


# FORUM

MONTHLY NEWSMAGAZINE  
FOR MEMBERS OF THE  
ESCARPMENT PROBUS CLUB  
MILTON, ONTARIO, CANADA

VOLUME 2 - ISSUE 1 - JANUARY 2014 



Joanne Millichamp  
President

## Our Christmas luncheon a great success

**G**reetings everyone. We have now held three meetings of our new club and are happy to report a membership total of 133. Many thanks to Ted Nixon, the Probus Representative from District 3 - Ontario for his greetings from Probus Canada.

Our Christmas luncheon was a great success at Crosswinds - 100 people attended - including 12 guests - and we enjoyed good food, fellowship and entertainment. See pictures on Page 9.

Probus was formed as a social club, whose purpose is to meet new people, engage in interesting activities and enjoy the company of others in post-retirement mode. As you will see on the following pages, there are many activities and clubs in which to participate, so please look at the opportunities and sign-up.

Don't forget that our next meeting will be held at the Milton Sports Centre on Derry Road - January 15th at 9:30 am.

On behalf of the management team, I wish you all a healthy and happy 2014. 



## Come out and enjoy lunch with your new friends

By Jeanne Reid - Social Chair

**T**he Lunch Bunch Group will meet after each Probus meeting on the third Wednesday of each month. We will ask for a show of hands at the coffee break of who would like to attend and then let the pre-arranged restaurant know how many are coming.

Osso Bucco has been chosen as a good venue for our first luncheon. They can accommodate 25 to 30 people and will give us separate cheques. At that lunch, we can decide who might be willing to be the convenor for the group and pick out a restaurant for each month. This will be an open luncheon for members.



## The Lunch Bunch

If there is a demand for a more formal luncheon, members of the Lunch Bunch may be contacted for an additional luncheon during the month. There are lots of restaurants that we could go to, and in the summer, we could attend golf clubs which are open to the public and have patios. There is Crosswinds, Granite Ridge, Greystone and many others.

Currently we have 35 names on the Lunch Bunch sign-up list. 

ESCARPMENT PROBUS CLUB - Meets every third Wednesday in the month at 9:30am at

**MILTON SPORTS CENTRE**

**ESCARPMENT  
PROBUS  
CLUB  
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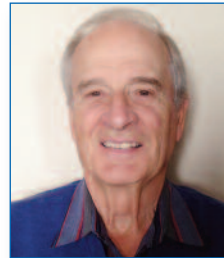
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If you know someone who you feel would be interested in joining the Escarpment Probus Club please forward this Newsmagazine with our compliments.



**FORUM**

ESCARPMENT PROBUS CLUB NEWSMAGAZINE  
This Probus Club is open to both ladies and gentlemen members

Published monthly and emailed in PDF format to all the members of The Escarpment Probus Club  
Members without email may pick up their copy at the meeting

Annual Membership is \$45 per person  
One time only fee of \$20 for your name badge

MEETINGS ARE HELD ON  
Every third Wednesday in the month at 9:30am  
AT

The Milton Sports Centre, 605 Santa Maria Boulevard, Milton, Ontario, L9T 6J5

**FORUM Deadlines**

Articles and pictures for publication should be received no later than seven days after the regular meeting. Stories and articles may be emailed to the Editor or submitted to any member of the Management Committee.

Escarpment Probus Club reserves the right to refuse, edit or change any copy or pictures submitted.



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## Our January Speaker

### Major C.S. (Colin) Coakwell

Major Coakwell joined the Canadian Forces in 1994. He obtained a Bachelor of Engineering (Electrical) under the ROTP program at the University of Saskatchewan. He then trained on the Slingsby, Tutor and Jet Ranger aircraft prior to operational training.

Posted to 408 Tactical Helicopter Squadron in 2001, he trained on the CH146 Griffon helicopter and employed the Griffon helicopter to support Army training exercises with the provision of utility and airmobile support. He also participated in Op GRIZZLY (Kananaskis G-8) and Op SABOT, in support of RCMP counter drug operations.

Major Coakwell was deployed to Bosnia-Herzegovina in 2003, for 6-month tour, to support Canadian, British and Dutch peacekeeping units.

In 2007 he was posted to 403 Helicopter Operational Training Squadron. Instructional duties focused on mission planning and command principles and techniques. He was then selected for CH-47D Chinook training in 2009 with the US Army.

Promoted to Major in 2009, he was posted back to 408 Tactical Helicopter Squadron for



sub-unit command position. He maintained a dual qualification on the Griffon and Chinook aircraft. He commanded aviation detachments in support of Op PODIUM (Vancouver Olympics) and Op CADENCE (Muskoka G-8).

In March 2011, he was deployed to Afghanistan as the Officer Commanding Chinook Flight. Tasks included providing sustainment and Air Assault support to Canadian and allied forces.

For the last two years, Major Coakwell has served at 408 THS as Operations Officer, where he was responsible for the day to day flying operations and the development of the unit training program in preparation for High Readiness status.

He was then posted to Canadian Forces College where he is currently attending the year-long Joint Command and Staff Program and is pursuing a Masters in Defence Study. 🇺🇰

“  
Always forgive  
your enemies;  
nothing annoys  
them so much.”

Oscar Wilde

## Our February Speaker

### Renu Choudhary, BSc. Pharm.

Renu Choudhary is the Pharmacist and Owner of Shoppers Drug Mart at Derry and Bronte Streets, she will make a presentation on Wednesday 19 February. Her talk will encompass the drug industry, drugs, the interaction of drugs and living a healthy life. This topic promises to be very informative and educational. 🇺🇰

## Bond, James Bond - hierarchy explained

The various British Military Intelligence units are the subject of much speculation, and only relatively recently have any MI departments been officially acknowledged. Some departments were only temporary, many have merged, others may be entirely apocryphal. A tentative list:

- MI 1 Director of Military Intelligence; also cryptography
- MI 2 Responsible for Russia and Scandinavia
- MI 3 Responsible for Germany & Eastern Europe
- MI 4 Aerial Reconnaissance during WWII
- MI 5 Domestic intelligence and security
- MI 6 Foreign intelligence and security
- MI 8 Interception & interpretation of communications
- MI 9 Clandestine operations - Escape and Evasion
- MI 10 Weapons and technical analysis
- MI 11 Field Security Police
- MI 14 German specialists
- MI 19 POW debriefing unit



Please  
return . . .  
. . . your name  
tags to the  
Membership  
table at the  
conclusion of  
each Probus  
meeting.  
Thank you

# THE BREAKFAST CLUB

We have 9 people who would like to get together for breakfast. They have been contacted and we are in the process of deciding on a date and time. We thought the Symposium Restaurant might be a good venue to start.

Stay tuned for further news on the club. If you would like to join, please let Jeanne Reid know. There will be a sign-up sheet at the January 15th meeting.

**"Roger, bandits at ten o'clock"**

Wednesday 22 January  
Takeoff - 10:00am

**Canadian Warplane Heritage Museum**

Come and join us on a two-hour guided tour encompassing 36 military jets, propeller driven aircraft, helicopters and exhibits will be followed by lunch in the canteen - soup, sandwich, tea or coffee.

**Movie Club**

Wow, 34 people would like to go to the movies. With the help of Joanne Sutman, the Movie Club will be launched very soon. When a format has been chosen, we will contact all of you with times, dates and locations.



## Spring Wine Tour

**Join us on Wednesday 23 April, for a wine tour to Niagara-on-the-Lake**

*Travelling by coach, we will visit 3 wineries including the Niagara Teaching College.*

*We will also enjoy lunch at the Benchmark Restaurant in the Canadian Food and Wine Institute.*

*This is a full-day trip and, depending on the number of participants, will cost between \$80 - \$90 per person.*

*A sign-up sheet will be available at the January meeting. At that time we will sign up members hoping for about 40 people to make this a viable trip.*

*Payment will be collected at a later date.*

# NoshAtNite

By Alan Jordan - FORUM Editor

The merry Noshers of Group One met at the spectacularly decorated home of Liz & Cliff Read for the December festivities.

Additional Probians were present as, in the true sprit of Christmas, Liz and Cliff invited members from the number 2 edition of Nosh At Night.

We also had visitors from the Wasaga Beach Probus Club who were in town.

Lots of fabulous Christmas flavoured Nosh and drinks were enjoyed by all present, a grand start to the Christmas holidays.

You can't have too many Santas? 🇺🇸



*We like to know who you are!*

*Please wear your Probus Pin at all external Probus events*

## Meet your Treasurer

### MARTIN CAPPER, CA TREASURER

**M**artin Capper was a recognized business leader in the transportation and technology sectors in North America. For a decade, Martin ran MARK IV IVHS, the company that provided the technology backbone of both Highway 407 in Ontario and the E-ZPass system in the North Eastern U.S.

Under his leadership MARK IV IVHS earned almost \$500 million in export revenues and showcased Canadian innovation and technology throughout North America, Europe, Japan and China.

As a recognized thought leader in transportation and transportation policy, Martin has

testified as a subject matter expert to legislative committees in California, Massachusetts and Illinois. He is a former member of the Board of Directors of the Intelligent Transportation Society of America and was the first Canadian to serve as Chairman of its Board.

Martin has been married to Norma for over 40 years; they have 3 sons and 6 grandchildren. He has been a resident of Milton since 1997.

Martin remains a Chartered Accountant and retired as CEO of MARK IV in Spring of 2009. 🇨🇦



### Membership

If any of your contact information needs to be updated or corrected, please contact

**Jim Tschirhart,**  
*Membership Chair,*  
by Email  
jtschirhart@bell.net  
OR 905-875-0859  
You can also  
contact him at our  
next meeting.



**A Loony  
gets you  
ONE ticket**

**A Tooney  
gets you  
THREE tickets**

**A Fiver  
gets you  
EIGHT tickets**



The Escarpment Probus is starting a 50/50 Draw at each of our meeting commencing in January. Be sure to buy your tickets before the end of the break. The draw will be made before the speaker.

The amount won and the name of the winner will be announced in the following month's edition of the Forum.

# THE SOCIAL SCENE

By Jeanne Reid - Social Chair

We are pleased that so many of you want to join our Special Interest Groups and are working hard to get them organized and started for you. Here is what is happening:

## BOOK CLUB

The first, very successful Book Club meeting was held at the home of Anne Deoni on Monday, 25 November at 1:00pm. There were 14 people in attendance and 2 book clubs were formed. One group of 10 people will meet the second Monday of each month in the afternoon. Paul Crawford has kindly agreed to be the Convenor for that group.

There will be a Wednesday morning group on the second Wednesday of each month. Fay McDonald will be the Convenor for that group. Thanks so much Fay.

Meetings will begin in January.

## EUCHRE CLUB

There was much interest in the Euchre club but unfortunately, we were unable to schedule a suitable date and it was decided to have our first game on Thursday 23 January at 1:30pm at Lorrette Shermet's home. She will be



*Please return . . .*

*. . . your name tags to the Membership table at the conclusion of each Probus meeting.*

*Thank you*

in contact in the New Year to list players attending and give directions.

## GARDEN CLUB

We had our first meeting at the home of Jeanne Reid on Wednesday 13 November at 1:00pm. Five people attended and we set up some guidelines on our operation. We will attend Canada Blooms in March as a group and are planning many other discussions and events. Our next meeting will be Wednesday 12 February at Norma Capper's home. 📍

**Done reading your Probus Forum?**

Share it with your friends, neighbours and yes, relatives!  
We are always looking for retired or semi-retired ladies and gentlemen who enjoy meeting involved and outgoing people with like minds.  
Please send them this publication with our compliments.

**Interested in Health & Travel Insurance**

A number of Probus members have enrolled in programs available through Johnson Inc. Check out their website at [www.johnson.ca/probus](http://www.johnson.ca/probus) or call toll free at 1-888-412-8822 and identify yourself as a Probus Member and give the name of our Probus Club. They will provide information regarding medical, trip interruption and cancellation insurance.

# Noshers' premiere a resounding success

By Ellen and Paul Crawford

The first NoshAtNite for group one was held at our home on 22 November from 5pm until 8pm with 14 people attending.

Although we have a small, open-concept bungalow, we were able to accommodate the number due to the nature of this type of party. The guests brought hors d'oeuvres to share as well as their own drinks. The hosts supplied dessert, tea and coffee, plates, glasses. We mingled in various areas standing or sitting as we laughed, noshed and shared stories.

The decision about the number that can be accommodated in a particular home has been left to the host of the evening. Hosts will email

participants in advance to provide their address and a reminder of the evening. Those wishing to attend will respond to the host, allowing the host to decide when their maximum number has been reached.

A roster has been set up and new people can be added if they choose to join. We will meet the fourth Friday of each month from 5pm until 8pm.

- |         |                               |
|---------|-------------------------------|
| Jan. 24 | Ann and Ron Du Pont           |
| Feb, 28 | Anna and Chris Strachan       |
| Mar. 28 | Josie Sandhu and Peter Lasota |
| Apr. 25 | Rosalind and Alan Jordan      |
| May 23  | Lorrette and Pete Shermet 🇺🇸  |



“

I used to be Snow White, but I drifted.

”

Mae West



## Elderly Lady



An elderly lady met an old friend. When the friend asked how she was the lady replied, "I'm not too bad but my husband passed away last week.

He went into the garden to cut a head of cabbage from his vegetable garden. As he bent down he suffered a massive heart attack and died".

"What did you do?" asked her friend. "What could I do", replied the first lady, "I had to open a tin of peas".



## Greeting Cards

If you know of a member who is ill, hospitalized or moving out of the area and not re-joining our club, please advise Lorrette Shermet at: [lorrette@sympatico.ca](mailto:lorrette@sympatico.ca) or 905-878-1293.





# Christmas meeting and luncheon a great success



“  
Time’s fun when  
you’re having  
flies. ”  
*Kermit the Frog*

“

We make a living by what we get, but we make a life by what we give.

”

Winston Churchill  
1874-1965



We know that many of our Probus Members have travelled the world in search of adventure. We would like you to share some of those experiences with us at one of our monthly meetings. It could be a place close to home or an exotic location reached only by the most circuitous route.

If you have walked in space we guarantee you to be the first to speak. For more information please contact Ron Millichamp at: 289-878-2969 or [ronmillichamp@hotmail.com](mailto:ronmillichamp@hotmail.com) for the first step in a great adventure, public speaking.




## Bridge Club

By Rosemary Thompson - *Bridge Convener*

**T**here are now 20 members signed up to play bridge. We have played twice, once in November and again in December.

Our next scheduled date is Thursday afternoon, 9 January at the home of Anne Deoni. Anne will be in touch regarding time and location.

We are still in the process of settling upon a regular day for our games. As a result we are very fluid in our time and venue.

For further information please contact, Rosemary Thompson at: [alfozzo@cogeco.ca](mailto:alfozzo@cogeco.ca) 



Several Probus Club Members have signed-up to give a MiniBiography of their memories, professional experiences and the highs and lows in this adventure we call life.

If you would like to contribute a five-minute MiniBio in the future, please contact:

**Ron Millichamp at: 289-878-2969**

or

**[ronmillichamp@hotmail.com](mailto:ronmillichamp@hotmail.com)**

*Books  
are  
puuurfect!  
But  
where's  
my  
iPad?*



## Wednesday morning Book Club premier

By Fay MacDonald - Convenor

WEDNESDAY MORNING BOOK CLUB

Wednesday Morning Book Club will be holding their very first gathering on January 8th at 10:00am. The book to be reviewed is "The Guernsey Literary and Potato Peel Society" by Mary Ann Shaffer and Annie Barrows.

We are a group of ten book lovers meeting the second Wednesday of the month from 10:00am until noon.

We have currently reserved the following books through to June 2014.

January 8th - Fay MacDonald host -

Guernsey Literary and Potato Peel Pie Society!

February 11th -Patricia Kotack host -

Changing my Mind

March 12th - Catherine Parr host -

Cutting for Stone

April 9th - Joanne Millichamp host -

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May 14th - Gretchen Green O'Brian host -

Three Cups of Tea

June 11th - Desiree Woon host - A Complicated Kindness

Looking forward to meeting everyone and I'm sure lots of great discussions.

Wishing everyone a Happy New Year. 🇺🇸

*Cheque  
us  
out!*

*Please remember  
to bring your  
cheque book to  
the Probus  
meetings if you  
would like to  
sign-up for any  
of the activities.*

*Thank you.*

## Get a head start on your baking for next Christmas

### Plum Pudding (Figgy Pudding)

**Plum Pudding:** Chop the figs finely and place in a bowl. Add the bread crumbs, brown sugar, suet, molasses, lemon, nutmeg and flour. Mix well. Beat eggs slightly and add to mixture, mix until incorporated. Place in a baking dish. Place greased parchment on top and place in steamer or stock pot with 2 inches of water and steam for 2.5-3 hours. Serve warm with a boiled sauce.

**Plain Sauce:** Cream the butter and sugar. Add the beaten eggs and then the flavouring. Add enough boiling water to make a thick cream.

**History:** Figgy Pudding, aka Plum Pudding, Plum Porridge, Christmas Pudding or Steamed Pudding, is a British sweet with a history that might go back to Shakespeare's time. It was banned in the mid-1600s by English Puritans, mainly because of the high alcohol content in traditional recipes. The best part about a Figgy



Pudding is that it can be made months in advance and will keep indefinitely, just like a fruit cake.

A tradition associated with Figgy Pudding is that everyone in the house was meant to have a hand in making the pudding. Family members would each take a turn to whisk and give it at least one turn around the bowl while making a wish. Some families would put a trinket (sometimes a silver thruppence or sixpence) in the pudding; the person who found it would be guaranteed good luck. 🇺🇸

*Recipe from Ireland House Taste of Christmas.*

### Ingredients for Plum Pudding

1 cup figs  
2 cups bread crumbs  
1 cup brown sugar  
1 cup suet  
2 eggs  
1 lemon  
1 tsp molasses  
1 1/4 tsp ground  
nutmeg  
1 tbsp flour

### Ingredients for Plain Sauce

1/2 cup butter  
1 1/4 cup sugar  
2 eggs  
1/4 cup boiling  
water  
1 to 1 1/4 tsp vanilla

# ESCARPMENT PROBUS CLUB - CALENDAR OF EVENTS

EVENT	DATE AND TIME	MEET AT	CONVENOR
<b>JANUARY 2014</b>			
Probus Executive Meeting	8 January, Wednesday	Ron & Joanne Millichamp	
Book Club 2 - Sequel	8 January, Wednesday - 10:00am	Fay McDonald	Fay McDonald
Nosh At Nite 2	10 January, Friday - 5:30pm	Jim & Michelle Tschirhart's	Michelle Tschirhart
Book Club 1 - First Edition	13 January, Monday - 1:00pm	Paul & Ellen Crawford	Paul Crawford
<b>ESCARPMENT PROBUS</b>	<b>15 January, Wednesday - 9:30am</b>	<b>Milton Sports Centre</b>	
Lunch Bunch	15 January, Wednesday	Osso Bucco, Milton	Jeanne Reid
Warplane Heritage Museum	22 January, Wednesday - 10-1:30pm	Airport Road, Mount Hope	Liz Read
<b>DEADLINE</b> Articles & Pictures	22 January, Wednesday	All material should be sent to alan@jordanar.com	
Euchre Club	23 January, Thursday - 1:30pm	Lorrette Shermet	
Nosh At Nite 1	24 January, Friday - 5:00-8:00pm	Ron & Ann Du Pont	Paul Crawford
Track Walkers	Monday & Friday - 10:30am	Milton Sports Centre	Liz & Cliff Read
Trail Walkers	Tuesday 7 January - 1:00pm	Various	Liz Read
<b>FEBRUARY 2014</b>			
Book Club 2 - Sequel	12 February, Wednesday - 10:00am	Patricia Kotack	Fay McDonald
Probus Executive Meeting	12 February, Wednesday - 7:00pm		
Garden Club	12 February, Wednesday - 1:00pm	Norma Capper's Home	Jeanne Reid
Drury Lane Theatre	16 February, Sunday - 1:00pm	Theatre	Liz Read
<b>ESCARPMENT PROBUS</b>	<b>19 February, Wednesday - 9:30am</b>	<b>Milton Sports Centre</b>	
<b>DEADLINE</b> Articles & Pictures	26 February, Wednesday	All material should be sent to alan@jordanar.com	
Nosh At Nite 1	28 February, Friday - 5:00-8:00pm	Chris & Anna Strachan	Paul Crawford
Track Walkers	Monday & Friday - 10:30am	Milton Sports Centre	Liz & Cliff Read
Trail Walkers	Tuesday - 1:00pm	Various	Liz Read
<b>MARCH 2014</b>			
Probus Executive Meeting	12 March, Wednesday - 7:00pm		
Book Club 2 - Sequel	12 March, Wednesday - 10:00am	Catherine Parr	Fay McDonald
St Patrick's Day Lunch	TBD	TBD	Brenda Hicks
<b>ESCARPMENT PROBUS</b>	<b>19 March, Wednesday - 9:30am</b>	<b>Milton Sports Centre</b>	
<b>DEADLINE</b> Articles & Pictures	26 March, Wednesday	All material should be sent to alan@jordanar.com	
Nosh At Nite 1	28 March, Friday - 5:00-8:00pm	Josie Sandhu	Paul Crawford
Track Walkers	Monday & Friday - 10:30am	Milton Sports Centre	Liz & Cliff Read
Trail Walkers	Tuesday - 1:00pm	Various	Liz Read
<b>APRIL 2014</b>			
Probus Executive Meeting	9 April, Wednesday - 7:00pm		
<b>ESCARPMENT PROBUS</b>	<b>16 April, Wednesday - 9:30am</b>	<b>Milton Sports Centre</b>	
<b>DEADLINE</b> Articles & Pictures	23 April, Wednesday	All material should be sent to alan@jordanar.com	
N.o.t.L. Wine Tour	23 April, Wednesday	TBD	Liz Read