelchair  
**TTYL** - talk to you louder  
**BYOT** - bring your own teeth  
**LMDO** - laughing my dentures out  
**FWIW** - forgot where I was  
**IMHAO** - is my hearing aid on?  
**OMMR** - on my massage recliner  
**ROFLACGU** - rolling on the floor  
laughing and can't get up

# Road Trip

by Diane Comstock - Convenor

Three members of the Piece Makers went on a road trip to Guelph on Monday, Dec. 3rd. Our first stop was to **Horizons Quilting**. The owner, Joan Hug-Valeriotte is a retired teacher and a quilt-artist who has been making bed-quilts and art-quilts for almost 40 years and over the years has received numerous grants to lead quilting workshops in schools in Ontario. She showed us the quilt projects she brings into the classroom and explained that the students make their own pillow and participate in producing a "Linus" or community quilt, often from recycled clothing and other textiles. They will make and keep their own "needle book", so that they can carry on at home after the program.



We proceeded on to the **Triangle Sewing Centre**, a small fabric and sewing accessories store that provides sewing machines and classes for the beginner & the professional, as well as notions, fabrics, lighting, sewing cabinets, and irons. They also provide expert service to all makes and models of sewing & embroidery machines including Janome, Bernina, and Brother. After we made some small purchases, it was now noontime, so we asked for restaurant suggestions. We were directed to the **Uptown Grill**, a family owned breakfast and lunch restaurant located on Woolwich Street in Guelph, Ontario.

Once our appetites were sated, we continued on to the popular **Len's Mill Store**. Here I scored a great Christmas sweater for Stephen to wear to the Probus Christmas Luncheon - what a find!. I had never been in a Len's Mill Store before and was amazed at the quantity and variety of fabric, as well as other gift items. I will have to come back with my daughter to get fabric for the grandkids' ponchos.

To round out the day, we travelled over to Georgetown and visited **The Sewing Cafe** on Mill St. Here we met Anna and Linda and were given a tour of their long-arm quilting room. We discovered that they offer several interesting classes such as Mitten Workshop, Sewing Machine 101, and Bra Making Workshop. Looks like we may be travelling up to Georgetown a few more times!

Quilting Term of the month: *Art Quilt* – Using both traditional and modern quilting techniques, art quilts generally combine piecework, applique, embroidery, and more.

Anyone who quilts or would like to learn are welcome to join our meetings on the 1st Monday of the month at 1pm. Call me or sign up at the Probus meeting.

## Save Festive Special Coupons!

by Bonnie Lennox - Convenor

The Lunch Bunch in January will be at Swiss Chalet.



Don't forget to save your coupons from the Festive Special!

“  
The new year stands before us, like a chapter in a book, waiting to be written. We can help write that story by setting goals.

”  
- Melody Beattie





# Full Body Scans at Airports

Author unknown

Finally, some useful facts are coming out about all of those airport full body scans!

## 2017 Statistics On Airport Full Body Screening From TSA :

<b>Terrorists Discovered</b>	0
<b>Transvestites</b>	133
<b>Hernias</b>	1,485
<b>Hemorrhoid Cases</b>	3,172
<b>Enlarged Prostates</b>	8,249
<b>Breast Implants</b>	59,350
<b>Natural Blondes</b>	3

It was also discovered that 308 politicians had no balls.

Thought you'd like to know.

## Calling all Photographers?

I need help with the banners for the Forum.

Would you like to see your photo on the front page of the Forum?

I have been using month appropriate photos that I get off the internet.

I would rather showcase our members' talents.

Send me a photo with a small caption  
(indicate what month you feel it represents)

The picture needs to be wider than it is tall and the right bottom corner needs to be either light or dark so the wording will stand out.

Email your submissions to [meljenscc@sympatico.ca](mailto:meljenscc@sympatico.ca)

“  
Meaningful  
innovation can be  
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”

- Frans van  
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# Three Day Road

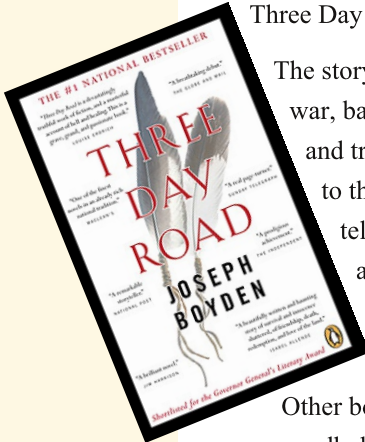
by Auriel Halliday - Correspondent



The "First Edition" book club met at my house for the final time in 2018. The chosen book was "Three Day Road" by Joseph Boyden. Set in the bush country of Canada and the battlefields of Europe,

Three Day Road takes readers deep into the horrors; physical, emotional, and spiritual of World War I.

The story is told through the voices of two Cree Indians; the young Xavier, who has returned from the war, badly wounded and in the grip of morphine addiction, and his aunt Niska, who cares for him and tries to restore him. Xavier had entered the war at the urging of his friend Elijah. Once they get to the front lines, their native hunting skills impress their superiors and both become snipers. To tell you more would spoil the story, but only read this book if you have a strong stomach and appreciate a really well spun story that is beautifully written. I loved this book, but some of our club members were not as keen as I was. So, I devised a crossword, set about the book. A sad afternoon, turned into a happy one and everyone went home smiling.



Other book clubs may be interested in the app for creating crosswords. It is available at [crosswordhobbyist.com](http://crosswordhobbyist.com). You can have a lot of fun creating your own crossword that is set around any subject you choose.

Happy Holidays, Everyone,  
Auriel.

# Christmas Cheer and Euchre

by Jenny O'Brien - Correspondent



Our December euchre group saw sixteen of Santa's favourite card playing elves, enjoying a hot lunch and an afternoon of cards and treats at the festively decorated O'Brien household. There was chili and wine, Yule logs, and baking galore, ensuring everyone went home full and happy, amid best wishes to all for a wonderful Christmas and happiest of 2019!



# Christmas Luncheon

by Pat Vogt - Social Chair

— THE SOCIAL SCENE —

On December 12th, we had 151 Escarpment Probians gather at Piper's Heath Golf Club for our annual Christmas lunch. Many of the attendees dressed in costume and Christmas attire; a prize for best dressed male and female were awarded judged by - Robyn, Michael, Fred, and Dawn. Besides the many prizes that were given out, Ann Taylor won a generous 50/50 of \$232. See page 18 for pictures of all the winners.

We enjoyed wonderful entertainment provided by Kiley Joe Masson on keyboard with vocals which got many people up on the dance floor.

A delicious lunch was served following the entertainment. Thank you to Martin and Ron for shuttling some of members back to their vehicles.

This was a great way to start the Christmas season!

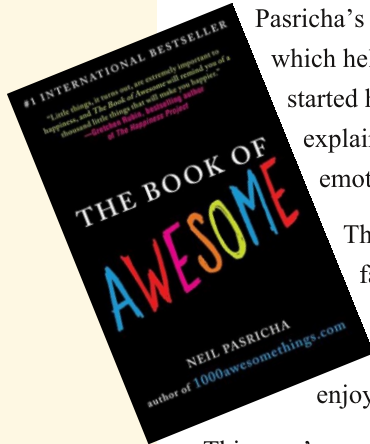


# The Book of Awesome

by Margaret Anne Fehr - Correspondent



**T**riology Book Club's selection for our December 19th meeting was The Book of Awesome by Mississauga writer and world-wide best-seller, Neil Pasricha. Linda Green and Margaret Fehr attended



Pasricha's recent OneBook, One Milton 2018 appearance at the FirstOntario Arts Centre Milton which helped to give context to the book's meteoric rise as an international bestseller. Pasricha started his blog after two pivotal events in his life; his divorce and the suicide of a close friend. He explained that identifying awesome things in his life served as his way of coping during an emotionally depleting time.

The book's concept is pretty simple; a collection of 'awesome' moments that make up the fabric of our lives. Pasricha says that these moments account for about 99 percent of our lives while the big moments like getting married, achieving a major career accomplishment, and so on are fleeting highlights and that life itself should be spent enjoying and being grateful for the small moments that we personally label as 'awesome'.

This year's meeting borrowed a page from The Book of Awesome, as our members shared the books that have been memorable in their own lives. We were all awed by the range of our members' selections and the reasons why their choices had resonated with them.

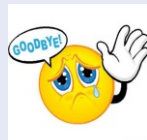
Some of the books that made the list were the Last Lecture by Randy Paus, If by Rudyard Kipling, The Scarlet Pimpernel by Baroness Emmuska Orczy, all of the Erma Bombeck books, the Happiness Project by Gretchen Rubin, When I say No, I Feel guilty by Manuel J. Smith, The Home for Unwanted Girls by Joanna Goodman, Man's search for Meaning by Viktor Frankl, the 4 Agreements by Don Ruiz, Common Ground by Justin Trudeau, A Christmas Carol by Charles Dickens, and Mrs. Mike by Benedict Freedman.

Some general observations that came from our sharing of favorites were that certain books help us through rough patches in life like divorce, death, and health issues. Many talked about the books they read as children and how they have had a lifelong effect, books like the Scarlet Pimpernel, the Secret Garden, and If made the list.

We all enjoyed the bounty of a pot luck lunch together and special thanks to Linda Green for opening her home for our meeting. Back to business by meeting's end, as our group drafted our 2019 book club list. Usually, our report ends with a numerical rating of our meeting, but how can we do anything but declare our December meeting as simply AWESOME!

## Greeting Cards

If you know of a member who is ill, hospitalized, or moving out of the area and not re-joining our club, please advise Lorrette Shermet at [lorrette@sympatico.ca](mailto:lorrette@sympatico.ca) or 905-878-1293.



# Reg Shoots the Moon

by Lorrette Shermet - Convenor

Ten people gathered at Lorrette Shermet's house to play bid euchre, the numbers were down because of it being Christmas week. It did not stop us from having Christmas cheer and a good time. We had two tables of three and one of four. It is more difficult to make calls when you are playing solo, without a partner but it did not stop Reg from making a moon. He got 24 points for his moon but refused to actually moon us. We will play again on January 17th at Grace church.



If you do not know how to play and would like to learn we have some great teachers among us.



“ Books are something social - a writer speaking to a reader - so I think making the reading of a book the center of a social event, the meeting of a book club, is a brilliant idea. ”

- Yann Martel

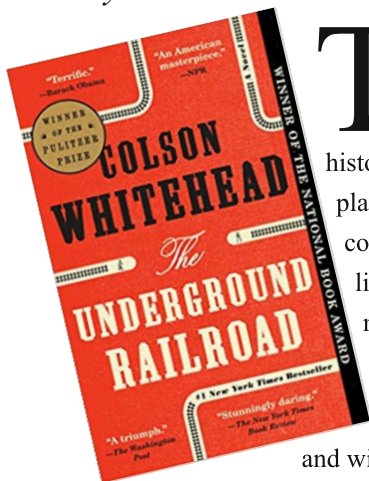
# The Underground Railroad by Colson Whitehead

by Catherine Parr - Convenor



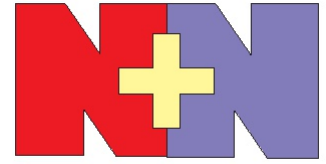
The Underground Railroad was a secret network helping desperate slaves trying to escape their unbearable lives in the American South. This chilling historical fiction was a difficult read. The brutality of the slaves' existence on plantations was horrific and if caught attempting to escape, the punishment and consequences to all involved were ghastly. Although the book is heralded for its literary excellence (a Pulitzer Prize winner), it is not recommended by our Sequel members due to the graphic content. Only half of our members elected to finish reading the book.

On a happier note, we held our annual Christmas pot-luck with delicious food and wine and as always, good cheer.



# Super Nosh

by Christy Babcock - Correspondent



Sixty-one Noshers gathered at the Babcock's for a "Super Nosh" to socialize, eat, and mingle. Thanks to Ron Armstrong's parking supervision and lots of carpooling every vehicle was able to squeeze in. Food was plentiful as was the laughter. A great evening to celebrate the beginning of the festive season with Probus friends.



# D'Stillers Plus Guest

By Chris Strachan - Convenor

Since four of our members were on vacation in November it was agreed there would be no D'Stillers meeting, needless to say the D'Stillers were quite happy to get back into the swing of things in December.



The final meeting of the D'Stillers for 2018 was held at the home of Kathy Schmidt and Bill Willcocks on December 5th with seven members in attendance. Bill supplied five whiskies for our tasting pleasure. We rated them as follows:

The winningest whisky of the evening was **'Port Eskaig'** a 14 yr. Old Single Malt with a 45.8% alcohol by volume (ABV) at a cost of \$105. This was the first whisky the D'Stillers tasted that evening and it scored well with a range of 79 – 85%. There is no Port Eskaig distillery, it's widely held that in general this wonderful brand is sourced from the Caol Ila distillery. Word on the street, however, is that this limited edition 14 year old is, in fact, a heavily peated Bunnahabhain whisky from the Bunnahabhain distillery.

Number two was **'anCnog Peatheart'** Single Malt with a 46% ABV and a cost of \$108. In Gaelic anCnog means the 'black hill'. The distillery was founded in 1893 and was operated by a steam-powered engine. However; after the world war two, the distillery was connected to the national grid at which time the old steam engine which had been in use since the distilleries founding was retired in 1947.

Number three was **'Monkey Shoulder'** blended Scotch Whisky, with an ABV of 43%, costs \$65.45. 'Monkey Shoulder' is a blend of three Scotch single malts, Glenfiddich, Balvenie and Kininvie. The name comes from the old days when the malt was tuned by hand which often caused a repetitive injury. This led to one shoulder hanging lower than the other one, hence the name Monkey Shoulder.

Number four was **'Ninety Nine Proof'** a Canadian blended whiskey, with an ABV of 49.5% at a cost of \$99. The Great One's third spirit release is a small batch whiskey matured in bourbon barrels for three years and finished in wine cask (cabernet sauvignon) for 100 days.

Number five was **'Scapa Skiren'** Single Malt Scotch with an ABV of 40% at a cost of \$78. Scapa is the second most northern distillery in the Orkney islands of Scotland. Skiren means 'bright skies' in Old Norse. Scapa Flow is famous for its sheltered harbour, where at the end of World War One 52 German ships were scuttled.

Our thanks to Kathy for hosting the DD's and supplying the treats. Thanks once again to the DD's without whom we would not have a safe drive home. Another new member has joined the D'Stillers, Frank Dawe, hopefully, Frank can join us for our January meeting and Marg can join the ladies (DD's) for a chat etc.

The Wednesday, January 2nd 2019 meeting will be held at the Strachan home as we once again start our rotation.



## Choral Music

by Michael Hooker - Convenor



Asoka Yapa hosted our December meeting, and chose the theme of “Spanish Music”. Asoka started by mentioning the influence that the Moorish (Islamic) rule over southern Spain had on the country (even after the Christian re-conquest in 1492), including the music.

We started with some short medieval pieces of music, first from Northern Spain showing the Christian European influence; then the south with the Moorish sound very evident.

Jumping forward several centuries to the early 1800s and Fernando Sor, whose music was strictly “European” in tone. At that time the Moorish influence was mostly confined to the music of the Gypsies (too “common” for many people), which eventually became the music of Flamenco that we hear now.

Several of the best-known classical music pieces from the 19th and 20th centuries that we think of as “Spanish” were by non-Spaniards – e.g.: French (Bizet’s Carmen), Russian (Rimsky-Korsakov’s Capriccio Espagnol). Asoka played us three such pieces.

Then we finished up the musical side with several pieces by two 20th century Spanish composers who really showed the Moorish musical influence in their own fiery compositions: Manuel de Falla and Joaquin Rodrigo, who died in 1999 aged 97. He became completely blind at 3, and composed in Braille!

Overall, a really varied and fascinating afternoon! And to finish, sangria and Spanish-themed desserts. Our next meeting on 15th January 2019 will be at Gerry Kennedy’s home.

## Enjoying the Craic

by Martin Capper - Convenor



This is the season for fun and jollity and that's what a record 29 members had at the last crib night of 2018! Jim achieved 5 wins and Norma and Lorraine shared high score honours at 24. All of us enjoyed Christmas cake, mince pies, gingerbread men, and Christmas crack all while enjoying the craic (google it if you don't speak Norn Iron).

Crib players also showed how generous they can be to those less fortunate and a pile of non perishable foodstuffs was delivered to the local firehall for the food bank! Thanks to all who have contributed to the fun and to our waistlines both this month and throughout the year.

Merry Christmas and a Happy New Year filled with an occasional 29 to all our crib members!

## New to Escarpment Probus?

by Liz Read - Convenor



Already a member but want to learn more about social clubs and activities? Here's a chance to connect with other newcomers and to meet members of the club's management team.

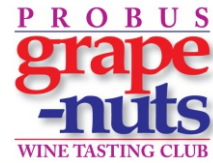
Please come to the newcomers' information session at Grace Anglican Church hall, 17 Main St. E., Milton on Wednesday, January 23 at 9:30 AM - Continental breakfast will be served.

RSVP to cliff.read@cogeco.ca.



# Christmas Spirit

by Auriel Halliday - Correspondent



**O**n the evening of December 6th, the Wine Tasters began to arrive, and arrive, and arrive, until the house was packed and the noise level was off the chart!

What a wonderful start to the Christmas holidays, and yes, there was a LOT of Christmas spirit! I did try to count how many folks our house managed to hold, but there was an ever-moving sea of bodies and I guessed at 45ish. Michael Hooker has done an amazing job organizing this group and I believe the membership is now about sixty.

After a meal of Chili and of course, more wine, we decided to play some silly games. First, some played "Touch and Sniff", and please keep a clean mind here! Handkerchiefs are filled with multiple objects that are all the same and you guess, by feel or touch, what each contains. For instance, there were bags filled with keyrings, cloves etc. No one guessed them all, but David Boss only missed one and was declared the winner.

Then we played charades, with all the clues being wine quotations. Not as easy as it may sound and certainly caused a lot of laughs.

Don and I wish all of the wine tasting group a very Merry Christmas and a New Year filled with lots of friends, and of course, many bottles of shared wine.

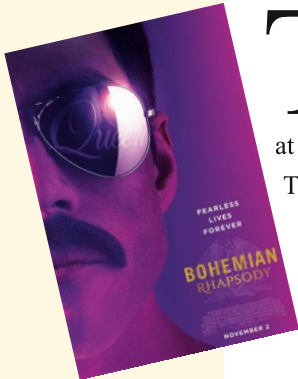
Our January tastings are at Megs Shellard's; Ellen and Paul Crawford's; Joanne and Ron Millichamp's.





# Three Movies

by Theresa Spano - Convenor



The Oscar movie goers were split this month on what to see: Four members went to see **Bohemian Rhapsody**, (the movie we reviewed last month) rating it "10" out of 5 so you can see they were not disappointed at all. Two members saw **Instant Family** - rating from the movie goers was 3.5. Two members opted for **Widows** - our movie goers gave this one a 4 star rating.

### Instant Family Synopsis

When Pete (Mark Wahlberg) and Ellie (Rose Byrne) decide to start a family, they stumble into the world of foster care adoption. They hope to take in one small child but when they meet three siblings, including a rebellious 15 year old girl (Isabela Moner), they find themselves speeding from zero to three kids overnight. Now, Pete and Ellie must hilariously try to learn the ropes of instant parenthood in the hopes of becoming a family. INSTANT



FAMILY is inspired by the real events from the life of writer/director Sean Anders and also stars Octavia Spencer, Tig Notaro and Margo Martindale.

### Widows Synopsis



"Widows" is the story of four women with nothing in common except a debt left behind by their dead husbands' criminal activities. Set in contemporary Chicago, amid a time of turmoil, tensions build when Veronica (Oscar® winner Viola Davis), Linda (Michelle Rodriguez), Alice (Elizabeth Debicki) and Belle (Cynthia Erivo) take their fate into their own hands and conspire to forge a future on their own terms. "Widows" also stars Liam Neeson, Colin Farrell, Robert Duvall, Daniel Kaluuya, Lukas Haas and BrianSent

The next Oscar Movie night will be Jan 8th come join us. See you at the movies!

# Christmas Bridge

by Jeanne Reid - Convenor



We enjoyed our Christmas bridge on Dec. 4th at the home of Ellen and Paul Crawford. They served a lovely luncheon beforehand followed by an afternoon of bridge.

A great way to start this beautiful season. Don Corker came first with Bev Jones coming second.

We will have our Jan. Bridge one week later on Tues. the 8th due to New Years day. It will be at the home of Vickie Lenarduzzi hosted with Bonnie Lennox.



# Back to Normal

by Anne Marie Stockley - Activities Chair

**Y**our Activity Committee wants to wish everyone a happy and healthy New Year. Now that all the eating and drinking is over, life goes back to “normal”. We look forward to keeping everyone active in 2019. Also, we welcome Kelly Ground to our Activity Committee.

Everyone had a lot of fun at our annual trip to Woodbine Mohawk Raceway on November 16th. I haven't heard of any BIG winners though. The Niagara Festival of Lights and Winetasting/Mixology trip was an absolute delight. We were 55 folks on the very noisy bus leaving the Sports Centre. Rather quiet on the way home. We had talked and eaten our way into a comfy mind-set! We enjoyed rather interesting wine concoctions, great food at Chuck's Roadhouse, and then a beautiful light show.

**Trivia Pursuit Night is on Tuesday, January 15th, 2019** at Ned Devine's on Derry Road. We have about 75 attending. Please give me a call if you would like to go on the wait list. There are often cancellations and we like to have you join us if at all possible. The evening starts at 7:00 pm. For prizes you will identify music, TV sound bites and trivia from the 50's, 60's and 70's that we are all so familiar with – aren't we. \$12 per person. Snacks & refreshments are available at your expense from Ned Divine's servers. If you don't have a team, we will find you one. The more the merrier!

There are still a couple of spots for the **CPR course scheduled for Monday, January 28th, 2019 at 1:00 to 4:00**. This is a hands-on three-hour non-certified course that will review how to perform CPR and use of the AED (defibrillator) that we see in local arenas and public places. It is \$34 for the course, with a limit of 20 participants. The instructor brings the manikin, plastic face cover, gloves and manual. Coffee and cookies will be served. We will be at Seasons Retirement, Cedar Room, 760 Bronte St. S., south of Derry.

We have just a couple spaces for the **2019 Annual Bowling Tournament at Champs on Wednesday, January 30th**. \$28 includes shoe rental, 2 games, and your chicken wings lunch and prizes. Lunch only is \$15. We've ordered extra food this year. This is a popular event. Coffee and muffins will be waiting for you when the doors open at 10:00 am. Get your shoes, pick an alley number, and then meet your teammates. Again, we would like to have a few names on the Wait List to replace cancellations.

The Royal Canadian Legion, Branch 136 is the place for our **St. Valentine's Day Dance at the on Friday, February 15th, 2019**. Bring along your non-member dancing partner or a friend if you like. Rockin Rob is the DJ. He's bringing his Karaoke music and huge list of tunes for you to perform during our light meal. Cost is \$25 per person with a Red and White theme. Music starts at 7:00 to 11:00 pm. Last sign-up is our January 2019 general meeting.

Do you have your tickets? We have a few tickets to “The Dreamboats” performance on Friday, March 29th to be picked up. These will be available at the next General Meeting on January 16th, 2019.

## *Do you have Ideas for Activities?*

Our Activity Committee is missing something; or should I say bodies. We are searching for one or two committee members of the male persuasion. We don't want our activities to get too frilly, so we need some testosterone. We meet once a month to go over what each of us have planned and discuss possible activities. We are very civilized.



*Chequg us out.*

*Please remember to bring your cheque book to all the Probus meetings if you would like to sign up for any of the activities.  
Thank you*



# Our December Meeting



Brian and Lorhel White, with the assistance of "Santa", were decked out in their Christmas finery to welcome us to Piper's Heath.



Our costume judges:  
Dawn, Michael, Robyn, and Fred

And the lucky 50/50  
Draw winner is....  
Ann Taylor who won  
\$232 to help with her  
Christmas shopping



Best costume goes to  
Santa (Pete Shermet) and  
the Snowflake Fairy  
(Sandra Bashford)



Congratulations to all  
the Draw Prize  
Winners!



Thanks to Ron and  
Martin for providing  
the shuttle service  
from and to the  
parking lot!



## Escarment PROBUS Club - Calendar of Events

EVENT	DAY OF MONTH	MEET AT	CONVENOR
<b>Activities</b>			
Management Meeting	January 9 - 9:30 am	Stockley home	Paul Crawford
Trivia Pursuit Night	January 15 - 7 pm	Ned Devine	Anne Marie Stockley
<b>Escarment PROBUS</b>	<b>January 16 - 9:30 am</b>	<b>121 Chisholm Dr., Milton*</b>	<b>Paul Crawford</b>
Lunch Bunch	January 16 - 12 noon	Swiss Chalet	Bonnie Lennox
Newcomers Meeting	January 23 - 9 am	Grace Anglican Church hall	Cliff & Liz Read
CPR Course	January 28 - 1 pm	Seasons Retirement Home	Anne Marie Stockley
Bowling Tournament	January 30 - 10 am	Champs Bowling	Anne Marie Stockley
<b>Clubs</b>			
Probus Info Exchange - <i>PIE</i>	Every Day, all Day	Online only - no meetings	Ron DuPont
Walkers - <i>Trail Walkers</i>	Every Tues. - 1:30 pm	<i>as per email</i>	Ronald Flannagan
Dining - <i>The Supper Club</i>	Scheduled by convenor		Auriel Halliday
Whisky Club - <i>The D'stillers</i>	Jan. 2 - 7 pm	Strachan home	Chris Strachan
Wine Tasting - <i>Grapenuts</i>	Jan. 3 - 7 pm	Shellard home	Michael Hooker
Dining - <i>Nosh+Natter</i>	Jan. 4 - 5:30 pm	O'Brien home	Gillian Reynolds
Wine Tasting - <i>Grapenuts</i>	Jan. 7 - 7 pm	Crawford home	Michael Hooker
Crafts - Quilting Club - <i>Piece Makers</i>	Jan. 7 - 1 pm	Comstock home*	Diane Comstock
Cards - <i>Bridge Club</i>	Jan. 8 - 1 pm	Lenarduzzi home	Jeanne Reid
Movie Club - <i>Oscar Nights</i>	Jan. 8 - 7 pm	Milton Cineplex Cinemas*	Theresa Spano
Book Club - <i>Sequel</i>	Jan. 9 - 10 am	Rumley home	Catherine Parr
Book Club - <i>Trilogy</i>	Jan. 9 - 10 am	O'Reilly home	Linda Green
Club <i>Français</i>	Jan. 9 - 10 am / 11 am	Yardley/Crowe home*	Anne-Françoise Gibbard
Board Games - <i>Bee Gees</i>	Jan. 9 - 1 pm	Grace Anglican Church hall*	Stephen Comstock
Wine Tasting - <i>Grapenuts</i>	Jan. 9 - 7 pm	Millichamp home	Michael Hooker
Board Games - <i>Joker Club</i>	Jan. 10 - 1:30 pm	Boothe home	Auriel Halliday
Travel - <i>Wanderlust</i>	Jan. 10 - 7 pm	Boss home	Gloria Pennycook
Dining - <i>Nosh+Natter</i>	Jan. 11 - 5:30 pm	Flynn home	Gillian Reynolds
Book Club - <i>First Edition</i>	Jan. 14 - 1 pm	Flynn home	Paul Crawford
Cards - Cribbage - <i>Card Sharps</i>	Jan. 14 - 7 pm	Capper home*	Martin Capper
Cards - Cribbage - <i>Card Sharps</i>	Jan. 15 - 1:30 pm	Capper home*	Martin Capper
Cards - <i>Euchre</i>	Jan. 15 - 1:15 pm	Shermet home	Lorrette Shermet
Classical Music - <i>Mozart and Friends</i>	Jan. 15 - 2 pm	Kennedy home	Michael Hooker
Book Club - <i>Ravenous Readers Recycle</i>	Jan. 16 - 10:30am	121 Chisholm Dr., Milton*	Ellen Crawford
Crafts - Knitting Club - <i>Chicks with Sticks</i>	Jan. 17 - 10:30 am	Crawford home	Chris Willekes
Cards - <i>Bid Euchre</i>	Jan. 17 - 1:30 pm	Grace Anglican Church hall*	Lorrette Shermet
Dining - <i>Skip the Dishes</i>	Jan. 17 - 6 pm	Locando	Lorrette Shermet
Friendship Club	Jan. 23 - 10 am	Season's Retirement Home*	Judy Krauss
Board Games - <i>Joker Club</i>	Jan. 23 - 1 pm	Shermet home	Auriel Halliday
Tastings - <i>Suds and Buds</i>	Jan. 24 - 7 pm	Tschirhart home	Pete Shermet
Dining - <i>Nosh@Nite</i>	Jan. 25 - 5:30 pm	DuPont home	Paul & Ellen Crawford
Dining - <i>Appy Hour</i>	Jan. 26 - 6:30 pm	Cousins home	Mary Cousins
Cards - <i>Canasta</i>	Jan. 28 - 7 pm	Shermet home	Lorrette Shermet
Sports - Bowling - <i>10 Pin</i>	Jan. 30 - 3 pm	Champs Bowling*	Michele Tschirhart
<div style="display: flex; justify-content: space-between;"> <span>New club, date, and/or time</span> <span>Temporary Change</span> <span>* Always held at this location</span> </div>			

Can also be found on the Escarpment Probus website

[www.escarpmentprobus.com](http://www.escarpmentprobus.com) under Calendars - Current Month



## Escarpment PROBUS Club - Calendar of Events

EVENT	DAY OF MONTH	MEET AT	CONVENOR
<b>Activities</b>			
Management Meeting	February 13 - 9:30 am	Read home	Paul Crawford
St.Valentine's Day Dance	February 15 - 7 pm	Royal Canadian Legion	Bonnie Lennox
<b>Escarpment PROBUS</b>	<del>February 20 - 9:30 am</del>	<b>121 Chisholm Dr., Milton*</b>	<b>Paul Crawford</b>
Lunch Bunch	February 20 - 12 noon		Bonnie Lennox
<b>Clubs</b>			
Probus Info Exchange - <i>PIE</i>	Every Day, all Day	Online only - no meetings	Ron DuPont
Walkers - <i>Trail Walkers</i>	Every Tues. - 1:30 pm	<i>as per email</i>	Ronald Flannagan
Dining - <i>The Supper Club</i>	Scheduled by convenor		Auriel Halliday
Dining - <i>Nosh+Natter</i>	Feb. 1 - 5:30 pm	Boothe home	Gillian Reynolds
Crafts - Quilting Club - <i>Piece Makers</i>	Feb. 4 - 1 pm	Comstock home*	Diane Comstock
Wine Tasting - <i>Grapenuts</i>	Feb. 4 - 7 pm	Halk home	Michael Hooker
Cards - <i>Bridge Club</i>	Feb. 5 - 1 pm	Christie home	Jeanne Reid
Whisky Club - <i>The D'stillers</i>	Feb. 6 - 7 pm	Flowers home	Chris Strachan
Wine Tasting - <i>Grapenuts</i>	Feb. 7 - 7 pm	Cannell home	Michael Hooker
Book Club - <i>First Edition</i>	Feb. 11 - 1 pm	Read home	Paul Crawford
Dining - <i>Nosh+Natter</i>	Feb. 11 - 5:30 pm	Yardley home	Gillian Reynolds
Cards - Cribbage - <i>Card Sharps</i>	Feb. 11 - 7 pm	Capper home*	Martin Capper
Cards - Cribbage - <i>Card Sharps</i>	Feb. 12 - 1:30 pm	Capper home*	Martin Capper
Movie Club - <i>Oscar Nights</i>	Feb. 12 - 7 pm	Milton Cineplex Cinemas*	Theresa Spano
Book Club - <i>Sequel</i>	Feb. 13 - 10 am	Kotack home	Catherine Parr
Book Club - <i>Trilogy</i>	Feb. 13 - 10 am		Linda Green
Club <i>Français</i>	Feb. 13 - 10 am / 11 am	Yardley/Crowe home*	Anne-Françoise Gibbard
Board Games - <i>Bee Gees</i>	Feb. 13 - 1 pm	Grace Anglican Church hall*	Stephen Comstock
Wine Tasting - <i>Grapenuts</i>	Feb. 13 - 7 pm	Ross home	Michael Hooker
Board Games - <i>Joker Club</i>	Feb. 14 - 1:30 pm	Shellard home	Auriel Halliday
Travel - <i>Wanderlust</i>	no meeting		Gloria Pennycook
Cards - <i>Euchre</i>	Feb. 19 - 1:15 pm		Lorrette Shermet
Classical Music - <i>Mozart and Friends</i>	Feb. 19 - 2 pm	Corker home	Michael Hooker
Book Club - <i>Ravenous Readers Recycle</i>	Feb. 20 - 10:30am	121 Chisholm Dr., Milton*	Ellen Crawford
Crafts - Knitting Club - <i>Chicks with Sticks</i>	Feb. 21 - 10:30 am	TBD	Chris Willekes
Cards - <i>Bid Euchre</i>	Feb. 21 - 1:30 pm	Grace Anglican Church hall*	Lorrette Shermet
Dining - <i>Skip the Dishes</i>	Feb. 21 - 6 pm		Lorrette Shermet
Dining - <i>Nosh@Nite</i>	Feb. 22 - 5:30 pm	Read home	Paul & Ellen Crawford
Dining - <i>Appy Hour</i>	Feb. 23 - 6:30 pm	TBD	Mary Cousins
Cards - <i>Canasta</i>	Feb. 25 - 7 pm	Boothe home	Lorrette Shermet
Friendship Club	Feb. 27 - 10 am	Season's Retirement Home*	Judy Krauss
Board Games - <i>Joker Club</i>	Feb. 27 - 1 pm	Comstock home	Auriel Halliday
Sports - Bowling - <i>10 Pin</i>	Feb. 27 - 3 pm	Champs Bowling*	Michele Tschirhart
Tastings - <i>Suds and Buds</i>	Feb. 28 - 7 pm	Hooker home	Pete Shermet
New club, date, and/or time		Temporary Change	* Always held at this location

FEBRUARY 2019

