


# FORUM

MONTHLY NEWSMAGAZINE  
FOR MEMBERS OF THE  
ESCARPMENT PROBUS CLUB  
MILTON, ONTARIO, CANADA

VOLUME 1 - ISSUE 3 - DECEMBER 2013 



**Joanne Millichamp**  
President

## Accreditation Certificate presented

We are pleased to announce the official formation of the Escarpment Probud Club as Club #231 with 113 founding members. Zina Yaworski, President of the existing Milton club presented our Accreditation Certificate at our meeting on Wednesday 20 November.


We have been overwhelmed by the response and our management team have been working hard to get activities started. We now have a

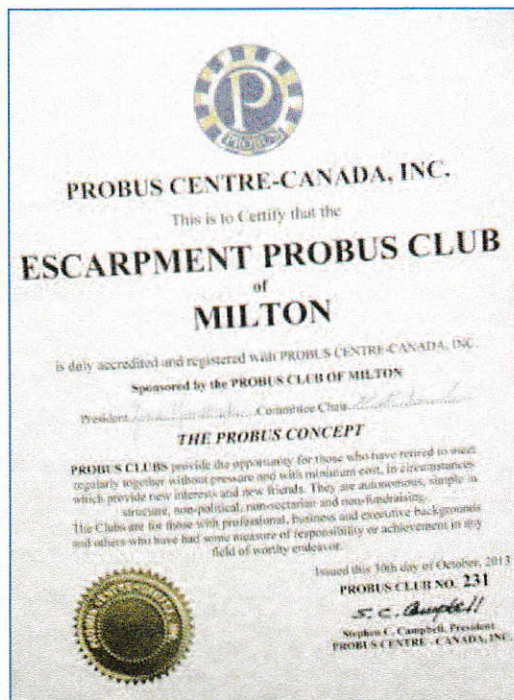
walking club, a hiking group and a bridge club in full operation.

By the time you read this the book club and one of the Nosh at Night groups will have started. The other Nosh at Night group starts in December and euchre starts in January.

Some of the outings available are a visit to Ireland House in December, the Canadian Warplane Heritage Museum on 22 January and a visit to Drury Lane theatre planned for the New Year. Many thanks to the management team for all their hard work.

Don't forget our next meeting, Wednesday, 18 December at 9:30am at Crosswinds Golf Club followed by our Christmas Luncheon.

See you there! 



At the centre, Joanne Millichamp, Escarpment Probud President, receives the Accreditation Certificate from, at left, Zina Yaworski, Milton Probud President and right, Bill Frachnie, Membership Director, Milton Probud.

ESCARPMENT PROBUS - NEW VENUE - Commencing Wednesday 15 January 2014 - 9:30am

**MILTON SPORTS CENTRE**

**ESCARPMENT  
PROBUS  
CLUB  
MANAGEMENT  
COMMITTEE**



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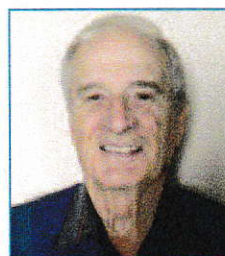
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If you know someone who you feel would be interested in joining the Escarpment Probud Club please forward this Newsmagazine with our compliments.

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**FORUM**

ESCARPMENT PROBUS CLUB NEWSMAGAZINE  
This Probud Club is open to both ladies and gentlemen members  
Published monthly and emailed in PDF format to all the members of The Escarpment Probud Club

Annual Membership is \$45 per person  
One time only fee of \$20 for your name badge

**THE NEXT MEETING WILL BE**  
Wednesday 18 December at 9:30am with our Christmas Meeting and Lunch

**WHICH WILL BE HELD AT**  
Crosswinds Golf Club, 6621 Guelph Line, Burlington, Ontario, L7P 0A9

**FORUM Deadlines**

Articles and pictures for publication should be received no later than seven days after the regular meeting. Stories and articles may be emailed to the Editor or submitted to any member of the Management Committee. Escarpment Probud Club reserves the right to refuse, edit or change any copy or pictures submitted.



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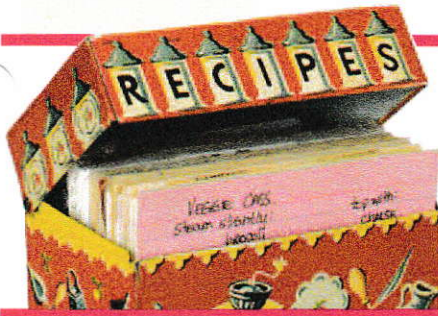


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*The Escarpment Probus Club Executive  
wish all the members, their families and friends a  
Merry Christmas and a Happy and Healthy 2014*



## COOK'S CORNER

### *Easy Ravioli (Cheese and Spinach)*

*Submitted by Maria Venditti*

#### **Ingredients:**

- 1 pkg. wonton wraps
- 1 container ricotta cheese
- 1 pkg. frozen chopped spinach,  
thawed and drained dry
- 2 eggs
- Salt and pepper to taste
- 1/4 cup parmesan cheese

#### **Method:**

In a bowl, add container of ricotta cheese, drained chopped spinach, eggs and parmesan cheese. Mix thoroughly.

Place wonton sheets on clean dishcloth and spread out individually.

Dip fingers in water and run fingers around edges of wrap.

Place a full teaspoon of ricotta cheese in centre of wrap.

Place another wrap on top of cheese. Press edges together with hands to make sure all air is pushed out of wonton package.

Do this with all your wontons. You should have at least 2 dozen ravioli when completed.

Spread on parchment paper to freeze. Wrap and place in single layers and freeze. Serve with sauce or butter sage sauce.

#### **Serving:**

Boil in salted boiling water for 3 minutes. Drain.

Makes 3 per serving.



*Colin Best*

### *November Speaker informs and entertains us with information*

**By Ron Millichamp - Program Chair**

**M**r. Colin Best, our November speaker, is the Local and Regional Councillor for Wards North of Derry Road and the Chair of the Town Administration and Planning Committee. He is also the Vice-Chair of the regional Planning and Public Works Committee. He is a long time resident of Milton and works locally as a independent property appraiser.

Mr. Best gave us an overview of what is happening in Halton Region and more particularly in Milton.

His talk covered the Regional Master Plan and projections over the next 20+ years. This outlined what infrastructure will be needed for the continued growth of Milton and the region in conjunction with the Ontario Government plan. He covered the new PanAm Games Velodrome financing and planning along with which major supermarket and big box stores we can expect. We are looking at major changes to our town. 🇺🇸



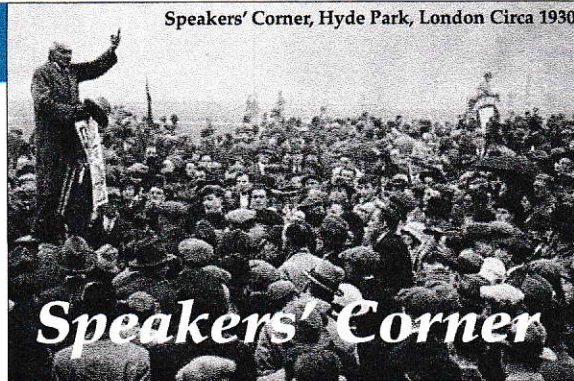
## Our December Speaker

### John A. Oliver

Mr Oliver is President and CEO of Halton Healthcare Services, which includes the Georgetown Hospital, the Milton District Hospital and the Oakville-Trafalgar Memorial Hospital. Prior to the amalgamation of these three hospitals, he was the President and CEO of Oakville-Trafalgar Memorial Hospital.

While on a one-year secondment, John was Assistant Deputy Minister, Ministry of Health and Long-Term Care. He served as Chair of the Board of Directors of Shared Services West for five years and continues as a member of the SSW Board and recently completed a three-year term as a member of the Ontario Health Technology Advisory Committee.

John was the Chair of the Cardiac Care Network of Ontario and Chair of the Halton-Peel District Health Council, Chair of the



Reference Group on Hospital & Physician Issues and the Co-Chair of the MRP Funding Working Group.

John received his Bachelor of Commerce from McMaster University and his Master of Health Science Administration from the University of Toronto. He is a Chartered Accountant and Fellow with the Institute of Chartered Accountants of Ontario, a Certified Health Executive with the Canadian College of Health Service Executives and a Member of the American College of Health Care Executives. 🇺🇸

## Introducing our January 2014 Speaker

### Major C.S. (Colin) Coakwell

Major Coakwell joined the Canadian Forces in 1994. He obtained a Bachelor of Engineering (Electrical) under the ROTP program at the University of Saskatchewan. He then trained on the Slingsby, Tutor and Jet Ranger aircraft prior to operational training.

Posted to 408 Tactical Helicopter Squadron in 2001, he trained on the CH146 Griffon helicopter and employed the Griffon helicopter to support Army training exercises with the provision of utility and airmobile support. He also participated in Op GRIZZLY (Kananaskis G-8) and Op SABOT, in support of RCMP counter drug operations.

Major Coakwell was deployed to Bosnia-Herzegovina in 2003, for 6-month tour, to support Canadian, British and Dutch peacekeeping units.

In 2007 he was posted to 403 Helicopter Operational Training Squadron. Instructional duties focused on mission planning and command principles and techniques. He was then selected for CH-47D Chinook training in 2009 with the US Army.

Promoted to Major in 2009, he was posted back to 408 Tactical Helicopter Squadron for sub-unit command position. He maintained a dual qualification on the Griffon and Chinook aircraft. He commanded aviation detachments in support of Op PODIUM (Vancouver Olympics) and Op CADENCE (Muskoka G-8).

In March 2011, he was deployed to Afghanistan as the Officer Commanding Chinook Flight. Tasks included providing sustainment and Air Assault support to Canadian and allied forces.

For the last two years, Major Coakwell has served at 408 THS as Operations Officer, where he was responsible for the day to day flying operations and the development of the unit training program in preparation for High Readiness status.

He was then posted to Canadian Forces College where he is currently attending the year-long Joint Command and Staff Program and is pursuing a Masters in Defence Study. 🇺🇸



Recently, the Escarpment Probus "Trail Blazers" ventured to Lowville Park and checked out the River and Ruins on the Bruce Side Trail. This group hikes on Tuesday's at 1:00pm, we usually meet at the Milton Mall. Sign up for more information. All welcome.



## Greeting Cards

If you know of a member who is ill, hospitalized or moving out of the area and not re-joining our club, please advise Lorrette Shermet at: [lorrette@sympatico.ca](mailto:lorrette@sympatico.ca) or 905-878-1293.



- **Drury Lane Theatre Productions** - Music Hall Presentation on Sunday 16 February at 1:00pm - 24 tickets reserved, 6-tables, \$23 each. Get your tickets at the December meeting.
- **St Patrick's Day** pub lunch - to be arranged for March.
- **Niagara-on-the-Lake Wine Tour** - to be arranged for April.

### Membership

If any of your contact information needs to be updated or corrected, please contact

**Jim Tschirhart,**  
Membership Chair,  
by Email  
[jtschirhart@bell.net](mailto:jtschirhart@bell.net)  
OR 905-875-0859

You can also contact him at our next meeting.

## Escarpment Probus Club membership burgeoning



By Jim Tschirhart - Membership Chair

I am happy to report that our membership, as of our November meeting, is 116. I have also had inquiries from a few others since the meeting and hope to see them in December. If you know of anyone who would like to join, please give them my email and I will send them information and an application.

I have ordered name tags and pins and should have both for the December meeting.

Please remember that this club is yours to make what you will of it, so if you have any ideas for outings, pastimes or hobbies etc., speak up and let's get them going! 🇺🇸

# Details, times and locations of our Interest Groups

## by Jeanne Reid - Social Chair

We are so pleased that so many of you want to join our Special Interest Groups and are working hard to get them organized and started for you. Here is what is happening:

### NOSH AT NITE 2

Will have its inaugural get-together on Friday, 13 December at the home of Christy and Gary Babcock. There are, at present, 11 people attending, room for LOTS more members!

### BOOK CLUB

The first, very successful Book Club meeting was held at the home of Anne Deoni on Monday, 25 November at 1:00pm. There were 14 people in attendance and 2 book clubs were formed.

One group of 8 people will meet the second Monday of each month in the afternoon. Paul Crawford has kindly agreed to be the Convenor for that group. We will have a sign up sheet at the 18 December meeting for anyone wishing to join that group.

There will be a Wednesday morning group on the second Wednesday of each month. Fay McDonald will be the Convenor for that group. Thanks so much Fay.

Meetings will begin in January.

### BRIDGE CLUB

We had our first afternoon of bridge on Tuesday, 5 November at the home of Jeanne and Don Reid. With 2 tables playing, it was a great start to many happy hours at the bridge table. Rosemary has kindly agreed to be our Convenor. The next game is Thursday, 5 December at Rosemary's home. She will contact all players regarding availability and directions.

*Rosemary Thompson*

### EUCHRE CLUB

There was much interest in the Euchre

club but unfortunately, we were unable to schedule a suitable date and it was decided to have our first game on Thursday 16 January at 1:30pm at Lorrette Shermet's home. She will be in contact in the New Year to list players attending and directions.

### GARDEN CLUB

We had our first meeting at the home of Jeanne Reid on Wednesday 13 November at 1:00pm. Five people attended and we set up some guidelines on our operation. We will attend Canada Blooms in March as a group and are planning many other discussions and events. Our next meeting will be Wednesday 12 February. No set location as yet.

### TRAIL WALKING CLUB

...has had 6 outings already.

### TRACK WALKING CLUB

Is meeting on Mondays and Fridays at 11:00am at the Milton Sports Centre Track.

For all these groups, we invite your participation. Please let the Convenor know you would like to come and/or sign your name on the group lists and we will be in touch.

Thanks to all who have participated and helped to get our Escarpment Probus Club off to such a great start! 🙌

## NEW MEMBER AMBASSADOR



**Rosalind Jordan**  
*New Member Ambassador*



Our "New Member Ambassador" is Rosalind Jordan and she may be contacted at [rosalind\\_jordan@msn.com](mailto:rosalind_jordan@msn.com) OR 289-878-7645

She is here to assist and inform you about our club and will answer any questions you may have to help you settle in.

The membership look forward to your participation and presence within our club.



**G** *Gravity* is a new paradigm in cinematography. Sandra Bullock and

George Clooney play astronauts, a newbie scientist and a veteran cowboy, who dodge space debris and the usual narrative expectations while coping

with a series of crises 300 miles above the Earth's surface.

It's a nerve-racking visual experience of unusual and paradoxical delicacy. If you are not claustrophobic or afraid of heights, it's truly something to see.

Director and co-writer Alfonso Cuarón, has delivered unto the big screens an hour and a half of breathtaking, oxygen-depleted cinema.

The movie hasn't much on its mind; some of the writing is clunky; and there's a rather cheap aspect to the female protagonist's tragic secret.

The movie begins with a 13-minute single take, building on Cuarón's most elegant, sustained camera movement in his previous feature, the undervalued *"Children of Men"* from 2006, a recommended must see, but read the book first.

Bullock and Clooney are medical engineer Dr. Ryan Stone and astronaut Matt Kowalski, respectively.

Stone and Kowalski, along with their colleagues, are wrapping up a space shuttle mission involving an add-on to the Hubble telescope. A few minutes into the picture, disaster strikes in the form of flying satellite debris, scattered by an explosion.

The rest of *"Gravity"* finds Stone and Kowalski's oxygen levels heading toward the red zone, while their communication with NASA mission control is lost. Stone's attempts to reach the nearby international space station, then a Chinese space station, as she scrambles as fast as slow-motion gravitational circumstances allow, occupy much of the rest of the story.

The movie conspires to put Stone through various degrees of physical and psychological hell.


What's remarkable about *"Gravity."* is all the silence, coupled with the clarity and detail of the images of space walks, space panic and the view from up there. One second we're seeing the Earth through Stone's astonished eyes, from inside her helmet; the next, the camera appears to have drifted outside that helmet and we're regarding her from a new angle.

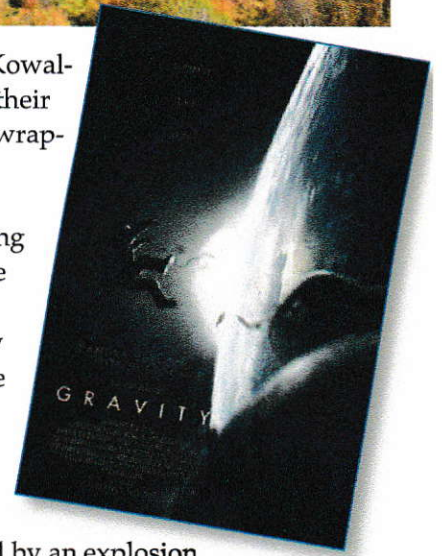
Clooney could scarcely be more relaxed and ingratiating, the character's banter may not be daisy-fresh, but Clooney finesses it like the pro he is.

You may ask "how did they do that?" but I for one don't care. It is a fantastic voyage into space while safely seated in the Milton Galaxy Multiplex. It was truly exciting as any movie I have seen in the last 3+ years. For you physicists out there, the physics were near perfect.

It is currently being shown in 3D only so you will have to put up with the clunky specs but if a movie deserves to be made in 3D, this is it.

Don't bother to wait for the 2D version to appear on your telly, it will be years arriving and will be a complete waste of time.

Go see it now! 



## Movie Review

By Alan Jordan

## Gravity

5 out of 5 stars

PG13

91 Minutes

3D Only

Coming Soon!

Your Movie Club

Watch for coming attractions in your January FORUM

## The Mystic

**I**n a dark and hazy room the Mystic delivered grave news: "There's no easy way to tell you this, so I'll just be blunt. Prepare yourself to be a widow. Your husband will die a violent and horrible death this year."

The wife stared at the Mystic's lined face, then at the single flickering candle, then down at her hands.

She took a few deep breaths to compose herself and to stop her mind racing. Then she met the Fortune Teller's gaze, steadied her voice and asked, "Will I be acquitted?"





# ESCARPMENT PROBUS CLUB - CALENDAR OF EVENTS

EVENT	DATE AND TIME	MEET AT	CONVENER
<b>DECEMBER 2013</b>			
<b>ESCARPMENT PROBUS</b>	<b>Wednesday 18 December - 9:30am</b>	<b>Crosswinds Golf Club</b>	
Bridge Club	Thursday 5 December		Rosemary Thompson
Taste of Christmas Past	Friday 6 December - 6-9pm	Ireland House, Burlington	Liz Read
Nosh-At-Nite 2	Friday 13 December - 5-8pm	Christy/Garry Babcock	
Nosh-At-Nite 1	Thursday 19 December - 5-8pm	Cliff & Liz Read	
Track Walkers	Monday & Friday - 11:00am	Milton Sports Centre	Liz & Cliff Read
Trail Walkers	Tuesday - 1:00pm	Various	Liz Read

<b>JANUARY 2014</b>			
<b>ESCARPMENT PROBUS</b>	<b>Wednesday 15 January - 9:30am</b>	<b>Milton Sports Centre</b>	
Book Club 2	Wednesday 8 January - 10:00am	Fay McDonald's Home	
Book Club 1	Monday 13 January - 1:00pm	Paul Crawford's Home	
Lunch Bunch	Wednesday 15 January	Oso Bucco, Milton	Jeanne Reid
Euchre Club	Thursday 23 January - 1:30pm	Lorette Shermet's Home	
Warplane Heritage Museum	Wednesday 22 January - 10-1:30pm	Airport Road, Mount Hope	Liz Read
Track Walkers	Monday & Friday - 11:00am	Milton Sports Centre	Liz & Cliff Read
Trail Walkers	Tuesday - 1:00pm	Various	Liz Read

<b>FEBRUARY 2014</b>			
<b>ESCARPMENT PROBUS</b>	<b>Wednesday 19 February - 9:30am</b>	<b>Milton Sports Centre</b>	
Garden Club	Wednesday 12 February - 1:00pm	TBD	Jeanne Reid
Track Walkers	Monday & Friday - 11:00am	Milton Sports Centre	Liz & Cliff Read
Trail Walkers	Tuesday - 1:00pm	Various	Liz Read

FOR MORE INFORMATION ON ANY OF THESE EVENTS, PLEASE CONTACT THE CONVENER  
 Any member wishing to add another Interest Group please contact our Social Chair Jeanne Reid at 289-878-9920 or jreid345@cogeco.ca



**“Roger, bandits at ten o’clock”**

**Wednesday 22 January  
 Takeoff - 10:00am**

**Canadian Warplane Heritage Museum**

Come and join us on a two-hour guided tour encompassing 36 military jets, propeller driven aircraft, helicopters and exhibits will be followed by lunch in the canteen – soup, sandwich, tea or coffee.

Sign up at the December Escarpment Probus meeting. **31 members have already enlisted.**